



HAWTHORN
UNIVERSITY OF THE THIRD AGE

CURRICULUM

2020



November 2019

Note: This booklet was released in November 2019. Additional courses will be advertised on the U3A Hawthorn website, in the Quarterly Newsletter and in the Gateway eNewsletter throughout 2020. This booklet will not be updated during the year.

Please go to the membership website www.u3ahawthorn.org.au/members to see the most up-to-date curriculum.

Reception Hours: 9.30am - 4.00pm Monday - Friday. Reception is closed on Public Holidays and over the Christmas and New Year period. Shorter Reception hours apply in January.

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WELCOME TO U3A HAWTHORN

The University of the Third Age (U3A) exists for retired and semi-retired people. U3A is a world-wide non-profit organisation which began in France in 1968 and spread rapidly through Europe and across the Atlantic to America. The word “university” is used in its earliest sense: a community of scholars who get together to help each other in an educational and social environment. The principles of self-help and mutual support are the cornerstone of U3A.

U3As are voluntary, non-profit membership organisations that aim to give older people low-cost educational opportunities that operate in a pleasant, supportive social setting. There are over 100 U3As in Victoria. Each operates independently. U3A Hawthorn, established in 1984, was one of the first in Victoria. Tutors/ convenors, external presenters, office bearers and volunteers all provide their services free - no-one in U3A Hawthorn is paid.

Currently there are over 1,500 members. Year-long and short courses are offered from February to November, as well as occasional lectures, excursions and activities. A Summer School for members operates in January when the on-going programs have their annual break. A range of speakers and activities are advertised and members must register to attend in the same way as for the courses and activities throughout the year.

Members must enrol and be accepted for the courses of their choice. Members may not attend a class without being enrolled, or if they are waitlisted.

A Book Exchange operates in the third week of each month, enabling free exchange of books, DVDs etc between members.

Dates for 2020

Monday 6 January	Reception open for 2020
Mon 6 – Fri 24 Jan	Summer School
Monday 27 January	Australia Day Holiday – Reception closed
Monday 10 February	Commencement of Classes
Monday 9 March	Labour Day – No classes, Reception closed
28 Mar – 13 April	School Holidays - note classes marked NCSSH
Fri 10 – Mon 13 April	Easter – No classes, Reception closed
Wednesday 20 May	Annual General Meeting and Speaker
Monday 8 June	Queen’s Birthday – No classes, Reception closed
27 June – 12 July	School Holidays - note classes marked NCSSH
Not yet advised	AFL Public Holiday (Friday)
19 Sept – 4 October	School Holidays - note classes marked NCSSH
Tuesday 3 November	Cup Day – No classes, Reception closed
Friday 27 November	End of classes 2020

COURSE CATEGORIES

Courses, Excursion, Lectures and Events are grouped into categories to assist you in finding U3A Hawthorn activities which are of interest. All courses are identified with year, category code and course number eg 19APP001.

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NCSSH Tutors set the dates of their classes and some specify no classes in State School holidays (**NCSSH**). Tutors may also cancel classes during the year for personal reasons. No classes are held on Public Holidays.



In Skills courses such as music and languages, new applicants for the course may be subject to tutor acceptance following contact to assess the suitability for this course level for new people.



A small number of courses have Priority Enrolment for those who were members of this course in 2019. This applies only for enrolments completed before 4pm on Friday 29 November 2019. All enrolments will be waitlisted and priority will be given to 2019 enrolments on 29 November. If there are places still available these will be allocated in order of receipt of application.

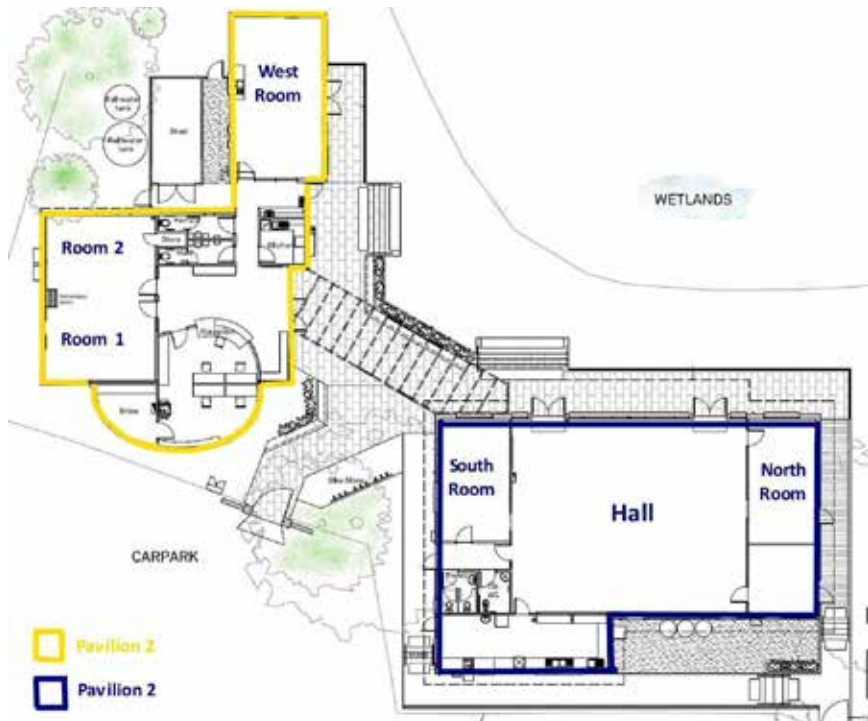
COURSE VENUES

The Sinclair Avenue Campus has four classrooms, one small lecture theatre and a large hall. Most of the courses are held on this campus. Free 3 hour parking is available and the campus is close to train and tram services. However some courses are held in other venues because they require specialist facilities, or the spaces have been generously provided for us, or hired, to meet our timetable needs. Details and maps for each venue are provided on the U3A Hawthorn website. Some courses are also held in private homes (these addresses will only be advised to those enrolled in the course).

Other venues used by U3A Hawthorn:

- Parkview Room, Camberwell Library (Tues & Thurs - NCSSH)
- TD304 Swinburne TAFE, off Park Street, Hawthorn
- Eric Raven Pavilion, Estella Street, Glen Iris
- St Mark's Church Hall, Burke Road, Camberwell
- Community Room, Tooronga Village Shopping Centre
- St Paul's Anglican Church Hall, Canterbury
- Leo Baeck Centre, Harp Road, Kew
- Balwyn Library Meeting Room 2 (NCSSH)
- Ashburton Pool & Recreation Centre (NCSSH)
- Auburn Bowls Club - 2b Munro St, Hawthorn East

Details of all venues are available on the website: www.u3ahawthorn.org.au/location



OPERATING PRINCIPLES

To become a member:

To join U3A Hawthorn you can join and pay your membership online at u3ahawthorn.org.au/members or come to Reception to complete membership enrolment and pay the annual individual membership fee. The annual membership fee enables you to apply to join as many courses and activities as you wish, subject to the class size limits which will vary depending on venue and the nature of the course.

All members are required to abide by the Code of Conduct, available online at www.u3ahawthorn.org.au/forms or as a paper copy from Reception.

To enrol in a course:

Members are encouraged to enrol for courses, lectures, excursions and events online. An application for a course will be confirmed by email (stating whether you are enrolled or waitlisted) and this must be received prior to attending the course. There are no pre-requisites for entry into most courses. However some courses require tutor/convenor approval prior to acceptance, such as languages, orchestra and choir, where some prior knowledge or skill level is required.

Assisted Enrolment:

If you do not have a computer, or are not confident to enrol online, you can come to the U3A Reception and will be assisted to complete your enrolment.

Courses of the same type:

In order to enable as many people as possible to access the very popular courses where there are waitlists, we reserve the right to limit enrolment to only one course of that type, eg only one French course.

Notification of acceptance:

You can check the status of your enrolments on-line. You may not attend a course until you receive acceptance notification for that course. Trial attendance at courses is not permitted.

Start and finish dates for classes:

Tutors decide on the start and finish dates of courses and whether classes will take place over the State School holidays. Courses that are not held over State School holidays are marked **NCSSH**. Classes are not held on public holidays. Please look carefully at individual course dates.

Class attendance:

Whilst it is understood that members may not be able to attend all classes in a course due to other commitments and travel, absence without apology to the tutor/convenor (or advising Reception) for two or more consecutive absences may result in the cancellation of your place in that course, especially where there is a waitlist. Some courses present cumulative material and prolonged absence may impose difficulties for the tutor and other class members. When you enrol in a short course every effort should be made to attend all sessions.

Withdrawal from a course:

If you decide not to continue with a course, please notify Reception as soon as possible so that the place can be offered to others on the waitlist. Withdrawals cannot be done online by the individual member as we need to manage the waitlists. You can email courses@u3ahawthorn.org.au or visit or telephone Reception to advise of your withdrawal.

Individual responsibility:

The courses offered depend on the availability and interests of volunteer tutors/convenors. The material presented in courses is at the discretion of the tutor or convenor and does not necessarily reflect the views of the management. Course summaries in this booklet or online on the membership system, indicate the content to be covered. Members are responsible for their own level of participation in any exercise or activity. Some activities require completion of an Acknowledgement of Risk form prior to commencing the course.

Additional Courses and Activities in 2020:

Additional lectures, activities, courses and excursions will be offered during the year. These are advertised in the U3A Hawthorn Newsletter published in March, June and September (sent out by email or available for collection at Reception) and also in the Gateway - an eNewsletter sent out on an irregular basis. Please ensure that your email address is on our Membership System so that you receive timely information and notifications.

Privacy Policy:

U3A Hawthorn collects personal information from members to enable efficient delivery of its service to members. The information is managed solely by U3A Hawthorn and will only be used for organisational, communication, emergency, insurance and submission-funding purposes. Members have the option not to provide full details. However, incomplete disclosure of requested details may prevent U3A Hawthorn from full delivery of its services.

Volunteering:

U3A Hawthorn relies on volunteers to undertake the many roles which keeps the organisation going. In addition to the vital roles of tutor and convenor, individuals can help in many ways (class facilitator, assisting with room setup and pack up, catering, reception, curriculum planning, AV assistance, campus management, gardening and many other activities). Please be mindful of how you can contribute in small or large ways.

Newsletter postage fee:

Our quarterly newsletters are now delivered on-line due to the high cost of printing and posting. Members who wish for the four quarterly newsletters to be posted to them must pay an additional annual fee of \$10. Please call at Reception to organise this.

EXPECTATIONS OF MEMBERS

The success of a voluntary organisation is dependent on the cooperation and goodwill of all members. It is expected that members should be able to feel comfortable in their class environment and to participate and enjoy the courses, activities and facilities that U3A Hawthorn has to offer. The following are the standards expected of members regarding enrolment and class attendance.

Part A Regarding Your Enrolment

1. When you are notified of your enrolment in a course there is a clear expectation that you will attend the classes.
2. Should you subsequently not wish to, or be unable to, take up an offered enrolment, you must notify the U3A Hawthorn Reception as soon as possible so that the position can be offered promptly to another member. You can also email to courses@u3ahawthorn.org.au
3. If, after the course commences, you are unable to attend one or more sessions because of illness, holiday or another reason, it is expected that you will inform the tutor of your absence. Failure to do this may lead to the cancellation of your enrolment.

