



A LETTER FROM THE PRESIDENT

I do hope that everyone is well, occupied and connected in these very difficult times. It is hard to believe that it is over 5 months since the Management Committee of U3A Hawthorn closed the Sinclair Avenue Campus and suspended all face-to-face classes due to Covid-19. Since then the general community and U3A Hawthorn have been on a roller coaster ride of highs and lows. We have been in various levels of restrictions and are now in Stage 4; which includes a curfew and staying within 5 kilometres of our homes. I haven't been subjected to a "curfew" since I was a teenager!!! I had better comply, as I can't afford the hefty fine these days.

There have been several operational changes at U3A Hawthorn since the last Newsletter in June. In July, Ian McKenzie resigned from the Management Committee, and as Editor of the Newsletter as well as his positions on the Readman and Summer School Committees. His contributions to our organisation over several years have been outstanding and he will be difficult to replace. On behalf of all members I thank Ian for his service and wish him well.

On 3 August last we learnt of the untimely death of our longstanding past Treasurer, Frank Egan. Whilst Frank's passing was not unexpected it was nevertheless a shock and we are saddened by it. I have previously written about Frank's near decade contribution to U3A Hawthorn [March Newsletter] but it would be remiss of me not to say "Vale Frank Egan". We will miss you. A more fulsome tribute appears elsewhere in this Newsletter.

Swinburne University has a new Vice-Chancellor and President, Professor Pascale G Quester, who took up her appointment on 3 August. I am delighted to tell you that Professor Quester has accepted our invitation to be our Patron, thus continuing the tradition between Swinburne and U3A Hawthorn. I am confident that this long standing association will continue for the benefit of all.

At the Management Committee's last meeting [12 August 20] our Course Co-Ordinator, Carol Lancashire, was appointed to the Committee for the remainder of this term, namely until the 2021 AGM. This appointment was made pursuant to Clause 57 of our Rules of Association. The role of the Course Co-Ordinator is vital to the operations of our organisation, as the curriculum is the *raison d'être* of U3A Hawthorn. Having Carol on the Management Committee provides a streamlined means of providing our educational and activities based program to our members. As an interim measure Carol has agreed to act as Editor of the Newsletter for the time being. She has become the "Ita Buttrose" of U3A Hawthorn, perhaps the ABC will be her next posting??

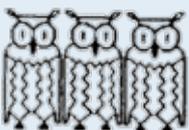
I am pleased to say that Summer School 2021 will go ahead in January. Planning is well underway. The format will be different as you would expect in these unprecedented and uncertain times. It will probably be over a 2 week period, rather than the usual 3 weeks. Many presentations will be via Zoom teleconferencing. And depending on the restrictions then in place, there may be an opportunity for limited face-to-face sessions, or they might be a hybrid [face-to-face and Zoom]. We will keep you informed via Gateway and the December Newsletter when more details are available.

We are in Stage 4 restrictions until [at least] 13 September 2020, and beyond that: who knows?? Hopefully by mid-September some of the current restrictions will be eased and we can return to a less isolated life. However things will remain uncertain for a long time, and I very much doubt that U3A Hawthorn will return to **ANY** face-to-face classes on campus in 2020.

However we must look to the future and plan ahead for when this Pandemic is over or under control and a vaccine is readily available. That is precisely what the Management Committee and the other committees are doing **NOW**. Be assured that in all of our plans for the future, the health, safety and well-being of **ALL** members, tutors, convenors and volunteers are our paramount consideration.

Stay well. Stay occupied. Stay connected.

*Irving Miller
President, U3A Hawthorn
24 August 2020*



OUR NEW PATRON

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U3A HAWTHORN COMMITTEE OF MANAGEMENT

President: Irving Miller
Vice President: Stefanie Sowerby
Secretary: Bruce Lancashire
Treasurer: Ellen Stoddart
Meg Adams
Ron Box
David Bennett
Norm Fary
Nathan Feld
Judy Hamann
Carol Lancashire
Ruth Muir
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**PATRON: PROFESSOR PASCALE
QUESTER,**
Vice Chancellor,
Swinburne University



Professor Pascale Quester is Vice-Chancellor and President of Swinburne. She commenced in the role in August 2020.

Before joining Swinburne, Professor Quester was Deputy Vice-Chancellor and President (Academic) at the University of Adelaide (2011–2020).

She had previously held various roles at the University of Adelaide, including Executive Dean of the Faculty of the Professions (2006–2011), Associate Dean of Research for the Faculty of the Professions (2001–2006) and inaugural Professor of Marketing in the Adelaide Business School (2001–2020).

