

PRESIDENT'S MESSAGE

Dear members

Welcome back - I hope you had a great holiday and were able to take in one or two of the excellent talks at the Summer School. Elaine Cockburn with the help of Paddy Wagstaff gathered together a very interesting group of speakers. Their range of topics was amazing and each one of them was well received by the audience.

When classes begin this year you will have a big surprise - the main building at Sinclair Avenue has been renovated. There is a brand new kitchen and new equipment with space at the south end for small groups to have a chat and a cup of coffee. The three classrooms have better heating and cooling and more comfortable chairs. The classrooms are as sound proof as possible - given it is not a purpose-built building.

The refurbishment has been funded by Boroondara Council and to show our gratitude we are having a celebration and have asked the new Mayor to join us for a glass of champagne and afternoon tea and officially open our 'new' premises. The details are on page 1.

As well as this auspicious start to 2008, the wide choice of subjects in the curriculum suggests we are going to have an intellectually stimulating and very healthy year.

Regards to everyone,

*Liz Pittman
President*

EMAIL ADDRESSES AND WEBSITE

In order to make more use of email for U3A Hawthorn communications **it is essential that you notify any changes in your email address by sending an email to the U3A Hawthorn office at:**

mail@u3ahawthorn.org.au

indicating your email contact details. **Please include in the email your name(s) and U3A ID number(s).**

Bruce Lancashire, our orchestra percussionist, keeps our website up-to-date. For the latest news you can log on to the website at:

http://www.u3ahawthorn.org.au

The website is fully functional. All courses, forms, and newsletters are available to download. Please direct your friends to the site. If you need any assistance please contact Bruce Lancashire - he is only too willing to help (webmaster@u3ahawthorn.org.au).

FEES FOR 2008

Annual membership fees for 2008 are as follows:

Membership of U3A Hawthorn	\$40 single
	\$65 couple/two at same address
Member enrolling from another campus	\$25 (to cover administration)

DO YOU HAVE YOUR MEMBERSHIP BADGE?

Badges are normally printed on Mondays, Wednesdays and Fridays as required. New members and those who have requested a replacement can collect the badge from the office, 26 Sinclair Avenue, Glen Iris, usually within two days of joining U3A Hawthorn or making a request for a replacement.

COPY DEADLINE

Copy deadline for the June 2008 Newsletter is May 9, 2008. Please send all copy to the Office.

With a trumpet flourish we will celebrate the opening of our 'new' campus building by Coral Ross, Mayor of Boroondara, at 3.15 pm on Friday 14 March. For catering purposes let the office know if you will



MUSIC NOTES



Greetings to you all for another busy and enjoyable year of music-making and listening. I'll start with the usual list of dates for you to mark in your diaries. **PLEASE** note the change concerning the second orchestral concert. This is unavoidable and due to the closure of the Hawthorn Town Hall for a couple of months around the time of our previously set date in August. The second orchestral concert will therefore be later than usual.

CONCERT DATES FOR 2008

Thursday, May 22 at 10.30 am, Orchestral Concert, Hawthorn Town Hall

Saturday, June 14 at 2.30 pm, Annual Choir Concert, Chandelier Room, Hawthorn Town Hall

Thursday, September 18 at 10.30 am, Orchestral Concert, Hawthorn Town Hall

Thursday, November 27 at 10.30 am, Orchestral Concert, Hawthorn Town Hall

The Choir was more fortunate than the Orchestra with the unexpected Town Hall closure – the *close-down* is marked for two days after their concert!

Once again there is a call for more men to join the Choir, particularly tenors – so often in demand! Rehearsals are on Tuesday mornings, and we can promise you a warm welcome and support. To experience the pleasure of singing together in a very friendly group, do get in touch with Judy Chipman on 9848 6036.

We have a special treat to start the first orchestral program – Bach's Brandenburg Concerto no. 6, with solo viola players Patricia King and "our own" Christopher Martin, supported by three cellos, a double bass and continuo. This should be very special music-making for our U3A group.

Ruth Muir

VALE

Sadly, since the end of the orchestral year two of our players, both of them violinists have died: Ralph Urie and Barbara Hewitt.

Ralph had played in the second violin section for many years and was instrumental in setting up our performances in the East Kew Uniting Church. He personally moved front pews, organized special lighting, removed the piano and did all he could for our performances there, until we just outgrew that space.

Barbara joined us from a Canberra U3A and was a founding member of the Orchestra back in 1997. She was a dedicated and enthusiastic member - the violin and music-making were important in her life.