Part B Attending Classes

1. Course members are expected to be at the course venue by the scheduled starting time and to assist, when necessary, with setting up the classroom and, at the conclusion of the class, with putting away materials etc. so as to leave the room tidy and ready for the next class.
2. Mobile phones must be on silent or turned off during classes.
3. Class discussions may focus on topics which some members find sensitive. Please be mindful of the opinions, values and attitudes of others, and respect their points of view, which may be contrary to your own. This is especially important when matters of race, religion, sexual orientation and political persuasion are concerned.
4. If the behaviour of a member of your class is offensive (language, aggression, racist etc.) you should initially talk to the tutor about your concerns.
5. A tutor has the right to ask a course member to withdraw an inappropriate comment. Course members are expected to co-operate with the tutor/convener as requested for the good management and enjoyment of the class. A tutor may refer matters to the Committee of Management for further action.
6. When questions or comments are invited, please avoid extensive stories, opinions or life experiences. All questions and comments should be directed through the tutor or meeting chair and the microphone used where available.
7. With the exception of guide dogs, pets are not permitted within the buildings of U3A Hawthorn or its other leased venues.

ARTS APPRECIATION; VISUAL ARTS, FILMS, GALLERIES

20APP001: Talking Films

Dates: 19/02/2020 - 18/11/2020
Wednesday 11:30 - 13:00

A participatory course where students can enjoy a fortnightly film discussion. Normally three films will be selected for viewing in theatres throughout Melbourne. Individual film attendance is required, but discussion will be held fortnightly at the Sinclair Avenue campus. An enjoyment of film and willingness to view diverse films is required.

Tutor: Greg Jerram

Frequency: 1st & 3rd weeks
Location: Room 2 SAC

20APP002: Let's Catch a Movie

Dates: 13/02/2020 - 26/11/2020
Thursday 14:15 - 15:45

Have you ever watched a movie and wanted to critique it - or at the very least mull it over with another movie tragic? Join a class where we choose 2 movies each session - one screening at your local cinema with the other to be streamed online at home (SBS or Kanopy) for discussion.

Tutor: Sharron Bedford

Frequency: 2nd & 4th weeks
Location: Room 1 SAC

20APP010: Let's go to a Gallery

Dates: 06/03/2020 - 06/11/2020
Friday 13:30 - 15:30

This group meets monthly to go to a gallery (art, craft, design) to view an exhibition. It may be a small local gallery or a visit to an exhibition at the NGV. After the visits there is discussion of the exhibition over refreshments at a nearby cafe (own cost). Members of the group take it in turns to organise a gallery visit. Participants are notified of the venues by email.

Student pre-requisites: Members need to make their own way to and from the gallery. Refreshments and any entry costs to be covered by each member.

Convenors: Sue Whitehead & Judith Merrett

Frequency: Monthly 1st week
Location: Different galleries

20APP020: Armchair Chats on Art - Tuesday

Dates: 18/02/2020 - 17/11/2020
Tuesday 13:30 - 15:00

In this course we will explore how we look at and analyse art works. This will be an opportunity to study and discuss various styles of art, the lives of artists and the environments they work in. We will also look at the role that galleries play in promoting modern day artists. Helen has been a long serving volunteer guide at the National Gallery Canberra and is keen to promote informal discussion and exchange about art and artists.

Members may only do one of the Armchair Chats on Art - either Tuesday or Wednesday - not both.

Tutor: Helen Long

Frequency: 1st & 3rd weeks
Location: Room 2 SAC

20APP021: Armchair Chats on Art - Wednesday

Dates: 12/02/2020 - 25/11/2020
Wednesday 13:30 - 15:00

As for 20APP020 above.

Tutor: Helen Long

Frequency: 2nd & 4th weeks
Location: West Room SAC

PRACTICAL ART, CRAFT, PHOTOGRAPHY

20ART007: Painting & Drawing for all levels

Tutor: Gary Faul

Dates: 13/02/2020 - 26/11/2020

Frequency: Weekly

Thursday 9:45 - 11:15

Location: West Room SAC

We concentrate more on the drawing side, but use some colour as well, eg watercolours, acrylic and coloured pencils. Student pre-requisites: paper, graphite pencils and eraser.

PRIORITY

20ART011: Knitting Group

Convenor: Meredith Vincent

Dates: 12/10/2020 - 25/11/2020

Frequency: Weekly

Monday 9:45 - 11:15

Location: South Room SAC

Making squares for rugs and other items to be sent to aid agencies for distribution to victims of trauma and need all over the world.

Student pre-requisites: Ability to either knit or crochet; provide own wool and needles.

20ART012: Patchwork & Quilting

Tutor: Pamela Crack

Dates: 21/02/2020 - 20/11/2020

Frequency: 1st & 3rd weeks

Friday 13:30 - 15:30

Location: Private Home Surrey Hills

For people who have always wanted to try patchwork, not knowing where to start! You will learn about basic equipment and fabric selection and then be guided to start a simple project. There is a choice of hand or machine sewing. Continue to work at home at your own pace. The group welcomes beginners and those with experience to share the passion of this craft which has a strong tradition of recycling and sharing.

Student pre-requisites: Students provide own materials.

PRIORITY

20ART013: Threads and Needles

Tutor: Ruth Muir

Dates: 17/02/2020 - 16/11/2020

Frequency: 1st & 3rd weeks

Monday 14:00 - 16:00

Location: Private Home Hawthorn

An informal stitching group for embroiderers or knitters. Opportunity to browse through books and patterns, exchange ideas, experiment and enjoy the creative process. Bring your own work and necessary materials.

20ART020: Digital Photography 1 - Monday

Convenor: Michael Gordon

Dates: 10/02/2020 - 30/11/2020

Frequency: Weekly

Monday 10:00 - 12:00

Location: Tooronga Community Rm

How to get the WOW in your photographs - landscapes and people. This course concentrates on the art of photography. There is limited camera technological education. Alternate days on location, then viewing the images at the Tooronga Village Community Room. Two optional photography weekends are organised each year. The first session is at the Community Room at Tooronga Shopping Centre. A schedule of dates and venues will be sent to you by the tutor. Meeting times for the days on location may vary.

Members may only enrol in one of Digital Photography 1 & 2

Student pre-requisites: digital camera and computer.

20ART021: Digital Photography 2 - Wednesday **Convenor: Loraine Permezel**
Dates: 12/02/2020 - 25/11/2020 Frequency: Weekly
Wednesday 12:00 - 14:00 Location: Tooronga Community Rm
As for 20ART020 above.

20ART022: Photography - f stops and stuff **Tutor: Grant Fry**
Dates: 13/02/2020 - 26/11/2020 Frequency: Weekly NCSSH
Thursday 13:30 - 15:00 Location: South Room SAC
How to get the most out of your digital and SLR cameras. Topics which will be covered: what the controls of your camera do and where to find them; exposure and auto focusing; settings S, A, M, Auto and more, and when to use them; f stops; shutter speeds; combining f stops and shutter speeds; ASA or sensitivity setting + filters; lenses; flash guns; and show and tell. Please bring along your camera and manual to each class. Even though there are many different makes they all use the same principles.

BRIDGE (MAX 2 COURSES)

To cover the cost of bridge consumables, a levy of \$5 is to be paid by new players and may also be payable, if needed, during the year by all bridge players.

20BRI001: Bridge for Beginners **Tutor: Matti Shub**
Dates: 10/02/2020 - 23/11/2020 Frequency: Weekly
Monday 12:15 - 13:45 Location: Hall SAC
This course is for people with no experience playing bridge as well as those who would like a refresher course. It is important that participants attend all initial sessions as the learning will be cumulative.

20BRI002: Bridge - Supervised Play - Monday **Tutor: Linda Baynham**
Dates: 10/02/2020 - 23/11/2020 Frequency: Weekly
Monday 14:00 - 16:30 Location: Hall SAC
This course provides a relaxed environment for those wishing to improve their bridge skills by card play each week, along with some ongoing instruction. This course uses the Standard American Five Card Major bidding system. Participants are required to have some experience of playing bridge, ie to have been playing for at least 12 months.

20BRI003: Intermediate Bridge - Tuesday **Tutor: Nafty Vanderhoek**
Dates: 11/02/2020 - 24/11/2020 Frequency: Weekly
Tuesday 9:30 - 11:15 Location: North Room SAC
For players with knowledge and experience of bridge fundamentals. Explores bidding and defence techniques in addition to declarer play.
Student pre-requisites: Basic bridge knowledge and experience.

20BRI004: Duplicate Bridge - Wednesday **Tutor: Gerry O'Reilly**
Dates: 12/02/2020 - 25/11/2020 Frequency: Weekly
Wednesday 13:30 - 16:30 Location: Hall SAC
Student pre-requisites: At least 12 months experience of playing duplicate bridge at a normal pace.

20BRI005: Duplicate Bridge - Monday**Tutor: Claus Gyrn**

Dates: 10/02/2020 - 23/11/2020

Frequency: Weekly

Monday 9:15 - 12:00

Location: Hall SAC

Duplicate bridge for experienced players. Please note - players need to have a partner organised, partners cannot be provided for anyone who comes alone.

CURRENT AFFAIRS (MAX 2 COURSES)

20CUR001: Current Affairs: Australia and the World**Tutor: Ron James**

Dates: 13/02/2020 - 26/11/2020

Frequency: Weekly NCSSH

Thursday 10:00 - 12:00

Location: Hall SAC

The format of this large group current affairs course is a mixture of sessions with guest speakers and sessions of group discussion of events, issues and people in the news.

**20CUR002: Current Affairs - Tuesday****Tutor: Peter Eisler**

Dates: 11/02/2020 - 24/11/2020

Frequency: Weekly

Tuesday 10:30 - 12:00

Location: Leo Baeck Centre 33 Harp Road Kew

Issues of social, economic and the broad political sphere are examined on the basis of information available in the print media. The class selects the topics weekly. Party political matters are generally excluded.

20CUR004: Politics and Current Affairs**Convenors: Pennie Kendall, Elizabeth Jeffrey & David Spivakovsky**

Dates: 12/02/2020 - 25/11/2020

Frequency: Weekly

Wednesday 9:45 - 11:15

Location: Hall SAC

This course will explore a mixture of political, social and current issues. This course will alternate between first class guest speakers and discussion groups. Group participation encouraged.

20CUR005: Current Affairs - Behind the News**Tutor: David Spivakovsky**

Dates: 14/02/2020 - 27/11/2020

Frequency: Weekly NCSSH

Friday 9:45 - 11:15

Location: TD304 Swinburne TAFE

The course examines current issues in depth by encouraging inquiry, research and presentation. Topics are chosen by both the group and convenor, and cover issues not necessarily in the public eye, but broader issues which are local, national and global. Participation is expected.

20CUR006: Current Affairs - Discussion Group**Convenor: Nathan Feld**

Dates: 11/02/2020 - 24/11/2020

Frequency: Weekly NCSSH

Tuesday 13:30 - 15:00

Location: South Room SAC

The convenor will organise class members to make one of two short presentations during the course of the year to set the scene for discussion.

20CUR007: Round Table Discussion Group**Convenor: Edgar Loutit**

Dates: 10/02/2020 - 23/11/2020

Frequency: Weekly NCSSH

Monday 11:30 - 13:00

Location: North Room SAC

Come and join in a lively discussion of a broad range of issues in today's changing world. Participants are encouraged to bring topics for the group to discuss.

20CUR008: Issues in the Media**Convenor: Peter Boxhall**

Dates: 20/02/2020 - 19/11/2020

Frequency: 1st & 3rd weeks

Thursday 11:30 - 13:00

Location: South Room SAC

This is largely a discussion group. A short background presentation on a current issue is followed by a general discussion of other current issues. Participants are encouraged to read and bring to class news articles, editorials or opinion pieces drawn from either print or electronic media (including social media).