Professor Quester is an active and respected researcher in the areas of consumer behaviour and marketing communications. Her qualifications include a Bachelor of Business Administration from her native France, a Master of Arts (Marketing) from Ohio State University in the United States and a PhD from Massey University in New Zealand.

In 2012, Professor Quester was awarded the Chevalier de l'Ordre National du Mérite (National Order of Merit), one of France's highest honours, in recognition of her contribution to higher education in both France and Australia. In 2009, she was elected Distinguished Fellow of the Australia and New Zealand Marketing Academy. In 2007, she also received France's highest academic recognition by becoming Professeur des Universités.

Professor Quester has held several visiting professorial appointments, including at La Sorbonne, Paris II, ESSEC Business School, and the University of Nancy in France.

U3A Hawthorn has been honoured that the Vice Chancellor of Swinburne University has been willing to accept the role of Patron of U3A Hawthorn since 2003.

Professor Ian Young AO 2003 - 2011

Professor Linda Kristjanson AO 2011 - 2020

NEW MANAGEMENT COMMITTEE MEMBERS

RON BOX

Ron has had a career in electrical engineering, regional, and international standardisation, and Telecom/ICT regulation.

He has worked for the Australian telecom regulator, was a CEO/Telecom Regulator in two Pacific countries, been an office bearer, represented and led delegations at a range of regional and international fora. He was Australia's candidate for Deputy Secretary General of a UN Body.

Together with his wife, Margaret, he has worked and lived overseas for much of an 11-year period in a range of countries, and understands the benefits and challenges of being an expat. His working life spans 57 years to date.

He continues to provide telecom/ICT regulation consultancy services in a part-time capacity to an overseas nation.

Ron and Margaret joined U3A Hawthorn in 2018 and felt that it provided a valuable steppingstone towards their retirement activities with a range of excellent programs and courses, and a friendly, knowledgeable social environment. He became a member of the Program Planning Committee in 2019 and recently joined the Management Committee.

His wish, as a Management Committee member, is to contribute, assist and add value.

CAROL LANCASHIRE

Carol started her career as a teacher of History and Geography, but after 13 years moved into the field of Development in Education (public relations, fundraising, publications and alumni relations). Whilst working she completed a Masters in Geography at the University of Melbourne and Graduate Diploma of Data Processing at Victoria University.

In the last 10 years of employment she worked part time as Alumni Co-ordinator with Leadership Victoria and in publications in the Camberwell Grammar Development Office.

After retiring in 2011 she joined Bruce at U3A Hawthorn and has enjoyed studying French and leading the Tuesday Cycling group. She took on the role of organising Summer School from 2013 to 2017 and became Course Co-ordinator when Joan Donlon became ill in 2015.

ELLEN STODDART

Ellen's last paid employment was as Senior Project Manager with the Australian Accounting Standards Board, from which she resigned in mid 2005. Before that, she lectured in accounting at Swinburne University from 1986 to 2001. Together with Louise Kloot, Ellen authored a first-year accounting text for McGraw-Hill, published in 1991 - *'Accounting. The Basis for Business Decisions.'* Though divorced in 1991, the second edition in July 1995 was still published in the name of Kloot and Sandercock (Stoddart).

In 1963, Ellen completed a Bachelor of Arts degree at University of Western Australia (majoring in Politics & Philosophy). After working as a Research Assistant first with the Australian Wheat Board, then with the Australian National Line, in 1972 she "retired", to have children and begin a Bachelor of Business degree, Swinburne University (majoring in accounting & data processing). In 1985, while working for Arthur Andersen, she completed the Professional Year to become a member of the Institute of Chartered Accountants in Australia. In 1998, she completed the Master of Economics degree at Monash University. She graduated as a Doctor of Philosophy at Swinburne University in 2004, with a thesis titled *"Accounting Choices and Capital-raising Practices of Australian Mining Exploration Companies"*.

In respect of voluntary work, Ellen was a Company Monitor for the Australian Shareholders' Association from 2000 to 2012. From May 2006 to April 2012, she was Honorary Treasurer for The River Nile Learning Centre Inc., a charity in Footscray. She joined the University of the Third Age (U3A) in 2007 and, since 2012, has been on the Reception team. She is also on the Book Exchange Team and is now the Treasurer.



IN MEMORIUM

MARGARET OATES

Margaret was a founding member of the U3A Hawthorn Choir in November 1993. She was a keen chorister and from the outset, she looked after the choir music collection. This became quite a task and when the quantity of music grew from one large box to several filing cabinets, she recruited volunteers to help her. The filing cabinets are now housed in 'The Shed' at Sinclair Ave. Margaret was also willing and able to step in to conduct the choir in emergencies. Margaret continued as Music Librarian until prevented by physical disabilities from continuing.