Both Ralph and Barbara treasured their time with the Orchestra, and were loved and respected by us all. We honour their memory.

Ruth Muir

SUMMER SCHOOL 2008

The U3A 2008 Summer School was held from 7 to 31 January in the TAFE Conference Centre at Swinburne University's Hawthorn Campus. The overall attendance numbers exceeded 1100 for the thirty-seven sessions held over the seventeen days,

We received wonderful support from the TAFE Reception Centre staff and from the Swinburne technical and security staff. We were extremely fortunate to be given access to these facilities while our Sinclair Avenue campus was undergoing refurbishment. We sincerely thank the Vice-Chancellor and his staff for their generous support of U3A Hawthorn.

Thanks are also due to our own members who volunteered their services as presenters and assistants at each session, and to the non-members who contributed to our program. It made for an eclectic and stimulating mix which, so our feedback tells us, provided an interesting range of experiences for members.

I would like to thank the members of our computer team for their assistance in preparing the program, the office and reception volunteers at Sinclair Avenue for their patience and constant support and Paddy Wagstaff for her invaluable assistance in getting the program together.

Elaine Cockburn

U3A EXCURSIONS

Last year was busy, with an interesting selection of excursions to cater for our members' vast range of interests.

We opened with the unusual and fascinating *Bat Watching* tour at dusk at Yarra Bend, then progressed to our other tours – *Beleura House and Garden* at Mornington, the *Melbourne Cricket Ground*, *TarraWarra Museum of Modern Art*, the *Jewish Museum*, *Freeways, Tunnels and Bridges of Melbourne*, the *Garden Lovers' Tour* in the Dandenongs and finally the *Kew Cemetery*.

Quite a year and a great start to our excursions program. Not only were the tours educational but the social aspect of meeting and mixing with other members was highly successful.

Many thanks to my two committee colleagues, Collette Flynn and Julianne Lewis, who have been of great assistance to me in planning your year.

Please note that the date for the *Police Academy Tour* has been altered to a later date, Tuesday 18 March.

Joan Harding

CREATIVE MOVEMENT AND DANCE

I started my U3A classes with the 2007 introductory summer sessions of Creative Movement and Dance, and am now an avid member of the regular class. We are a small group under the expert and creative leadership of Naomi Aitchison (see curriculum). Once a week we dance the time away to inspiring music under her gentle guidance. It is relaxing, extends body awareness, releases emotions, relieves stiffness and aches and pains, and it is fun. Unlike other dance forms, there is no need to remember movement sequences. It is easy to forget about the world, without concern for how we look, what we wear or what others think.

After a year of meeting weekly we are a cohesive group and supportive of each other as we face the various events that come to us at this third age of life. I can wholeheartedly recommend this class to anyone who wishes to try it.

Rosemary Lade

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SUMMER - AUTUMN EXCURSIONS

For bookings, please telephone the U3A office

*For further queries, please contact Joan Harding on 9813 3970 or 0408 366 987 or Collette Flynn on 9882 6097
Payment is due at least 21 days prior to tour departure unless stated otherwise.*

The bus companies have reviewed their charges due to rising costs (fuel, catering, etcetera) and have adjusted them accordingly, so our tour fees will be slightly higher this coming year.

POLICE ACADEMY TOUR

Tuesday 18 March 2008 (note change of date)

Visit the Victoria Police Academy and gain an insight into the recruitment and training processes adopted by the force. Lunch will be served in the Academy Trainees' Canteen, followed by a walk in the historic grounds. Please wear comfortable shoes as walking and standing is involved.

Cost: \$10 per person for lunch.

Departure: View Mount Road, Glen Waverley – meet in the main foyer.
Melway reference: 71 E6.
10.00 am to 1.00 pm.

Parking: In the grounds of the Academy.

Please direct bookings and payment to the U3A office. Be quick to register!!
Payment **due by Monday 10 March.**

WINERIES AND RIVER CRUISE AT NAGAMBIE

Thursday 17 April 2008

Enjoy morning tea at Chateau Tahbilk Winery — Victoria's oldest family-owned winery and vineyard, picturesquely set adjacent to the Goulburn River.

Board the Goulburn River Cruises boat for a delicious BBQ and meander along the river to Mitchelton Winery which was established in 1969. A 55 metre observation tower with viewing deck dominates the complex. There is also an art gallery and underground cellars specialising in Shiraz, Marsanne and Riesling.

Cost: \$52 per person (\$5 surcharge for non members).

Departure: U3A Sinclair Avenue at 9.00 am.

Return: Approximately 5.00 pm.