DUTCH

20DUT001: Introduction to Dutch language and culture**Tutor: Johanna Kol**

Dates: 11/02/2020 - 24/11/2020

Frequency: Fortnightly 2nd & 4th NCSSH

Tuesday 14:00 - 15:30

Location: Room 2 SAC

An introduction to the Dutch language and some insights into Dutch culture.

Textbook: will be notified in January.

EXCURSIONS

20EXC001: Upper Maribyrnong River Cruise on the Blackbird

Date: 12/03/2020

Frequency: Single Cost: \$25

Thursday 12:30 - 14:30

Location: See membership system

Your chance to board the famous 'Blackbird' ferry to explore the historic upper reaches of the Maribyrnong River. Learn the early history of Melbourne and view the present development along its banks. An award winning tour with light refreshments provided.

20EXC002: Beleura House and Garden Mornington

Date: 21/04/2020

Frequency: Single Cost: \$75

Tuesday 8:30 - 15:00

Location: See membership system

Join us for an outstanding day out. Visit beautiful Beleura House and garden – a landmark built in 1863 and showcasing the life once lived by Sir John Tallis, theatre entrepreneur and Chairman of J C Williamson Ltd. A very special tour, with transport, morning tea and lunch included.

INDOOR EXERCISE: TAI-CHI, DANCE, YOGA, PILATES, FELDENKRAIS

20EXE001: Dancing the Years Away**Tutor: Norm Ellis**

Dates: 12/02/2020 - 25/11/2020

Frequency: Weekly NCSSH

Wednesday 13:00 - 15:00

Location: Eric Raven Pavilion

Folk Dancing for older folk! - the social dances of yesteryear - fun dancing in sets [not couples, as for ballroom dancing]. Folk dancing from Britain to the Bush dances of Australia, eg the Barn Dance & Virginia Reel. New members welcome. *Student pre-requisites:* Sprightly walking pace agility and co-operative participation to Dance the Years Away!

20EXE004: Creative Movement and Dance**Tutor: Naomi Aitchison**

Dates: 11/02/2020 - 24/11/2020

Frequency: Weekly NCSSH

Tuesday 10:00 - 11:30

Location: St Pauls Anglican Church Hall

Explore your creativity through moving and dancing. A multitude of themes, music and props will help you discover yourself in new ways through movement. Suitable for any level of fitness. Sessions will end with relaxation.
Student Pre-requisites: Students require comfortable clothes, mat or rug, and pillow for relaxation. No previous dance experience is necessary.

20EXE026: Tai Chi & Qigong

Tutor: Martha Hui

Dates: 11/02/2020 - 24/11/2020

Frequency: Weekly NCSSH

Tuesday 9:45 - 11:00

Location: Eric Raven Pavilion

This is a continuing course on Tai Chi and Qigong. The class starts with a warm up routine followed by 30 mins of Shibashi Qigong (18 forms) and 30 mins of Tai Chi. In the 1st half of the year, Sun Style 32 Tai Chi will be taught. 2nd half of the year Beijing 24 (Simplified Yang style) will be introduced and taught. Beginners and students with prior knowledge of Sun Style Tai Chi or other styles are welcome to join. Tai Chi and Qigong is promoted as a gentle exercise for balance and general well being. Enjoy a fresh start to the day with this gentle exercise.

Student pre-requisites: Must be able to stand alternately on either foot. Loose fitting tops, long pants and flat-soled runners are recommended. Bring along your water bottle for hydration during the class.

20EXE027: Yang Style Tai Chi & Qigong Level 2

Tutor: Charles Leong

Dates: 06/02/2020 - 26/11/2020

Frequency: Weekly NCSSH

Thursday 9:30 - 10:45

Location: Parkview Room Camberwell Library



This is a continuing course of traditional Yang Style Taichi and Qigong, a gentle exercise to improve balancing and general health. Students must have completed at least 1 year of Taichi and Qigong. Classes may be held elsewhere in school holidays, usually at an outside venue. Students must have completed at least 1 year of Taichi and Qigong. Members may only enrol in one of the Thursday Tai Chi classes - either Level 2 or Level 3 - NOT both.

Student pre-requisites: Pupils must be able to stand alternately on either foot. Loose fitting tops, long pants and flat-soled runners.

20EXE028: Yang Style Tai Chi & Qigong Level 3

Tutor: Charles Leong

Dates: 06/02/2020 - 26/11/2020

Frequency: Weekly NCSSH

Thursday 11:00 - 12:15

Location: Parkview Room Camberwell Library



This course is suitable for seasoned practitioners who have learnt the 85 form. Members may only enrol in one of the Thursday Tai Chi classes - either Level 2 or Level 3 - NOT both.

Student pre-requisites: Pupils must be able to stand alternately on either foot. Loose fitting tops, long pants and flat-soled runners.

20EXE029: Tai Chi and Qigong - Tuesday

Tutor: Linda Kost & Kathy Manderson

Dates: 11/02/2020 - 24/11/2020

Frequency: Weekly

Tuesday 8:30 - 10:00

Location: Hall SAC

This is a Tai Chi and Qigong exercise class, rather than a teaching and beginners class. The class is only open for students enrolled in the Level 3 course in 2019.

Student pre-requisites: Participants need to have completed at least 2 years of Taichi and Qigong. Loose fitting tops, long pants and flat-soled runners.

20EXE030: Pilates**Tutor: Kathy Manderson**

Dates: 11/02/2020 - 24/11/2020

Frequency: Weekly

Tuesday 10:15 - 11:15

Location: Hall SAC



The Pilates course is an ongoing course, incorporating basic Pilates floor exercises and including an emphasis on balance and leg strengthening. Pilates is very concerned with posture and correct movement. The course will be suitable for all people capable of getting up and down off the floor. For the class, you will need to bring an exercise mat for the floor and an old bath towel. Members of the class are expected to commit to regular attendance.

20EXE032: Go for Life**Tutor: Graham Elliss**

Dates: 18/02/2020 - 24/11/2020

Frequency: Weekly NCSSH

Tuesday 15:15 - 16:00

Location: Hall SAC

This is a small group exercise course which aims at all round benefits for older adults. The program focuses on strength, cardio, coordination, balance, stretch, and a little bit of fun. Participants are asked to commit to attend 80% of the classes. Please bring your own dumbbells & exercise/yoga mat to class.

20EXE040: Yoga**Tutor: Ray Clarke**

Dates: 13/02/2020 - 26/11/2020

Frequency: Weekly NCSSH

Thursday 12:30 - 13:45

Location: Parkview Room Camberwell Library

Yoga makes you feel more alive and energised and has many benefits for health and well-being. This weekly course includes warm up exercises, breathing exercises, spinal movement, physical postures, cooling down and relaxation. Ray is an accredited Yoga Australia level 2 teacher.

Student pre-requisites: Wear loose clothing and bring a yoga mat and a thick blanket. All classes are conducted in bare feet: no shoes or socks.

20EXE050: Feldenkrais - Tuesday**Tutor: Lachlan Fleming**

Dates: 11/02/2020 - 24/11/2020

Frequency: Weekly NCSSH

Tuesday 13:00 - 14:00

Location: Parkview Room Camberwell Library

Feldenkrais Awareness Through Movement is a form of movement education which uses the neuromuscular system to improve at any age. The lessons are based on the idea that awareness and focused attention on small movements will lead to greater improvement in function than force or effort. Many of the lessons are done lying on the floor. Benefits are only evident if regular attendance is maintained.

Student prerequisites: Bring a yoga mat or thick blanket (or both) to lie on. Ability to get on to the floor and to get up is essential.

20EXE051: Feldenkrais - Thursday**Tutor: Louise Rothols**

Dates: 13/02/2020 - 26/11/2020

Frequency: Weekly NCSSH

Thursday 14:00 - 15:00

Location: Parkview Room Camberwell Library

As for 20EXE050 Feldenkrais above.

20EXE060: Badminton Fun Information

These courses are for players of all abilities with an emphasis on fun, aerobic exercise and safety. Basic tuition will be provided as needed. Further details are provided on the Membership website.

Please note: Participants are required to fill out, sign and date an Acknowledgement of Risks Form 2020 and pay the fee to U3A Hawthorn in advance each term to cover court rental and shuttlecock costs - this can be done on the membership website or at Reception.

20EXE060: Badminton Fun

Dates: 11/02/2020 - 24/03/2020
Tuesday 10:00 - 12:00

Tutor: Di Gee
Frequency: Weekly Cost: \$35
Location: Ashburton Recreation Centre

20EXE060: Badminton Fun

Dates: 21/04/2020 - 23/06/2020
Tuesday 10:00 - 12:00

Tutor: Di Gee
Frequency: Weekly Cost: \$50
Location: Ashburton Recreation Centre

20EXE060: Badminton Fun

Dates: 14/07/2020 - 15/09/2020
Tuesday 10:00 - 12:00

Tutor: Di Gee
Frequency: Weekly Cost: \$50
Location: Ashburton Recreation Centre

20EXE060: Badminton Fun

Dates: 6/10/2020 - 24/11/2020
Tuesday 10:00 - 12:00

Tutor: Di Gee
Frequency: Weekly Cost: \$35
Location: Ashburton Recreation Centre

FOOD

Southern Indian Cooking Sessions - Information

This single session is a demonstration of aspects of cooking Southern Indian food, held in a private home in Hawthorn East. It includes a cooking demonstration of several dishes, with opportunities for participants to have hands-on involvement in the preparation. Participants will take home a serve of each dish. Participants are required to contribute to the cost of the ingredients.

20FOO001: Southern Indian Cooking: Session 1

Session 1 - Different ways of cooking with rice - Wednesday 25 March

Date: 25/03/2020

Wednesday 14:00 - 16:00

Tutor: Mary Butterworth

Frequency: Single Cost \$10

Location: Private home Hawthorn East

20FOO002: Southern Indian Cooking: Session 2

Session 2 – Cooking with lentils and vegan dishes

Date: 1/04/2020

Wednesday 14:00 - 16:00

Tutor: Mary Butterworth

Frequency: Single Cost \$10

Location: Private home Hawthorn East

20FOO003: Southern Indian Cooking: Session 3

Session 3 – Cooking with coconut

Date: 15/04/2020

Wednesday 14:00 - 16:00

Tutor: Mary Butterworth

Frequency: Single Cost \$10

Location: Private home Hawthorn East

20FOO004: Southern Indian Cooking: Session 4

Session 4 - Different ways of cooking with fish

Dates: 22/04/2020

Wednesday 14:00 - 16:00

Tutor: Mary Butterworth

Frequency: Single Cost to be advised

Location: Private home Hawthorn East

FRENCH (MAX 1 COURSE)

20FRE001: French Beginners

Tutor: Gracia Baylor

Dates: 11/02/2020 - 24/11/2020

Frequency: Weekly

Tuesday 11:30 - 13:00

Location: South Room SAC

This course is intended to provide students with a thorough basic knowledge of the language and is aimed to inspire you to keep learning. You will not only learn the art of conversation, reading and listening, but you will be introduced to the traditions and culture of France to give you a deeper understanding of the way the French see the world. We will be using a textbook entitled “Colloquial French – The Complete Course for Beginners” by Valérie Dempouy and Alan Moys ISBN no 978-0-415-34013-7. Please bring with you a notebook to write in and a French dictionary. This will be supplemented from time to time with handouts for exercises and reading material.