Margaret sang in the alto section of the choir and continued enthusiastically right to the end. She kindly kept in touch with unwell members, sending cards and making phone calls to check on their progress. A great friend, Margaret will leave a large gap in our lives and will be missed by many.

In 2008, Margaret started the Books For Life class when members of the choir suggested they would like to form a literature group. This was to be a different kind of book group, one where the books were read in class. The class has met weekly for the last 12 years, and its success has been largely due to Margaret's careful selection of books, taking into consideration not only the literary worth but also the appropriateness of each book for reading aloud. Her wisdom showed in her careful preparation for each class, ensuring members' involvement and sense of being challenged to think more deeply about issues we all face in our lives.

Margaret's care and concern for all members was evident and the warmth of the friendship between members is due in no small part to Margaret's influence and the generosity of her spirit. Margaret will be missed by all her friends in U3A.

Judy Chipman and Lois Leach



FRANK EGAN

Frank Egan's many friends at U3A Hawthorn were saddened by the news of his passing on 3 August. Frank joined U3A Hawthorn in 2010 to participate in a French language class and extend his language skills. In 2012 he agreed to take on the role of Treasurer and became a member of the Committee of Management and Executive and the holder of a very busy portfolio. He gave generously of his expertise and time to ensure "the books" were always up-to-date and in first class order. At the same time he enjoyed participating in his French class where his skills were further developed.

Respite from the Treasurer's role was gained by a number of trips to France where he was able to enjoy the various areas visited more fully due to his expanded language skills.

Always willing to be involved and assist our U3A, Frank participated in many of our social and special occasions helping with hosting and provision of refreshments and generally making people welcome.

Frank's sudden resignation from the Treasurer's role in early 2020 due to illness came with great regret. Frank was our longest serving Treasurer and held in high regard and respected by all who worked with him. His friendly quizzical smile, pithy and apt comments on a range of issues and current topics and the generous time given to our organisation were all appreciated and will be greatly missed. We benefitted in so many ways from his active membership and generous input.

We offer our sincere condolences to Patricia and the extended Egan family. In lieu of flowers and at Frank's request we have made a donation to the Pancare Foundation in his name.

Meg Adams

RETIRING TUTORS AND CONVENORS

MILLIE CAMPAIN

Millie Campain has been a long-term member of the Advanced French Conversation class (FRE016) at U3A Hawthorn, and some years ago, on the resignation of the previous convenor, Millie agreed to take on the role of Tutor. Millie has undertaken this role with diligence, patience and wisdom, willingly sharing her knowledge as a native French speaker.

Comments from class members include that "Millie was calm, patient and judicious, and her explanations about vocabulary, grammar and pronunciation were clear and precise. She was very aware of each person's capabilities and his or her strengths and weaknesses, so that she could judge exactly when it was helpful to intercede with a correction and when it was better to ignore some errors in order to keep the conversation flowing."

Another class member noted "Millie is a wonderfully thoughtful, caring class convenor" while David, a visually impaired member of the class, noted particularly Millie's "kindness in allowing me to join the class in spite of my handicap. It made more work for her and she handled it so well and with such warmth".

Millie has resigned from her role, due to her many other commitments. We wish her well in her ongoing endeavours to help those with a love of the French language. Our thanks also go to Marie-Anne Cussen, another fluent French speaker, who has agreed to take over the role of class convenor.

Sue Waller

RUTH HOADLEY

For many years now, Ruth Hoadley has hosted the 3rd Tuesday book group in her home in Hawthorn.

Initially when she joined U3A Hawthorn in 2002 Ruth had hoped to join an existing group, but when told it was full, she simply started one herself. It is no small thing to commit to have a group of strangers regularly coming into one's home - will they be congenial? will they stay too long? But Ruth took the chance, and over the years many U3A members have enjoyed her hospitality and friendship as well as discussions and conversations. Group members will miss our monthly Tuesday meetings at Ruth's home.

Jan Collins

The group has continued to read and keep in touch by phone during the Covid restrictions. The group will resume monthly meetings at Sinclair Avenue campus convened by Meg Paul when it becomes possible.

FLORA NICOLETTI

Italian 1 started at an interview room at Camberwell Library in February 2015. Thirteen U3A Hawthorn students, met Flora Nicoletti. She insisted that we needed to pronounce the sounds in Italian correctly.

Progress was slow, however we lived up to the challenge by reciting verbs in present tense in a "choral fashion." Flora always set homework and provided us with excellent notes, photocopied grammar rules and an abundance of resources to assist in using Italian.