Inclusions: Coach travel, morning tea, BBQ lunch, river cruise and entrance fees Please direct bookings to the U3A office - payment due **no later than Tuesday 04 April.**

VOLUNTEERS REQUIRED FOR PARKINSON'S DISEASE RESEARCH

Greetings from the School of Physiotherapy, the University of Melbourne. We are conducting a laboratory study to examine the effect of a mental task on the walking ability of people with Parkinson's Disease. We seek your assistance in recruiting individuals with walking difficulties due to Parkinson's Disease, as part of a gait study at the University of Melbourne. Contact Pamela Fok, Research Higher Degree Candidate, School of Physiotherapy on 8344 0423 or 0413 919 779, p.fok2@pgrad.unimelb.edu.au.

(This project has received ethics approval from the University of Melbourne Human Research Ethics Committee.)

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U3A HAWTHORN TUTORS

Have you considered having your own webpage on the U3A Hawthorn site? You could use it in all sorts of ways: tell prospective members about your course, store class notes for downloading, advise your class about events, venues, class requirements etc. or as another means of communicating with your class. All you need to do is have the ideas and the content – you don't have to make the page or upload it. Contact Bruce Lancashire via email to webmaster@u3ahawthorn.org.au to get started.

U3A SUNSHINE COAST WRITING COMPETITION

A writing competition is being run in the first half of 2008. There are four categories: *Short Story*, *Rhyming Poetry*, *Free Verse*, and *An Autobiographical Experience*. Guidelines and Entry Forms are available on our website (www.u3asunshine.org.au) and from the Sunshine Coast U3A office.

OFFER OF ASSISTANCE

Are you familiar with our website? Are you confident with internet browsing and emails? Is your PC doing what you want it to do? If not and you'd like a helping hand, our Webmaster, Bruce Lancashire, has offered to assist members wherever possible. You can either email him direct to webmaster@u3ahawthorn.org.au or leave a message for him at the Office. He can then make arrangements with you.

COPIES OF PLAYS AVAILABLE

We have been given multiple copies of a number of plays by well-known playwrights (David Williamson, Arthur Miller, Henrik Ibsen, William Russell to name a few). Tutors are welcome to borrow these. Any queries, ring Jean Giese on 9890 2189.

MOBILE PHONES

**This is an urgent plea from our tutors that you SWITCH OFF
or SET YOUR MOBILE PHONES to SILENT MODE
before each class commences**

SITUATIONS VACANT

Archivist/Historian: As some of our members reach their nineties we realise we need to do more to preserve our history.

Technically minded people to occasionally help with audiovisual equipment for specific classes and teach other members the ropes.

If you can help please contact the office on 9821 0282.

NEW TUTORS NEEDED

We are totally reliant on volunteer tutors to present a comprehensive and interesting program of classes for our membership. If you have an interest in a particular subject and you are prepared to share your knowledge (or if you know someone else in this position) we would like to hear from you. Please contact the Curriculum Committee (care of the Office) and one of them will get back to you, with a view to including the course in our program.

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***Are you a Computer Savvy Senior?
No? Then keep up with Cyberspace!***

Learn new computer skills with the City of Boroondara Library Service.

The Library provides a wide range of computer training programs to suit all members of the community. They are offered at all five branches of the Library Service.

The training sessions are free of charge, run for 1 hour and provide notes.

Choose one or all of the following:

Introduction to the Internet

Basic skills to get you started.

Introduction to email using Gmail (Google email)

Create an email account and send/receive email.

Further Internet

Use search engines and directories, improve your search strategies and learn about Wikipedia.

Further email using Gmail (Google email)

Send/receive attachments, create your own signature, create and manage contacts and organise your email.

Online Databases

Search for current information on a wide variety of subjects spanning business, history, science, arts, health, law, education as well as local and international newspapers and magazines.

Genealogy on the Internet

Delve into your family history using resources available online.

Blogs and blogging for beginners

We recently added Blogs to extend our training repertoire. Create your own blog and post an entry.

We also offer a special computer training program designed for seniors.

Computer Savvy Seniors train volunteer tutors in computer and Internet skills who in turn provide one-on-one computer training to other interested seniors either in the library or at the participant's home.

For more information about any of these programs or to book a session please contact Lisa Wilson, Community Development Librarian, Hawthorn Library, 9278 4666 or contact any branch of the City of Boroondara Library Service.

Ashburton Library	9278 4633
Balwyn Library	9278 4644
Camberwell Library	9278 4655
Hawthorn Library	9278 4666
Kew Library	9278 4677