20FRE002: French 2

Tutor: Carolyn Macafee

Dates: 20/02/2020 - 19/11/2020

Frequency: Weekly

Thursday 15:00 - 16:30

Location: West Room SAC

This course is designed for students with at least one year's recent study of the French language. The course is grammar based but also has a social/historical component. Priority is given to students who were in the French Beginners course in 2019. Maximum class size 15.

Student Prerequisites: Purchase Schaum's French Grammar, 6th edition.

PRIORITY



20FRE004: French 4

Tutor: Carolyn Macafee

Dates: 17/02/2020 - 16/11/2020

Frequency: Weekly

Monday 13:15 - 14:45

Location: West Room SAC

This class is for students with some knowledge of French grammar. The course is grammar based, having also a social/historical component. Priority is given to students who were in the French 3 course in 2019. Text: Scham's French Grammar 6th Edition



20FRE005: Intermediate French 1

Tutor: Barbara Shepherd

Dates: 26/02/2020 - 25/11/2020

Frequency: Weekly NCSSH

Wednesday 13:15 - 14:45

Location: Room 2 SAC

Continuing course. Knowledge of French verb tenses required: present, passe compose, imperfect and future tense. Willingness to participate in discussion necessary. Homework to be completed. Text: To be communicated.



20FRE006: Intermediate French 2

Tutor: Barbara Shepherd

Dates: 27/02/2020 - 26/11/2020

Frequency: Weekly NCSSH

Thursday 13:15 - 14:45

Location: Room 2 SAC

Continuing course for people with knowledge of main tenses of verbs necessary, present, future and past (passe compose, imparfait, pluperfect and conditional). Participation in discussion and completion of homework required. Textbook: Edito Workbook and Textbook, Niveau B2 3rd edition, Elodie Heu, Jean Jaques Mabilat Didier.



20FRE010: French 10

Dates: 20/02/2020 - 19/11/2020

Thursday 13:15 - 14:45

This is a continuing course for students with 9 years of French. This course has no vacancies – only members of the French 9 course in 2019 will be accepted

Tutor: Carolyn Macafee

Frequency: Weekly

Location: West Room SAC

**20FRE012: Advanced French**

Dates: 27/02/2020 - 26/11/2020

Thursday 11:30 - 13:00

Continuing course for people who have good knowledge of main verb tenses including pluperfect and conditional. Some idea of active/passive voice and present and past subjunctive. Willingness to participate in discussion on a variety of topics and completion of homework required. Text: Edito Workbook & Textbook, Niveau B2 3rd edition, Elodie Heu, Jean Jaques Mabilat Didier.

Tutor: Barbara Shepherd

Frequency: Weekly NCSSE

Location: Room 2 SAC

**20FRE015: French - Conversation**

Dates: 10/02/2020 - 23/11/2020

Monday 11:30 - 13:00

Every student will prepare a presentation to make to the class. It can be spontaneous or read. The lesson is conducted only in French. Participants must have knowledge of French at conversation level.

Tutor: Beth Cameron

Frequency: Weekly

Location: Room 2 SAC

**20FRE016: French Conversation - Advanced**

Dates: 12/02/2020 - 25/11/2020

Wednesday 13:15 - 14:45

On a rotation system, participants are expected to choose and present a topic for class discussion. Only French is used during the class. New applicants will be considered, subject to tutor acceptance, following telephone contact to assess suitability for this course.

Student Prerequisites: A good knowledge of French at conversation level and good comprehension are essential.

Tutor: Millie Campain

Frequency: Weekly NCSSE

Location: Room 1 SAC



INDOOR GAMES: CHESS, CRYPTIC CROSSWORDS

20GAM001: Cryptic Crosswords for Crazy Cruciverbal

Dates: 13/02/2020 - 26/11/2020

Thursday 9:30 - 10:30

This course is for people who have had some experience with cryptic crosswords. Our aim is: 1. To solve crosswords at your level with like-minded folk 2. To use the experience of others to extend your solving abilities 3. To come together to enjoy words, word play and solving the mysteries of Cryptic Crosswords.

Tutor: Peter Gillett

Frequency: Weekly

Location: Room 1 SAC

20GAM010: Chess

Dates: 12/02/2020 - 25/11/2020

Wednesday: 15:00 - 16:30

This is a self-help group with some experienced players. New members and beginner players would be most welcome. Student pre-requisites: Basic understanding, some playing experience. Members must provide their own chess boards and pieces.

Convenor: Claus Gyrn

Frequency: Weekly

Location: Room 1 SAC

GERMAN (MAX 2 COURSES)

20GER001: German - Beginners Plus

Tutor: Beth Cameron

Dates: 10/02/2020 - 23/11/2020

Frequency: Weekly

Monday 9:45 - 11:15

Location: Room 2 SAC

This course is designed for people with very limited knowledge of German. It aims to develop simple oral communication in the language. The emphasis will be on speaking, but some grammar will be taught as the need arises.

Textbook: Talk German 2 (Book & CD) by Susanne Winchester.

20GER002: German - Continuing

Tutor: To be advised

Dates: 11/02/2020 - 24/11/2020

Frequency: Weekly NCSSE

Tuesday: 11:30 - 1:00

Location: Room 2 SAC



Students need to have completed the equivalent of two years study of German. The course will consolidate skills of listening, speaking, reading and writing. The course also teaches pronunciation and simple conversation useful for travellers, as well as looking at some of the history and culture of German speaking countries. Participation in oral work and completion of homework are required. A German dictionary is essential.

20GER003: German - Intermediate Conversation

Tutor: Einhart Lincke

Dates: 10/02/2020 - 23/11/2020

Frequency: Weekly NCSSE

Monday 14:00 - 15:30

Location: Room 1 SAC



The course is designed to provide opportunities for students to improve their written and spoken German. The German for “intermediate” is “für fortgeschrittene Anfänger”. Students are expected to have a basic grasp of German. During each lesson the textbook will be used to improve our German grammar. While we are working our way through the text there will be opportunities to ask questions and discuss problems and challenges. Before each class students are required to write a short essay (100 - 150 words) on a subject of their choice. They will read the essay during the lesson. The essay will then be discussed offering an opportunity to improve the German by writing, reading and speaking it. The essays will be corrected for students to collect so that they can monitor their progress.

Student pre-requisite: Students will participate in oral work. Students must be prepared to ask questions! Access to the internet is required. A German dictionary is essential. The text-book is: “Schaum’s Outlines- German Grammar - Fifth Edition”.

20GER004: German - Advanced

Convenor: Astrid Marguerita Adam

Dates: 11/02/2020 - 24/11/2020

Frequency: Weekly NCSSE

Tuesday: 9:45 - 11:15

Location: Room 2 SAC



Students need to be at a level where they can contribute to conversation and discussions in German. Each student is expected to prepare and present material for one full session per term. Short podcasts from Deutsche Welle or similar will be watched and articles read on a variety of themes. One novel or play or short story book will be read each year and some poetry.

Student pre-requisites: Students must be at an advanced level.

HEALTH AND WELL-BEING

Aspects of Health Series: This monthly series invites professionals from a wide variety of health care and/or research organisation to present on current issues.

20HEA001: Health Series: Medical Imaging: which type of X-Ray do I need?

Presenter: Lily Lau

Date: 05/03/2020

Frequency: Single

Thursday 13:30 - 15:00

Location: Hall SAC

A description of the types of X-ray in Medical Imaging Departments, how the E-ray is taken and discussions on radiation dosage. This will be illustrated with images to show modality and related pathology. This talk seeks to help us understand how doctors decide what E-rays we need and the radiation dosage we receive from each type. Common costs of X-rays will also be explained.

20HEA002: Health Series: The State Government's Voluntary Assisted Dying Legislation

Presenter: Prof Margaret O'Connor

Date: 02/04/2020

Frequency: Single

Thursday 13:30 - 15:00

Location: Hall SAC

This talk will focus the background and development of the State Government's Voluntary Assisted Dying legislation, as well as interpretations of the legislation. There will be a question and answer session at the end of the presentation.

20HEA003: Health Series: Macular Degeneration Presenter: Sabine Ostrowski

Date: 07/05/2020

Frequency: Single

Thursday 13:30 - 15:00

Location: Hall SAC

This talk outlines what Age-related Macular Degeneration is, who is a risk, what you can do to reduce your risk factors and improve outcomes. It also looks at research in this field and the support available for people.

20HEA004: Health Series: The work of the National Ageing Research Institute

Presenter: Assoc Prof Briony Dow

Dates: 04/06/2020 - 04/06/2020

Frequency: Single

Thursday 13:30 - 15:00

Location: Hall SAC

- Introduction to NARI – history, Mission and Vision
- Tips on healthy ageing – latest evidence
- Opportunity for participants to complete Healthy Ageing Quiz
- Questions and discussion

20HEA011: Positive Thinking and Meditation

Tutor: Sim Birrell

Dates: 14/02/2020 - 06/03/2020

Frequency: Weekly (5 sessions)

Friday 14:00 - 15:30

Location: Room 1 SAC

Gain a deeper understanding of how the mind works and how thoughts are created. What is open-eye meditation?

20HEA012: Self Management Calming Techniques

Tutor: Josie Ruberto

Dates: 10/02/2020 - 27/04/2020

Frequency: Weekly (10 sessions)

Monday 9:45 - 11:00

Location: North Room SAC

These mind, body workshops are to assist you to stay healthier, happier, and more content. Experience feeling more peaceful, patient, and more energy on a daily basis. Each week we'll clear something that's bothering you, as well as experience new techniques to be used anywhere, anytime in between the workshops. The ease of application and portability of Emotional Freedom Techniques (EFT/Tapping) as a self-management tool makes it a winner for participants to integrate into their life on a daily basis. *Disclaimer: Attendees must take responsibility for their own health and wellbeing. This course is not to be misconstrued as medical advice, and attendees must consult their GP re medications. Not suitable for persons taking mental health medication.*

20HEA013: Pathways to Inner Self

Tutor: Kirti Baxi

Dates: 13/02/2020 - 25/06/2020

Frequency: Weekly (18 sessions) NCSSH

Thursday 13:30 - 15:00

Location: North Room SAC

This meditation course seeks to investigate questions pertaining to life and identity by stopping, observing and steering us towards a positive attitude, harnessing the power of mind. This is a workshop and discussion group to help understand one's self and cultivate willpower.

HUMANITIES: HISTORY, LAW, SOCIOLOGY, ECONOMICS, ENVIRONMENT, RELIGION

20HUM001: Anchors Away - Treasures of Maritime History

Tutor: Bruce Gooley

Dates: 11/02/2020 - 05/05/2020

Frequency: Weekly (12 sessions)

Tuesday 9:45 - 11:15

Location: West Room SAC

A miscellany of illustrated Maritime History talks covering both local and international areas. Topics include: Desperate Voyages in open boats; Atlantic Packet Ships and their transition to steam; Steamship Immigration to Australia 1945-70; A Brief History of Maritime Art; Something Fishy: Cod; Midget Submarines in WWII; Venice a Maritime Republic; Melbourne's Lime Ships; Ships in the Crimean War; The Polynesians; and a Brief History of Sydney Ferries. Participants will be encouraged, and if requested supported, to deliver a brief presentation to the class on an area of maritime history that is of special interest to themselves, during the last session. All class members will have free access to illustrated class notes via the internet. New course members are most welcome. The only pre-requisite is an interest in history.