As time progressed, we did too, moving to past then future verb tenses. Flora used favourite childrens' stories such as Capucetto Rosso e Il Lupe Cattivo, Cenerentola and Pinocchio. Each one had an increasing level of difficulty.

Italian 2, 3 continued in a similar manner but there were fewer learners. Sometimes the Library room was double-booked so we met at my place for a few lessons. Given the smaller number of students, Flora generously invited us to her home. There we were treated to classic Italian songs like Volare, Che Sera, Sera, also opera. Lessons certainly were not dull! Flora provided us with a wonderful resource book of useful vocabulary that I think should be published.

With the Coronavirus, meetings have been curtailed and sadly Flora has decided to discontinue teaching Italian.

Thanks from all your students for all the fun learning and singing in another language. Grazie Flora.

Patricia Franke

Flora offered Beginners Italian in 2015, 2017 and 2018 and class members continued on each year studying with Flora.

A CALL FOR NEW TUTORS/CONVENORS

Our curriculum each year depends on the generosity of our Member Tutors and Honorary Tutors offering their time and expertise to lead courses.

Each year we need new people to come forward and offer short and year-long courses. The Program Planning Committee members are currently looking for new tutors for 2021. Please consider sharing your knowledge, skills and enthusiasm.

Particularly we are looking for tutors/convenors for:

- beginner languages
- book groups
- small discussion groups
- outdoor and indoor activities and exercise
- short courses of general interest eg history, science
- technology courses.

ETIQUETTE FOR A BETTER ZOOM EXPERIENCE

“Zoom” has a dictionary definition of moving suddenly or fast. This is not true of the program, but we can use it more or less efficiently. It is currently the main way available to maintain our desire to learn and connect with U3A.

What follows are some hints for participants and presenters/tutors/convenors to make the Zoom platform work better for us all. At U3A Hawthorn Zoom is used by language courses, book groups, discussions groups as well as speaker presentations. The way Zoom is used is different in small interactive groups compared with larger group speaker presentations.

FOR PARTICIPANTS

- Be timely. Although it is hard to keep track of the hours at the moment, please aim to enter Zoom 10 minutes before the session starts. Occasionally, with larger groups, it can take some time to connect, and this ensures the class can start promptly, and you won't miss the class through being closed out. Some classes close entry after the commencement of the session.
- Your device should be placed so your face can be clearly seen. If you are using a tablet or phone, put it on a stand so the watchers don't get vertigo watching you move the device about all the time! Lighting should illuminate your face; experiment before you join the session.
- The mute button is your greatest friend. Please use it. The rest of us don't need to hear the dog, door bell, your phone or coffee grinder, or your conversation with someone else in the house, especially if you are Zooming from a shared space. Speaker presentations will usually mute everyone except the host/speaker; you can override this by holding down the space bar to speak.
- Class protocol. A Zoom class can never have the lively conversations of a face-to-face class. Most classes have a convention of people raising their hands if they wish to speak, or using the Chat function, and then being called by the host. However excited you are, restrain yourself and don't talk over others.
- In large courses the Chat button is the only suitable mechanism for commenting or asking questions, as the host cannot see all screens at the one time.

FOR PRESENTERS/TUTORS/CONVENORS

- Prepare even more thoroughly than you would ordinarily. Zoom sessions are less spontaneous and more presenter-focused. Have your material at your fingertips, and if you are using Powerpoint, YouTube or documents through screen share, organise them for easy access. A tip: put links on your toolbar, or organise videos through the watch later facility on youtube.
- If you have a larger group, consider assigning another member of the class as the Zoom Host to manage the entry of latecomers and organise the order in which members speak, so that you are left free to convene/tutor the class.
- If you are doing something new, have a dry run with someone to practise.
- For speaker presentations use “Mute all” to reduce background noise, and encourage your group to use the Chat function.
- Sound may be distorted for some participants if you play music or spoken word videos. The problem lies with the participant's modem and reception; you can't solve it. An echo during a session is caused by someone in the class having an extra device (phone, speaker, microphone) close to their computer. Mute all is the quickest solution to this.
- Tutorials on the Zoom site and YouTube are easily accessible and can teach you about Zoom's various functions. Your U3A Hawthorn Zoom Host is also there to help you.

We hope these tips help, and good luck!

Anne McQueen-Thomson

A special Zoom session is open to Members and Tutors to explore how to get the most out of your Zoom sessions.