20HUM002: Investing Philosophies & Strategies

Tutor: Shaun Lee

Dates: 18/02/2020 - 17/11/2020

Frequency: Monthly 3rd week

Tuesday 11:30 - 13:00

Location: Hall SAC

Every session starts with a look at where the share market is, from a cycles point of view. Each session will explore one or two philosophies and/or strategies, drawing from the wisdom of the great investors of the past and present. This will be followed by open discussion. The objective is to make all attendees (beginner or experienced) better investors. By the end of the year most attendees will understand how to position their portfolios to improve on their returns by up to several percentage points over the long term. If not, I will have failed!

Class dates for 2020: 18 Feb, 17 Mar, 21 Apr, 19 May, 16 June, 21 July, 18 Aug, 22 Sept, 20 Oct, 17 Nov.

20HUM003: Wills, Powers of Attorney and Probate**Presenter: Michael O'Brien**

Date: 25/02/2020

Frequency: Single

Tuesday 13:30 - 15:00

Location: Hall SAC

This session is presented by Michael O'Brien who has practised as a solicitor in Victoria, the last 10 years specialising in wills and probate law. He will go through issues and details relating to wills, Powers of Attorney and probate. There will be time for questions at the end.

20HUM004: The Spanish Civil War 1936-39**Tutor: Graham Pratt**

Dates: 12/02/2020 - 11/03/2020

Frequency: Weekly (5 sessions)

Wednesday 11:30 - 13:00

Location: North Room SAC

The civil war between the leftist Republicans and Franco's Nationalists is often viewed as a dress rehearsal for World War 2. The key topic areas will be:

- The political situation in Spain leading up to the war including the abdication of the monarchy.
- The numerous political forces operating at the time both locally and internationally.
- The military uprising and the emergence of Franco.
- The disposition and strengths of the opposing forces.
- The course of the war including the major battles and the eventual Nationalist ascendancy
- The international involvement in the civil war by Germany, the Soviet Union and others.
- The victory of the Nationalists and the reprisals that followed.
- The beginning on Franco's rule from 1939 to 1975. The discussion will conclude with an assessment of the Spanish Civil War's place in the post war years.

20HUM005: The History of China**Tutor: Wolfe Sharp**

Dates: 24/03/2020 - 19/05/2020

Frequency: Weekly (9 sessions)

Tuesday 11:30 - 13:00

Location: North Room SAC

This course is a continuation of the course in 2019. Over the last 40 years China has become an economic powerhouse, second only to America on the world stage, and projected to overtake the size of the U.S. economy within a decade. Simultaneously, it has expanded its political influence and is increasing its military power. There are those who admire its accomplishments and seek closer ties, and many others who view its rise with suspicion and anxiety. To understand any society one must know its history, culture, traditions and philosophies, in order to understand where it has come from and where it might be heading, particularly so with a culture that is so vastly different to that of the West. This course will briefly cover Chinese history from its earliest beginnings to (almost) the present time, including all of the major Dynasties which influenced its development, and the different philosophies which guided its intellectual thought, political advancements, and amazing technological achievements.

20HUM006: The European Project**Tutor: Clive Lipshut**

Dates: 11/02/2020 - 17/03/2020

Frequency: Weekly (6 sessions)

Tuesday 11:30 - 13:00

Location: North Room SAC

Lecture 1 – Where was Europe before the Second World War?

It was billed as the war to end all wars. What was left as the guns fell silent? Democracy never really gets going, and even when it does it never seems to last – Weimar Germany becomes the Third Reich, Italy is both Monarchy and Fascist, Pilsudski in Poland, Czechoslovakia tries hard until dismembered in the name of expediency; and the assorted Balkan states are not doing much.

Lecture 2 - Twenty years after the Great war started Europe gears up for a second round. This next period is dominated by Hitler and Germany. This time it is a global war, but our focus is on what happened in Europe.

Lecture 3 - Europe clearly has had a great fall. Can we put Humpty back together again? The coal and steel community - Progress to the Treaty of Rome. Will Britain Join? Le Grand Charles says No. Meanwhile - On the other side of the Iron Curtain.

Lecture 4 - Britain eventually joins the EU but does not adopt the Euro. In 1989, the fall of the Berlin wall leads to a realignment and a great EU expansion. Not only is Britain not in the Euro zone, but it doesn't become part of the Schengen Area.

Lecture 5 - Mutti and Emmanuel seem to run the club. Britain gets cold feet and Cameron sets up a referendum hoping to silence those who want to leave. To the PM's dismay the referendum brings a majority for Leaving, and he resigns and from then on the Conservative government just seems to unravel. But will Brexit make Britain great again?

Lecture 6 - this lecture can only be written in 2020, but Boris Johnson will loom large. Brexit strains the unity of the United Kingdom. A tilt to the Right in EU states strain the unity of the EU. After Brexit, will Britain survive, will the European Project survive?

20HUM007: Society and Culture

Convenor: Rob Kennedy

Dates: 12/02/2020 - 25/11/2020

Frequency: 2nd & 4th weeks

Wednesday 11:30 - 13:00

Location: West Room SAC

'A society grows great when old men plant trees whose shade they know they shall never sit in' – Greek proverb A new discussion group that will explore current social issues as well as societies and cultures more broadly. We will examine human behaviour and the factors that influence social cohesion. We will also consider the ideas of key thinkers (past and present) who have helped shape our social world.

Each session will cover a single topic. Where possible, an introductory video or sound file will be included to provide background information and to help stimulate discussion. Class members are encouraged to participate by suggesting topics for discussion and occasionally presenting to the group.

20HUM008: The Celtic World

Tutor: Vin Underwood

Dates: 21/04/2020 - 07/07/2020

Frequency: Weekly (12 sessions)

Tuesday 13:15 - 15:00

Location: Hall SAC

This course uses the Great Courses DVDs, The Celtic World, as a basis for studying two different images of the word Celtic. One is of ancient warriors who rampaged across Europe and terrified Greeks and Romans; the other is of the welcoming nations on the fringes of Europe known for their music, arts, poetry, and spirituality. Are these really the same people, and if so, how did one evolve into the other? The material from the DVDs will be supplemented by tutor presentations and class discussions.

20HUM009: China Today

Tutor: Albert Ip

Dates: 10/02/2020 - 17/02/2020

Frequency: Weekly (2 sessions)

Monday 9:30 - 11:00

Location: West Room SAC

China has had a miracle rapid rise in GDP in the last 40 years. What has their government done right and what will be the future? The first lecture will suggest answers to the first question and the second lecture to the second part.

20HUM010: Civilisations of the Ancient Maya

Tutor: Frank Devlin

Dates: 15/04/2020 - 15/04/2020

Frequency: Single

Wednesday 11:30 - 13:00

Location: Hall SAC

Civilisations of the Ancient Maya 300 BC to 1300 AD The talk covers Mayan sites in the Yucatan province of Mexico, Guatemala and Belize with an emphasis on their architectural and sculptural virtuosity together with some insights into their rich and distinct culture. It will also cover a private flight from Caye Caulker on the reef off Belize to the Great Blue Hole made famous by Jacques Cousteau, swimming in the remarkable cenotes near Merida (provincial capital of Yucatan province), and wild life in the tropical rainforest in Tikal National Park, Guatemala

20HUM011: Scamwatch

Presenter: Jayde Richmond

Dates: 13/02/2020 - 13/02/2020

Frequency: Single

Thursday 13:30 - 15:00

Location: Hall SAC

Australians are set to lose a record amount to scams in 2019, with total losses to reach over half a billion dollars. Anyone could fall victim to a scam. It pays to be vigilant and to stay informed on ways to protect yourself. The ACCC's Scamwatch team will discuss current scam trends and tips on how to identify and avoid scams.

20HUM012: The First Peoples of Australia

Tutor: Anne McQueen-Thomson

Dates: 12/02/2020 - 25/11/2020

Frequency: Weekly

Wednesday 9:45 - 11:15

Location: West Room SAC

Member participation is encouraged in this interactive group. Learn about Australia's First Peoples before and after European settlement. Learn about identity, culture and world-view, as well as current topics. There is much to gain from studying the history and ancient culture of the First Peoples and the struggles for their rights. This may help to repair the relationships between them and settler peoples, and restore their rightful place in the nation.

Textbook: Larissa Behrendt, Indigenous Australia for Dummies (2011), available from Readings and other bookshops.

20HUM013: Fragrance of Vietnam

Tutor: Dang Ho

Dates: 17/04/2020 - 01/05/2020

Frequency: Weekly (3 sessions)

Friday 11:30 - 13:00

Location: West Room SAC

This course seeks to provide insights into Vietnamese history and culture. Vietnam has 4,000 years of civilisation which has provided a great richness to its culture. The course will look at Vietnamese culture as portrayed by languages, arts, cuisine, costumes, festivals, beliefs and religions.

20HUM014: Crime and Punishment

Tutor: Irving Miller

Dates: 24/02/2020 - 27/04/2020

Frequency: Weekly (8 sessions)

Monday 9:30 - 11:00

Location: West Room SAC

This course examines "Crime and Punishment" in our community today and numerous actual court cases and decisions, such as George Pell. It is NOT a course about philosophy or hypothetical jurisprudence; it is a practical analysis

of the criminal justice system with respect to “serious crime” in Victoria/ Australia. Does “crime” pay?? If caught, what can the offender expect to “pay” as punishment?? The course will examine, explain and discuss the important legislation and case law which apply in Victorian superior courts for “serious crime” and “serious criminals”. Topics to be covered include: the Crimes Act, the Sentencing Act, the Terrorism [Community Protection] Act, the Serious Sex Offenders [Detention & Supervision] Act, Parole [as part of the Criminal Justice system], and numerous actual court cases and decisions. Although this course is largely a repeat of 2019, it will include new legislation, recent sentencing data and the latest case law where relevant.

20HUM015: Monarchy

Dates: 19/02/2020 - 2/09/2020
 Wednesday 11:30 - 13:00

Tutor: Geoff Hindle & Tim Clarke

Frequency: 1st, 3rd & 5th weeks
 Location: West Room SAC

Each week for sixteen weeks we will show a 48 minute episode of Richard Starkey’s TV series “Monarchy” first screened in 2005 and present another 33 minutes of additional material from Starkey’s companion book “Crown and Country” and other sources. Starkey’s presentation is both learned and vivid and is presented from many historical locations. The “other sources” will include economic and social history to complement Starkey’s political, dynastic, religious and military history. The story of over 1500 years tells of the evolution of the world’s oldest functioning monarchy and the system of government that enabled Britain to enjoy world leading freedoms and economic development.

ITALIAN (MAX 1 COURSE EXC ITALIAN LITERATURE)

20ITA001: Italian - Beginners

Dates: 12/03/2020 - 26/11/2020
 Thursday 9:45 - 11:15

Tutor: Wilma Buccella

Frequency: Weekly
 Location: Room 2 SAC

This course is for people with very basic or no prior knowledge of Italian.
 Textbook: To be advised

20ITA002: Italian - Year 2

Dates: 12/02/2020 - 25/11/2020
 Wednesday 9:45 - 11:15

Tutor: Wilma Buccella

Frequency: Weekly
 Location: Room 2 SAC

This course is for people who have completed Beginners level Italian. The main focus is on developing conversational skills. Textbook: to be advised.



20ITA003: Italian - Year 3

Dates: 11/02/2020 - 24/11/2020
 Tuesday 14:30 - 16:00

Tutor: Flora Nicoletti

Frequency: Weekly
 Location: Room 1 SAC

Continuation of the 2019 Italian Year 2 course. No new students will be accepted.