20ITC030 Getting the most out of your Zoom session Monday 7 September, 2pm by Zoom of course!
Presenters: Judy Hamann and Anne McQueen-Thomson

Purpose of the session: to provide practical skills and tips to participants, including current tutors and members wanting to increase their confidence in using Zoom for small classes. The focus is on getting the most out of classes, rather than on the technical aspects of Zoom.

Prerequisites: Participants need to be technically competent in using Zoom, such as signing in, will need to bring their sense of fun and be prepared to give the exercises a go.

THE MORE TECHNICAL ZOOM STUFF

WHAT'S IN A NAME?

Is the name in your Zoom video window something like “iPad” rather than your name? You run the risk of not being admitted by the Zoom host as they won't know who you are or if you are an enrolled member. Renaming yourself, or having the host rename you once you are in the meeting, will only last until you leave that meeting.

To make the change permanent you need to go to your **Profile** in Zoom **Settings** and change your name there. This can be either in the Zoom App or when you are logged in to Zoom in a web browser.

WHAT'S WHITE BALANCE AND DO I NEED TO KNOW?

Your webcam has some clever software, smart enough to keep you in focus and to automatically adjust the colour of your face and the room in which you are sitting. It continually tries to determine the correct colour to broadcast – depending on the available light sources; ambient light from windows, overhead room lighting or things like table or desk lights within its view. The results will vary depending on those lighting factors; outdoor light (which is ‘cooler’ and blue), indoor light (which is usually ‘warmer’ and red) or fluorescent light (which tends to be more green). It will also be affected by the strength and contrast of light sources.

So, if you have a window with bright outside light coming in behind you, the “white balance” will shift towards that colour and render you as a black shadow! To get the best image, try minimising light behind you [close the blinds/curtains], perhaps have a desk lamp pointed towards your face and try various positions to reduce shadows or highlights that ‘wash out’ in white patches.

HOW DO I GET A VIRTUAL BACKGROUND?

You can select a virtual background from Zoom's **Video Settings**. There are some standard images but you can add your own by browsing for any photo on your computer and selecting it. [Note that it is best to choose an image with landscape orientation and rectangular to match the 16:9 ratio where possible].

Will it work? That depends on your computer/tablet. Android systems don't support virtual background at this stage. The power of the device will determine if it can do the necessary software processing [“chroma key”] to substitute the picture content for everything in the video view except you! You will quickly find out if it can't, because there will be ‘blobs’ of the background image appearing through your face or body – very disconcerting! If that's the case it will be back to arranging the parts of the room behind you so that the camera does not highlight that cluttered study or spare bedroom.

Bruce Lancashire

Thank you to the U3A Hawthorn Zoom Hosts who has been working now for many months to support tutors and members in the use of Zoom:

Linda Baynham
Nigel Hannam
Lily Lau
Sue Waller

David Bennett
Bruce Lancashire
Michael Mullerworth

Thank you also to those tutors and members who have purchased their own Zoom licences or are using the free zoom licences to run their courses.

If there are other tutors/convenors who would like to try Zoom with their classes please contact Carol Lancashire courses@u3ahawthorn.org.au

CHANGES TO THE U3A HAWTHORN MEMBERSHIP WEBSITE

The U3A Hawthorn Membership website u3ahawthorn.org.au/members will be upgraded during September so that course information will display more clearly on your telephone and tablet.

This means that when you go to the website it will look quite different. Information about the new look site can be [downloaded here](#).

READMAN LECTURES

The Readman series of lectures is designed to bring leading experts in their field to U3A Hawthorn to speak about important current issues. Normally there will be 3 to 4 lectures each year. The lectures are open to all members, subject to hall or Zoom capacity.

The series is named after Derek Readman, who made a great contribution to U3A Hawthorn over many years, and was instrumental in sourcing speakers for many U3A Hawthorn events and lecture series.

20LEC003 “The War on Drugs and its Challenges”

Professor John Ryan, CEO of the Penington Institute

Thursday 17 September, 2pm, by Zoom



John is a leader in public health and safety and the inaugural CEO of Penington Institute.

John actively works to promote sensible approaches to drug use in the community including with media and by providing expert advice including to governments.

He is a member of the Victorian Government’s Medically Supervised Injecting Room Review Panel, an innovative trial conducted in North Richmond.

Having previously worked as a university researcher, government policy-maker, and in frontline service delivery as a needle and syringe program worker, John is now President of London-based Harm Reduction International (HRI). HRI is a leading non-governmental organisation focused on reducing the negative health, social and human rights impacts of drug use and drug policy.

John holds a Bachelor of Arts and a Bachelor of Laws from Monash University. In 2012, he received a Churchill Fellowship to study ways to enhance public health approaches to drug policy.

To enrol in these lectures please go to u3ahawthorn.org.au/members and register in the usual way.

The Zoom link will be sent out at least 24 hours prior to the session.

20LEC001 “ A Churchill Fellowship Experience - empowering women in Local Government “

Cr Coral Ross

Thursday 12 November, 2.00pm, by Zoom

Councillor Coral Ross is one of Victoria’s longest serving councillors, first elected to Boroondara Council in 2002. She served three terms as mayor, earning the distinguished title of Mayor Emeritus. In addition to her service on Boroondara Council, Coral was on the board of the Australian Local Government Association for two years. She was also a board member and interim president of the Municipal Association of Victoria.

Coral is President of the Australian Local Government Women’s Association and was previously the president of its Victorian chapter. The Association’s mission is to support women to participate in local government. Coral is also Deputy Chair of the Australian Gender Equality Council and a director of the National Rural Women’s Coalition.



In 2018, she was awarded a prestigious Churchill Fellowship to improve gender equality in local government. Coral has travelled to the United States, Canada, the United Kingdom, Sweden and Germany in 2019/20 to investigate ways of increasing the number of women elected to local governments. Her Readman talk will cover the experience of her Churchill Fellowship.

VOLUNTEER CORNER

Introducing two of our volunteers, part of the team that keeps U3A Hawthorn working and affordable for our members, even in COVID lockdown.

KATHY MANDERSON

I was born and bred in Glen Iris, going to Canterbury Girls High School and then onto Melbourne University, where I studied for a Bachelor of Science, specialising in mathematics and statistics. I worked for private industry and travelled overseas before having a family. Some of our travel was very exciting. We drove from London to Melbourne in a Kombi van, crossing the top of Africa. Our favourite country was Afghanistan, a place I would hate to see today.

With a 6-month-old baby, we moved to Fiji for about 5 years where I had a marvellous life with the help of a housegirl and garden boy. It was with many tears that we returned to Melbourne, our home. I spent many years here raising our three children. When I decided to return to work, I couldn't go back to the interesting research work I was doing as all the new graduates had moved into my field. I had to be flexible and tried many jobs before moving into strength training in a gym. Quite a change! I loved working with the older age group, but it didn't take me long to realise my training was too shallow. I got asked so many questions I couldn't answer – 'What should I do today as my shoulder hurts', 'Should I exercise with a sore back', etc. I would never make up answers so decided to learn more. I did a year of intensive Pilates training and by the end of the year understood the body a lot more. Now I could answer the questions more easily. Of course, after many years of teaching, I have learnt so much from my students and feel much more comfortable with all the questions.

I joined U3A Hawthorn about 13 years ago for cycling and I have been riding with the same Friday group ever since. The people have changed over the years, but we know each other so well and care for each other. Friday bike riding is my favourite activity and I really miss seeing all my bike riding friends during these 2020 restrictions.

I have also worked at reception, been in the photography group and attended many other talks and activities. I joined the U3A Tai Chi group about 4 years ago and fell in love with the movement and depth of Tai Chi.

I started teaching Pilates at U3A about 5 years ago and love getting to know everyone and their bodies. The positive feedback I get is so good for my ego. During the lockdown, I have made 8 YouTube videos so my class members can continue their exercises at home. These videos are for everyone to use. Just search for Kathy Manderson on YouTube and they will pop up.

This year, I decide it would be great to put a U3A Hawthorn Cookbook together. With over 1500 members, I felt we could get a great collection together. I have received about 61 recipes from about 40 members. I would love more and if you have some recipes you would like to share, please email me at

kathymanderson@gmail.com. The recipes need not be original and can vary from very easy to quite complex. I like to cover all bases. If you send me a recipe, I would like to know your first name and U3A activity. This makes the cookbook a little more personal.

My husband, Warwick, is also a keen U3A Hawthorn member participating in the art classes and bike riding. He has taken up art in retirement and has a great talent. We do not have enough walls in our home for his art. He is a very prolific artist.

I find U3A Hawthorn an amazing organisation. It covers so many interests and I am so grateful for all that it has allowed me to do.



Kathy Manderson would be happy to receive more recipes for her cookbook. You can email her at kathymanderson@gmail.com

Go to the U3A Hawthorn website to view/download the cookbook u3ahawthorn.org.au

JUDY CHIPMAN

In the early 1990s wanting to do something different, I enrolled at U3A Hawthorn and joined a class entitled "Psychology & Philosophy" convened by Alex Gale. We studied books which prompted discussions about the psychological and philosophical meaning of our existence and how our upbringing and culture could determine our attitude and behaviour. Fascinating! Some people having fled from Europe during World War 2 spoke of their experiences. One woman walked to freedom from Poland and another was interned in Auschwitz. Lively discussions often continued over coffee afterwards. Alex retired and Geoff Guilfoyle continued the class in the same vein titled "Philosophy for Everyday Living".