Student pre-requisites: Completion of Italian Year 2 2019 at U3A Hawthorn.

20ITA010: Basic Italian Conversation

Dates: 14/02/2020 - 27/11/2020
 Friday 9:45 - 11:15

Tutor: Ces Volpato

Frequency: Weekly
 Location: Room 2 SAC



For students wishing to acquire competence and confidence in spoken Italian language. Emphasis will be on language structures and phrases used in conversation, especially when travelling.

Student pre-requisites: Some fluency in spoken Italian is required.

20ITA011: Italian - Conversation

Tutor: Ces Volpato

Dates: 10/02/2020 - 23/11/2020

Frequency: Weekly

Monday 13:15 - 14:45

Location: Room 2 SAC



Students will discuss topics of interest in Italian, as well as read and translate from Italian literature and newspapers, and will be encouraged to converse in Italian.

Student pre-requisites: Fluency in spoken Italian is essential.

20ITA020: Italian Literature

Tutor: Christine Watters

Dates: 11/02/2020 - 24/11/2020

Frequency: Weekly

Tuesday 11:30 - 13:00

Location: Room 1 SAC



We read and translate Italian novels, plays and poetry. This is an opportunity to enjoy Italian literature without a focus on grammar.

Student pre-requisites: Students require a good knowledge of Italian.

IT AND COMPUTER COURSES

20ITC001: Windows 10

Tutor: Mike Bilsborough

Dates: 13/02/2020 - 05/03/2020

Frequency: Weekly (4 sessions)

Thursday 11:30 - 13:00

Location: Room 1 SAC

The Windows operating system has evolved over many years. It provides a cost effective platform for home computing via 'PC' (Personal Computer) hardware available from a variety of suppliers at price points to suit most budgets. Since its launch in 2015, new features are continually being added to Windows 10. For further detail of the course go to the Membership Website. Please bring along your (fully charged) laptop/notebook computer if possible, as you can benefit from some on-the-spot hands-on learning during the classes.

20ITC002: Android Phones and Tablets

Tutor: Mike Bilsborough

Dates: 19/03/2020 - 09/04/2020

Frequency: Weekly (4 sessions)

Thursday 11:30 - 13:00

Location: Room 1 SAC

Android phones and tablets are a cost effective option to stay connected in today's communications environment. Android devices come in all shapes and sizes with prices ranging from less than \$100 to \$1000 and beyond. This course will take you through the basics of the mobile phone and standard Android user interface, then delve deeper into the more commonly used apps such as contacts, calendar, music, photos, maps, email and internet. We will also cover security and backup issues as well as how to connect to your home Wi-Fi network and 'Bluetooth' devices.

20ITC003: There's an APP for that

Tutor: Tim McQueen

Date: 14/02/2020

Frequency: Single

Friday 9:45 - 11:15

Location: Room 1 SAC

There is a huge range of apps available for phones, tablets, computers even

smart TVs. This talk is an overview of what apps are, where they come from and how to get them. There is also a quick survey of the types of apps out there.

20ITC004: What's behind the screens

Tutor: Tim McQueen

Dates: 21/02/2020 - 13/03/2020

Frequency: Weekly (4 sessions)

Friday 9:45 - 11:15

Location: Room 1 SAC

We all use smartphones, tablets and smart TVs, but rarely think about how they work. In this course, I look at how Information Technology has evolved over the last 150 years or more, what we can do now, and how this is changing.

20ITC005: Keep yourself safe on the web

Tutor: Tim McQueen

Date: 20/03/2020

Frequency: Single

Friday 9:45 - 11:15

Location: Room 1 SAC

How do you avoid all the traps you constantly hear about on the Internet when using your PC, tablet or smartphone?

20ITC006: Understanding and Using the Internet

Tutor: Mike Bilsborough

Date: 30/04/2020

Frequency: Single

Thursday 11:30 - 13:00

Location: Room 1 SAC

The internet is now a necessary part of life. Most of us use the internet to keep in touch with friends and relatives through emails and social networks, for banking related activities, to buy goods and services 'on-line', to get instant access to local and world events and to look for information on just about any topic. This course will help you understand what the internet is, how best to access the internet using a browser and how applications on the internet like the World Wide Web (WWW) help us. We will also spend some time on Google Chrome - one of the most popular free web browsers.

20ITC007: Preparing for the NBN

Tutor: Tim McQueen

Date: 27/03/2020

Frequency: Single

Friday 9:45 - 11:15

Location: Room 1 SAC

What do you need to know before connecting to the NBN?

20ITC008: Getting the most out of gmail

Tutor: Mike Bilsborough

Dates: 07/05/2020 - 28/05/2020

Frequency: Weekly (4 sessions)

Thursday 11:30 - 13:00

Location: Room 1 SAC

This course is suitable for those starting to use Google's Gmail for email, as well as those that have been using it for some time but want to get more out of it. For further details of this course go to the Membership website. Please bring along your (fully charged) laptop/notebook computer if possible, as you can benefit from some on-the-spot hands-on learning during the classes. If you use only a tablet or smartphone, it's best to bring it in on the last day of the course.

20ITC009: Shoot & Edit Quality Video: on your Smartphone

Tutor: Richard Balsillie

Dates: 13/02/2020 - 05/03/2020

Frequency: Weekly (4 sessions)

Thursday 9:45 - 11:15

Location: Room 2 SAC

Do you have a late model mid-range or higher smartphone (Apple or Android)? Did you know... • You can take good quality video on your phone? • You can edit that footage to produce a professional looking movie on your phone? • You can

do all that without a computer, without a complex training program, and without spending a cent? This short course will show you how.

20ITC010: Photoshop Elements for Beginners

Tutor: Barbara Gibson

Dates: 11/02/2020 - 24/11/2020

Frequency: Weekly NCSSH

Tuesday 11:30 - 13:00

Location: West Room SAC

Learn to restore old photos, enhance favourite shots, add features or remove unwanted items using Photoshop Elements (PE). This course will provide the basic skills needed to achieve this and much more. Students are encouraged to contact the tutor before enrolling to discuss equipment and areas of interest. Sessions 1&2 will be introductory, and require no tools; in following sessions students will be encouraged to work on a laptop (or a home computer and a memory stick).

After the 2 Introductory sessions participants need to purchase the software Adobe Photoshop Elements and install it on a laptop to bring to class. This course is a one year Introductory course. Those wishing to continue the following year will need to enrol in the Photoshop Elements Workshop course.

20ITC011: Photoshop Elements Workshop

Tutor: Barbara Gibson

Dates: 12/02/2020 - 25/11/2020

Frequency: Weekly NCSSH

Wednesday 11:30 - 13:00

Location: Room 1 SAC

This is a course for people who have basic familiarity with the software Adobe Photoshop Elements. Participants work cooperatively to develop projects that include enhancing their photos, adding features or creating new images, restoring old photos and adding Text. Using PE as a creative medium will also be explored. The tutor assists by giving advice and introducing new tools and features.

It is expected that students will have some previous experience with Photoshop Elements. New members are encouraged to contact the tutor before enrolling to discuss equipment and areas of interest. Participants are expected to bring along their laptop with the software installed so that they can work in class.

20ITC013: Getting started on photobooks

Tutor: Carol Lancashire

Dates: 15/05/2020 - 22/05/2020

Frequency: Weekly (2 sessions)

Friday 11:30 - 13:00

Location: Room 1 SAC

A practical workshop for people interested in learning how to create a photobook. Participants will be required to download the free software from photobookshop.com.au and will use their own photos to commence work on a photobook using their own laptop or one of the U3A laptops. This course is not suitable for tablets (screen too small to work on). Student requirements: familiarity with using a laptop computer.

20ITC015: Making the most of your iPad

Tutor: Pam Welsford

Dates: 14/02/2020 - 06/03/2020

Frequency: Weekly (4 sessions)

Friday 11:30 - 13:00

Location: West Room SAC

Note: this course is for Apple iPads, not other tablets (eg android).

Week 1: introduction to iPads: why developed, settings and features of the iPad such as Airdrop

Week 2: using the apps that come with an iPad e.g. calendar, iPhoto, contacts,

iCloud, organising apps

Week 3 and 4: Useful apps eg Google maps, Dropbox.

20ITC016: Managing iPhotos on your Apple devices

Tutor: Pam Welsford

Dates: 13/03/2020

Frequency: Single

Friday 11:30 - 13:00

Location: West Room SAC

Updates of iPhotos regularly incorporate new features, and cameras no longer just take photos. This session will explore: • Features of the Apple camera such as Live Photos • Saving images in iPhotos including from non-Apple sources • Editing images in iPhotos • Media Types • Albums • Sharing images. Please bring a device where you can access iPhotos.

20ITC017: Digital communications with your family

Tutor: Pam Welsford

Dates: 20/03/2020

Frequency: Single

Friday 11:30 - 13:00

Location: West Room SAC

Simple landline phone calls are no longer how families communicate. This session will look at ways that we as non-digital natives can be more accessible to our family including grandchildren. It will explore popular messaging and video conferencing applications including WhatsApp, social media apps, photo share apps and games you can play online. Ideally you will bring a device to this session so you can download and more fully explore the suggested apps.

20ITC018: Improving your powerpoint skills

Tutor: Pam Welsford

Dates: 09/10/2020 - 16/10/2020

Frequency: Weekly (2 sessions)

Friday 9:45 - 11:15

Location: West Room SAC

Improving Your PowerPoint Skills. PowerPoint is designed to make presentations more interesting. It is easy to integrate images, audio and video to give a great visual impact. This two-week program will explore why we use PowerPoint and features that can be readily accessed. It is recommended that you bring a device with PowerPoint installed (Keynote is also a possibility) and ideally a project you might like to work on.

20ITC019: Introduction to Word Processing

Tutor: Pam Welsford

Date: 23/10/2020

Frequency: Single

Friday 11:30 - 13:00

Location: West Room SAC

Every update of a word processing package seems to incorporate new features to improve the documents we produce. This session primarily focus on Microsoft Word and what can be achieved under the Home tab (fonts, text effects, document styles and paragraph formatting, headers and footers) and Insert tab (tables, pictures, shapes and hyperlinks). Layout and design of documents will also be explored as will the review tools. You do not have to have the most recent version of Microsoft Word to attend this session. If you are using Apple's Pages you may also attend this session but please let me know prior to class.

JAPANESE

20JAP001: Japanese - Beginners

Tutor: Marjorie Millingen

Dates: 10/02/2020 - 23/11/2020

Frequency: Weekly NCSSH

Monday 9:30 - 12:00

Location: Private Home Kew

Simple Japanese grammar. Hiragana, Katakana, Kanji. Reading and writing simple texts. Simple Japanese conversation. Homework is required. Materials required: coloured pencils, Japanese/English dictionary; Kanji dictionary.

20JAP002: Japanese - Post Beginners**Tutor: Bev Fagan**

Dates: 10/02/2020 - 23/11/2020

Frequency: Weekly NCSSH

Monday 9:30 - 12:00

Location: TD304 Swinburne TAFE

Translation of text from Japanese to English; exercises in grammar; encouragement of spoken Japanese; learning of Japanese culture through audio-visual media after mid-session coffee break. Materials required: Japanese/English Dictionary; Kanji dictionary.