In 1995 members of the newly formed Choir approached me and asked if, as a music teacher, I would be willing to take over conducting for 3 months as John Hughes, the founder, needed surgery. I agreed. The three months became 17 years when John was unable to return. And so it began! Though small in number to start with, the choir grew rapidly. Juliet Yim was our first accompanist. In the early days we gathered for social activities including picnics & outings. This promoted an air of camaraderie as did coffee after practice.

Early on, as well as our own concerts, we performed at our U3A end of year functions. We sang in many aged care facilities and elsewhere. Rehearsals and concerts were held in the Hawthorn Town Hall Chandelier Room for some years but later we moved to other premises. When the choir became too large for some venues Ruth Muir and I started a smaller group. The "Friday Singers", later known as "In Harmony", sang at the smaller venues as well as in our own concerts. I also ran a music theory class to help those who had a limited knowledge of music.

Over the years we occasionally sang with our own orchestra, provided Elizabethan music to support the Shakespeare class's performances, joined with other U3As for concerts at the Melbourne Town Hall during Seniors' week, sang with other choirs from the Eastern Zone at Whitehorse Performing Arts Centre and at our own twice yearly concerts. Workshops were often offered to help with learning and were always well attended. Repertoires endeavoured to cater for all tastes.

Preparing a choir for performances is a dynamic, complex and demanding task. Major helpers included accompanists who face many challenges, the manager who has the difficult task, amongst other things, of finding venues for rehearsals & concerts, the librarian, treasurer, photocopiers, tea makers and doormen, including my supportive husband, Ken.

The Sinclair Avenue premises were flooded early in 2011 after very heavy rains. Nola Meredith and I tried to rescue and 'resuscitate' the music in the bottom drawers of our files in the North Classroom. Much was ruined but we took the rest home, hung it out to dry and ironed it.

I stepped down as choir director at the end of 2011 and continued involvement as an accompanist and stand in conductor. What a wonderful experience it

has been. Meredith Vincent took over the baton. She was followed by Megan Austin and now the bright and energetic Julie Lancashire is our director. I'm a full time alto! Great!

Meanwhile, after the philosophy class broke up, Margaret Oates started a class entitled "Books for Life". We enjoy reading and discussing a wide range of books. Thus, I find myself reading books I might never have chosen as well as re-reading well known classics. Sadly Margaret passed away recently but thankfully Lois Leach and Bernadette Reeder have carried on. Thanks to our leaders the class is continuing by "Zoom" during the lockdown. How good is that?

The University of the Third Age has been a treasured experience. Thanks to the organisers, our "Third Age" lives have been greatly enhanced.



CONGRATULATIONS

Congratulations to Ian Sare who was awarded an Order of Australia AM in the Queen's Birthday Honours for significant service to science and technology, to research, and to national security.

We are not always aware of members receiving awards and honours. Please let us know so that we can pass on the news to our members.

NEWSLETTERS and GATEWAYS

Keeping in touch

Since the establishment of U3A Hawthorn towards the end of 1984, there has been a Newsletter prepared and sent to all members 4 times each year. Newsletters were printed and posted and were the main form of communication with members until about 2012.

In March 2010 a parallel distribution of Newsletters commenced – emailed to members with an email address and posted to the rest. By 2011 about half of our members received the Newsletter by email, now less than 30 of our nearly 1600 members do not have an email address.

The use of email rather than printing and postage has many advantages:

- The Newsletter can be prepared more quickly so there is less delay between preparation and mailing; news can be more timely
- Greater use can be made of photos and colour (people can view the newsletter on the screen and if they do wish to print it out, this can be done in black and white)
- The Newsletter is not as restricted in length (the postage cost of the printed newsletter increased with the weight of the newsletter)
- Many hours of volunteer time have been saved in the production and mailing of the newsletter
- Significant cost savings have occurred.

Members can continue to pick up a copy of the Newsletter from Reception (in normal times when the campus is open) or can read it on the U3A Hawthorn website – our online archive is almost complete <https://u3ahawthorn.org.au/newsletters.htm>.

A copy of each Newsletter is also sent to the State Library of Victoria which provides a good historical record of the activities of our organisation. The Newsletter seeks to provide a record of activities as well as news of members and upcoming events.

However, these days a quarterly newsletter does not provide timely advice of the many new courses and activities which are added during the year. Therefore the Gateway eNews was introduced about 2012 to provide information to members between the formal newsletters.