LATIN

20LAT001: Introduction to Latin**Tutor: Francis Vergona**

Dates: 10/02/2020 - 23/11/2020

Frequency: Weekly NCSSH

Monday 14:00 - 15:30

Location: South Room SAC

This is a very special opportunity for beginners to study Latin. Latin is the basis of all modern Romance languages, including English. You cannot read Latin without a knowledge of English grammar. Come along and learn the rudiments of English grammar, leading into Latin. Textbook: - the text book for the course is NRR Oulton, "So you really want to learn Latin" Book 1, published by Galore Park. This book can be obtained online from bookdepository.com - hardback \$42.94, paperback \$30.53.

The course needs a minimum of 5 students to run.

20LAT002: Latin - Continuing**Tutor: Francis Vergona**

Dates: 10/02/2020 - 23/11/2020

Frequency: Weekly NCSSH

Monday 11:30 - 13:00

Location: South Room SAC



This is the second year of this Latin course. Latin is the basis of all the Romance languages, including English. This is a wonderful way to learn more about language and keep your brain active. New members are welcome if they have already studied some Latin. Textbook: - the text book for the course is NRR Oulton, So you really want to learn. Latin Book 1, published by Galore Park. This book can be obtained online from bookdepository.com - hardback \$42.94, paperback \$30.53.

20LAT009: Latin - Year XIX**Tutor: Alby Twigg**

Dates: 12/02/2020 - 25/11/2020

Frequency: Weekly

Wednesday 9:45 - 11:15

Location: Room 1 SAC



We will be translating the last sections of the text book we started in 2019, "Two Centuries of Roman Poetry", edited by EC Kennedy and AR Davis. We will then read "Five Roman Poets" by HE Gould. Student pre-requisites: Students should have completed either the Oxford or Cambridge Latin Course and feel confident about reading Virgil or Cicero or Caesar. A good Latin dictionary is essential.

LECTURES, PRESENTATIONS, SINGLE EVENTS, READMAN LECTURES

20LEC001: Readman Lecture**Presenter: Coral Ross**

Date: 26/03/2020

Frequency: Single

Thursday 14:00 - 16:00

Location: Hall SAC

Councillor Coral Ross is one of Victoria's longest serving councillors, first elected to Boroondara Council in 2002. She served three terms as mayor, earning the

distinguished title of Mayor Emeritus. In addition to her service on Boroondara Council, Coral was on the board of the Australian Local Government Association for two years. She was also a board member and interim president of the Municipal Association of Victoria. Coral is President of the Australian Local Government Women's Association and was previously the president of its Victorian chapter. The Association's mission is to support women to participate in local government. Coral is also Deputy Chair of the Australian Gender Equality Council and a director of the National Rural Women's Coalition. In 2018, she was awarded a prestigious Churchill Fellowship to improve gender equality in local government. Coral will travel to the United States, Canada, the United Kingdom, Sweden and Germany in 2019 to investigate ways of increasing the number of women elected to local governments.

LITERATURE: BOOK GROUPS, POETRY, WRITING COURSES, DRAMA

20LIT001: Literature Group

Dates: 11/02/2020 - 24/11/2020

Tuesday 9:45 - 11:15

The course comprises mainly fiction, but may include some non-fiction. It includes a poetry session and a play reading. Individual members select a book on which they volunteer to lead the discussion over 2 weeks. We aim to read 16 books over the year.

Convenors: Lois Leach & Jean Giese

Frequency: Weekly NCSSH

Location: South Room SAC

20LIT002: Book Group - 2nd Wednesday

Dates: 12/02/2020 - 11/11/2020

Wednesday 11:30 - 13:00

Informal discussion of a range of books, looking at merits of plot, character development, themes, and literary styles. Books will be suggested by students and tutor. The first book for 2020 will be "Whip Bird", by Robert Drewe.

Convenor: Bev Fagan

Frequency: Monthly 2nd week

Location: Room 2 SAC

20LIT003: Book Group - 3rd Tuesday

Dates: 18/02/2020 - 17/11/2020

Tuesday 10:00 - 11:30

We select a range of books, literary fiction and non-fiction for discussion led by group members.

Convenor: Ruth Hoadley

Frequency: Monthly 3rd week

Location: Private Home Hawthorn

20LIT004: Book Group - 4th Wednesday

Dates: 26/02/2020 - 25/11/2020

Wednesday 11:30 - 13:00

A monthly reading and discussion of classical and contemporary fiction and non-fiction. The first book for 2020 will be "All the light we cannot see", by Anthony Doerr.

Convenor: Elaine Cockburn

Frequency: Monthly 4th week

Location: Room 2 SAC

20LIT005: Fourth Tuesday Book Club

Dates: 25/02/2020 - 24/11/2020

Tuesday 14:00 - 15:30

We will generally read current novels of literary value as well as occasional non-fiction, short stories or classical works; August is usually reserved for poetry. A book list will be generated by the group and distributed at the beginning of the

Convenor: Ian McKenzie

Frequency: Monthly 4th week

Location: West Room SAC

year. The first book for 2020 will be "No Friend but the Mountains" by Behrouz Boochani.

20LIT006: Men's Book Club

Dates: 19/02/2020 - 18/11/2020

Wednesday 15:30 - 17:00

Our members meet on the 3rd Wednesday of each month at members' homes to discuss a selected book. Titles vary from fiction, biography, history and topical subject. All members have input to the selection of titles. Books discussed in 2019 included Simon Winchester's "Exactly", Clive Hamilton's "Silent Invasion" and Thomas Hardy's "Tess of the D'Urbervilles".

Convenor: Simon Spurgeon

Frequency: Monthly 3rd week

Location: Different locations

20LIT008: Books for Life

Dates: 12/02/2020 - 25/11/2020

Wednesday 13:15 - 14:45

Classics, recent novels, plays, short stories and poetry are read aloud in class and discussed.

Student Prerequisites: Two or three books at reasonable prices.

Convenors: Margaret Oates & Lois Leach

Frequency: Weekly NCSSH

Location: South Room SAC

20LIT010: Reading Shakespeare & other classic plays Convenor: Kathleen Nelson

Dates: 12/02/2020 - 25/11/2020

Wednesday 10:00 - 12:00

In this class we read aloud and discuss the plays of Shakespeare. At the end of each play we watch and discuss a DVD performance of the work. We also venture into poetry, the works of other playwrights such as Chekov and Ibsen and sometimes more contemporary writers. Students new to reading Shakespeare aloud sometimes have difficulty with Elizabethan English. Be assured that the ear and eye adjust, and it becomes easier in time. Members of the class offer to organise readings, visiting speakers and audio-visual support. The first term for 2020 will focus on the Roman Plays: Julius Caesar and Coriolanus. *Student Prerequisites: Copies of the plays we are reading.*

Frequency: Weekly NCSSH

Location: Balwyn Library Room 2



20LIT011: An American Century Through its Fiction

Dates: 05/03/2020 - 05/11/2020

Thursday 13.30 - 15.00

Each month the participants will purchase or borrow the chosen book and read it in preparation for the discussion which will be opened by a facilitator from the group giving a brief introduction about the author and the setting of the novel. The facilitator will lead the discussion. The first five books will be Old Jules, Mari Sandoz (1935); The Grapes of Wrath, John Steinbeck (1939); To Kill A Mockingbird, Harper Lee (1960); Housekeeping, Marilynne Robinson (1980); Beloved, Toni Robinson (1987)

Tutor: Barbara Fary

Frequency: Monthly 1st week

Location: Room 1 SAC

20LIT012: Sharing Poetry

Dates: 13/02/2020 - 26/11/2020

Thursday 13:30 - 15:00

Poetry from all times and cultures is studied and enjoyed. No prior knowledge is required.

Student Prerequisites: A respect for words used well and an interest in contributing to content and discussion.

Convenor: Lena Frankel & Jean Hunt

Frequency: Weekly

Location: Private Home Kew

20LIT014: Poetry about Love**Tutor: Laura DeBernardi**

Dates: 17/04/2020 - 22/05/2020

Frequency: Weekly (6 sessions)

Friday 11:30 - 13:00

Location: Room 2 SAC

“What the world needs now is love, sweet love” is a popular 1960s song that captured the spirit of the times. Maybe it’s time now for another look at love in all its delicious and difficult complexity. In ‘poetry about love’ we’ll be looking at how poets from around the world and over the centuries have written about love in all its forms. Enthrilled by its sweetness, or struggling with its darker sides, there is much to learn about love from their wisdom and the beautiful poetry they’ve showered us with.

20LIT015: Zen Poetry and the Art of Meditation**Tutor: Laura DeBernardi**

Dates: 4/05/2020 - 11/05/2020

Frequency: Weekly (2 sessions)

Friday 9:30 - 11:00

Location: West Room SAC

Why not try starting the week with some wise reflection! Over 2 weeks, we’ll be exploring Buddhist meditation while also contemplating the wisdom of Zen masters who found in poetry a way to communicate their profound insights, and their very human fears and hopes. The meditations will not be long or onerous, but rather an invitation to quiet reflection, and no background in either poetry or meditation is required.

20LIT025: Ancient Greece: The Stage**Tutor: George Theodoridis**

Dates: 14/02/2020 - 20/03/2020

Frequency: Weekly (6 sessions)

Friday 11:30 - 13:00

Location: South Room SAC

Session 1: The Gods Session 2: The Stage and the Playwrights Session 3: Aeschylus’ Eumenides Session 4: Sophocles’ Philoctetes Session 5: Euripides’ Trojan Women Session 6: Aristophanes’ Clouds

20LIT026: Ancient Greece: The Power**Tutor: George Theodoridis**

Dates: 27/03/2020 - 15/05/2020

Frequency: Weekly (6 sessions)

Friday 11:30 - 13:00

Location: South Room SAC

27/3 Session 1: Helen, Queen of Sparta, “The Power of Beauty” 17/4 Session 2: Hecabe, Queen of Troy “The Power of a Mother” 24/4 Session 3: Medea, the Princess of Colchis. “The Power of Magic” 1/5 Session 4: Heracles “The Power of Brawn” 8/5 Session 5: Jason “The Power of the Golden Fleece” 15/5 Session 6: Daedalus and his son “The Power of Science”

20LIT027: The Epic: Readings from Homer**Tutor: George Theodoridis**

Dates: 17/07/2020 - 04/09/2020

Frequency: Weekly (8 sessions)

Friday 11:30 - 13:00

Location: South Room SAC

Session 1: Homer, the Greek bard and Virgil, his Roman apprentice. Session 2: The Wedding and the Beauty Contest Session 3: The Abduction Session 4: The Sacrifice of a Virgin Session 5: The Rage in the Iliad Session 6: The Man in the Odyssey Session 7: The Return to Penelope Session 8: The Return to Klytaemestra ‘

20LIT028: Ancient Greece: Identity**Tutor: George Theodoridis**

Dates: 11/09/2020 - 09/10/2020

Frequency: Weekly (4 sessions)

Friday 11:30 - 13:00

Location: South Room SAC

Identity In Ancient Greece The “Who” Question Session 1: Identifying Identity 18/9 Session 2: Thales and the stellar dot canvas. 25/9 Session 3: From Hawking to Fukuyama, to Jack Charles, to Medea. 2/10 Session 4: Recognition scenes in Ancient Greek Literature.