Gateways are emailed to members when there is material and information that needs to be communicated, usually every 2 to 4 weeks. New courses and coming activities are included as well as community information which is received by U3A, such as local concerts and events, university research requests. These are more ephemeral communications which are not archived. Again, however, they can be viewed at Reception.

This may explain the difference between the quarterly Newsletters which are more formal documents and the irregular Gateways which provide interim updated information. Both are emailed, but the look, content and purpose are different.

If you are not receiving Newsletters and Gateways in your email it could be for one of several reasons:

- Sometimes emails can end up in your spam folder. Mark the item as not spam to ensure that future communications will go to your inbox
- You can unsubscribe from the emails -but you will not receive any future Newsletters or Gateways
- Check that your correct email is on our Membership Database

If you are not receiving these communications please contact mail@u3ahawthorn.org.au so that the matter can be corrected.

Newsletters are published at the end of February, May, August and November.

Deadline for items is the middle of the month

Editor: Carol Lancashire courses@u3ahawthorn.org.au

Gateways are published as needed.

Items can be sent to Bruce Lancashire secretary@u3ahawthorn.org.au

With the coronavirus lockdown the U3A Hawthorn office and campus are closed. The telephone is not being monitored and there are no volunteers working on site.

You are asked to complete your own enrolments on line. Withdrawals from a course can be made by emailing courses@u3ahawthorn.org.au as usual.

Zoom links are sent out to those enrolled in a course by the relevant Zoom Host prior to the first session.

CURRICULUM PLANNING FOR 2021

Usually I start to contact tutors at the end of July or early August about their courses for the following year. This year is very different!

Until we have a little more clarity about what restrictions might be in place next year it is impossible to invite tutors and timetable courses. Will we be able to hold face-to-face classes, exercise classes? What will the distancing requirements be? How many people can we have in a room? What tutors wish to continue on zoom? What short courses can we provide?

Therefore, whilst we are pondering these questions and seeking to come up with new ideas and approaches, the details of the curriculum will very likely not be able to be published at the usual time of early November. Existing tutors will be contacted when we have more clarity. Further details will be provided to members about timelines when they become available.

Nevertheless I am very keen to hear from members who would be willing to offer new short and long courses as tutors, presenters or convenors. We are always looking for new tutors to add to our very loyal and hard-working existing tutors.

In particular there is always demand for tutors in beginner language courses, convenors of exercise and outdoor activities, convenors of new book and discussion groups, presenters of short courses in history, engineering, economics, etc.

What is your interest, expertise and passion that you can share? Please send an email to courses@u3ahawthorn.org.au and I will be delighted to contact you to discuss your ideas.

*Carol Lancashire
Course Co-ordinator*

CURRICULUM UPDATE SEPTEMBER 2020

*The following are new short courses or short courses with some availability.
Please enrol for these courses on the membership system u3ahawthorn.org.au/members*

Additional courses and activities will be advertised in the Gateway when they are organised.

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| 20HUM031 | Zoom - St Catherine's Monastery Presenter: Peter Conlon weekly (2 sessions) from Thursday 24 September, 2pm |
| 20HUM032 | Zoom - The Abbey of Cluny (Burgundy) Presenter: Peter Conlon single Thursday 8 October, 2pm |
| 20ITC018 | Improving your Powerpoint skills Tutor: Pam Welsford weekly (2 sessions) Friday 9 October, 9.45am |
| 20ITC019 | Introduction to Word Processing Tutor Pam Welsford single, Friday 23 October, 11.30am |
| 20ITC030 | Zoom - Getting the most out of your Zoom session Presenters: Judy Hamann & Anne McQueen-Thomson single, Monday 7 September, 2pm |
| 20LEC003 | Zoom - Readman Lecture - Professor John Ryan (Penington Institute) single, Thursday 17 September, 2pm |
| 20LEC001 | Zoom - Readman Lecture - Cr Coral Ross single, Thursday 12 November, 2pm |
| 20LIT013 | Zoom - Literary Heroines Tutor: Laura Debernardi weekly (2 sessions) from Monday 5 October, 11am |
| 20TRA005 | Zoom - Armchair Travel - Mexico and Peru Presenter: Sue Waller single Thursday 24 September, 1.30pm |
| 20TRA008 | Zoom - Armchair Travel - Sri Lanka Presenter: Sue Beck single Thursday 29 October, 1.30pm |
| 20TRA002 | Zoom - Armchair Travel - Panama Canal Presenter: Rod Jones single Thursday 26 November, 1.30pm |