20LIT030: Workshop- Finding my words **Tutor: Janine Johnston**

Dates: 14/03/2020 - 14/03/2020 Frequency: One day workshop

Saturday 10:00 - 15:00 Location: Hall SAC

This workshop will provide inspiration, encouragement and practical suggestion for participants to get started with creative writing. Through writing exercises, discussion and readings, participants will explore techniques associated with creative writing, and transforming ideas and experiences into engaging stories. Janine Johnston has completed a Diploma of Professional Writing and Editing and is a published poet. She has run workshops at the Hawthorn Community House and at other venues in Boroondara and at Kerang and District U3A. Morning tea will be provided. Bring your own lunch. Bring pen and notepad

20LIT031: How to write like a bestselling author **Tutor: Ada Christie**

Dates: 10/02/2020 - 23/11/2020 Frequency: Weekly NCSSH

Monday 13:30 - 15:30 Location: South Room SAC

This course has a particular emphasis on novel/memoir writing. From beginners to advanced, the course will help you get your manuscript ready for publishing. As excellent writing skills are dependent on manipulation of language, we will be starting at grass roots level and will be doing writing exercises to practice each week.

MAHJONG (MAX 1 COURSE)

20MAH001: Western Mahjong - Beginners **Tutor: Barbara Lynch**

Dates: 10/02/2020 - 23/11/2020 Frequency: Weekly NCSSH

Monday 13:30 - 15:00 Location: North Room SAC

This is a Beginners course of Western Mahjong. Participants will learn the basics of the game in the first part of the year. It is important to attend these early sessions. Textbook required: You will be advised of this.

20MAH002: Eastern Mahjong **Tutor: Tami Wong**

Dates: 12/02/2020 - 25/11/2020 Frequency: Weekly NCSSH

Wednesday 9:30 - 11:15 Location: North Room SAC

Join our weekly group to learn the ancient game of Mahjong (eastern style). The course is open to continuing players and beginners. Beginners need to start at the beginning of the year.

20MAH003: Western Mahjong (Beginners & Ongoing) **Tutor: Janina Noga**

Dates: 14/02/2020 - 27/11/2020 Frequency: Weekly

Friday 11:30 - 13:00 Location: Hall SAC

Join our weekly group playing the ancient of Mahjong (western style). Experienced players and new players are invited to participate. Classes for new players will be held during the first 12 weeks of the year only, beginners must commit to attend these 12 weeks. Beginners will not be accepted after the start of the year.

PRIORITY

Student pre-requisites: - Willing to learn and mix with others. - Attend on a regular basis

MANDARIN CHINESE (MAX 1 COURSE)

20MAN001: Basic Mandarin - Monday

Dates: 10/02/2020 - 23/11/2020

Monday 9:30 - 11:00

Tutor: Zaiming Pan

Frequency: Weekly NCSSH

Location: South Room SAC

This is a basic course of Mandarin Chinese using Chinese Pinyin. It is a speaking and listening course for travel, making friends and cultural knowledge. Beginners and those with some Mandarin are welcome. New members of the course may be assessed by the tutor as this is a continuing course from 2019.

20MAN002: Basic Mandarin - Wednesday

Dates: 12/02/2020 - 25/11/2020

Wednesday 11:30 - 13:00

Tutor: Yi Yang

Frequency: Weekly NCSSH

Location: South Room SAC

This is a basic course in Mandarin Chinese using Chinese Pinyin. It is a speaking and listening course for travel, making friends and cultural knowledge. New members of the course may be assessed by the tutor as this is a continuing course from 2019. Textbook: New Practical Chinese Reader 3rd Edition.

20MAN005: Mandarin Chinese - Continuing

Dates: 11/02/2020 - 24/11/2020

Tuesday 9:45 - 11:15

Tutor: Aimee Li

Frequency: Weekly NCSSH

Location: Room 1 SAC



• Pre-requisites: Understanding Chinese Pinyin System. • Course Description: Basic Mandarin Chinese and Introduction to Chinese History and Culture. Through this course, you will learn the basic Chinese Pinyin system and practice in pronunciation, conversations, listening comprehension, and sentence structures in class. It also focuses on developing knowledge of the Chinese history and culture. This course provides you with insights into the rich fabric of the cultures of China. You will explore Chinese history, culture heritage, art, cuisine, festivals, etiquette and so on. You will also look at the origins of some of the philosophies and social values that underpin Chinese society and how these are being affected by economic development and urbanization. After completing this course, you will have a greater understanding of Chinese language and culture how contemporary China has been framed by both tradition and its place in our increasingly globalized world.

This is a continuing course and is our most advanced class. New people enrolling in this course in 2020 may be assessed by the tutor before final acceptance.

MUSIC: ORCHESTRA, CHOIR, RECORDER, MUSIC APPRECIATION

20MUS001: Orchestra of U3A Hawthorn

Dates: 20/02/2020 - 19/11/2020

Thursday 10:00 - 12:30

Manager: Ken Jamieson

Frequency: Dates as specified

Location: St Mark's Church Hall



A full symphony orchestra which performs at least 3 concerts a year, as well a visit to a local primary school. Repertoire mainly from 19th and 20th centuries, with soloists, often young aspiring students or graduates. Rehearsal and

performance schedules will be sent out and placed on Orchestra website.
Student pre-requisites: Sight reading capability, some knowledge of orchestral practice, reasonable playing standard.
Details of rehearsal dates are provided on the Orchestra web site u3ahawthorn.org.au/orchestra/

20MUS002: The Gateway Singers

Director: Julie Lancashire

Dates: 11/02/2020 - 24/11/2020

Frequency: Weekly NCCSSH

Tuesday 10:00 - 11:45

Location: Parkview Room Camberwell Library



The choir, now known by its new name of The Gateway Singers, consists of approximately fifty members of varying experience and ability. Anyone with a love of singing, particularly in a group, is welcome to join. Some experience of choral singing is an advantage but not absolutely necessary. The Choral Director contacts all new members as a courtesy and to ascertain which section new members will join. Our repertoire ranges from Verdi to John Denver so there is something for everyone. Members are divided into the standard soprano, alto, tenor and bass sections but we sing four-part, three-part and two-part pieces. The Gateway Singers meet on Tuesday mornings from 10.00 until 11.45 in the Parkview Room at the Camberwell Civic Centre. A mid-rehearsal morning tea break enables members to socialise and get to know each other. We ask for regular attendance which is important in building individual improvement and developing the group's overall musicianship. We ask that notice of absences be given. The Gateway Singers give two major performances during the year as well as occasional smaller presentations. A standard dress is expected for these. Although it is preferable that all members are involved in performing, it is not obligatory.

20MUS003: Recorder Group

Tutor: Jeanette McArthur

Dates: 12/02/2020 - 25/11/2020

Frequency: Weekly NCCSSH

Wednesday 10:15 - 11:45

Location: Tooronga Community Room



Small recorder group, playing music from baroque to modern. Different levels of competence within Group. Instruments range from descant to bass. NB not for beginners Student pre-requisites: Ability to play recorder and read music. If you are interested in joining this course please email Carol Lancashire Course Co-ordinator courses@u3ahawthorn.org.au She will arrange for the tutor to contact you prior to your enrolment.

20MUS011: Grand Tour 6 Italian cities, Music & Art

Tutor: Roger Creed

Dates: 19/02/2020 - 25/03/2020

Frequency: Weekly (6 sessions)

Wednesday 11:30 - 13:00

Location: Hall SAC

A Grand Tour through 6 Italian cities; Music and Art". Some art appreciation, some guided listening with historical and personal contexts of artists and musicians. Based on personal travelling experience!

20MUS012: The Sacred Cantatas of JS Bach

Tutor: Roger Creed Dates:

22/04/2020 - 03/06/2020

Frequency: Weekly (6 sessions)

Wednesday 11:30 - 13:00

Location: Hall SAC

"I heard a voice from heaven; the sacred cantatas of J. S. Bach". Guided listening and personal and historical contexts. A little singing and some basic score

reading. Why is J.S Bach considered by many to be the greatest composer of all time? There will be no class on Wednesday 20 May as this is the U3A Hawthorn AGM.

20MUS013: Mozart goes to the opera

Tutor: Roger Creed

Dates: 22/07/2020 - 26/08/2020

Frequency: Weekly (6 sessions)

Wednesday 11:30 - 13:00

Location: Hall SAC

Mozart goes to the Opera; a guided survey of his mature Operas, with audio visual material, and a look at operas written by his contemporaries. Is Mozart the greatest composer/dramatist who ever lived?

20MUS014: Twilight of the Gods: Wagner

Tutor: Roger Creed

Dates: 14/10/2020 - 18/11/2020

Frequency: Weekly (6 sessions)

Wednesday 11:30 - 13:00

Location: Hall SAC

"The Twilight of the Gods; Wagner's music-dramas" A survey/guided listening course with plenty of audio/visual material. Why has Wagner (man and Musician) provoked such passion? I share this passion!!

20MUS015: Enjoying Opera

Tutor: Sam Alfreds

Dates: 06/03/2020 - 13/11/2020

Frequency: Weekly

Friday 13:30 - 15:30

Location: West Room SAC

Learning to differentiate and therefore enjoy opera styles of different periods of opera and their composers.

20MUS020: Jazz for Enjoyment

Tutor: Layton Moss

Dates: 19/02/2020 - 18/11/2020

Frequency: Weekly

Friday 13:30 - 15:00

Location: Hall SAC

Jazz appreciation from Ragtime to Big Band; from traditional to modern.

20MUS030: Composers and their Music

Tutor: John Byrne

Dates: 19/02/2020 - 18/11/2020

Frequency: 1st & 3rd weeks

Wednesday 14:00 - 16:00

Location: West Room SAC

A personal overview of the composers of the Western tradition and influences that shaped their work.

OUTDOOR: CYCLING, WALKING, BIRD WATCHING, GARDENING

20OUT001: Shorter Walks on Wednesday

Convenor: Garry Warne

Dates: 11/03/2020 - 11/11/2020

Frequency: Monthly 2nd week,

Wednesday 10:30 - 12:00

Location: Different locations

Meet at 10:15 at the starting point. Easy walks of 6-8km, conducted at a pace suited to our age group.

Student pre-requisites: Good walking shoes, day-pack and water-bottle are required; students bring own packed lunch. You will also be required to sign an Acknowledgement of Risks form on your first walk. Details of the walks will be available on the U3A Hawthorn website www.u3ahawthorn.org.au/walking.html

20OUT002: Metro Walks: Short Walks on Tuesday Convenor: Lorraine Doyle

Dates: 17/03/2020 - 17/11/2020 Frequency: Monthly 3rd week,

Tuesday 10:00 - 12:30 Location: Different locations

Easy walks of 6-8km in the Melbourne area. Where possible walks will be close to public transport and will start and finish at the same spot. There will be a morning tea break at a cafe (own cost). The walks will usually be from 10:00 until 12:30. Details of the walks will be on the U3A Hawthorn website www.u3ahawthorn.org.au/walking.html

Student prerequisites: Good walking shoes, day-pack and water-bottle are required. You will also be required to sign an Acknowledgement of Risks form on your first walk.

20OUT003: Wednesday Weekly Walk and Talk

Convenors: Elisa Lando & Janet Gromer

Dates: 12/02/2020 - 25/11/2020 Frequency: Weekly Course,

Wednesday 10:00 - 12:00 Location: Different locations

Weekly walks of approximately 6-10 km including time for a chat at a local cafe. Walks typically start from Central Park (located on corner Burke and Wattleree Roads, cafe side of Burke Rd opposite Central Park). There is plenty of parking at Central Park on Kingston Street.

Student prerequisites: Energetic walkers with reasonable level of fitness and capable of walking the distance over varied terrain. Participants need to complete an Acknowledgement of Risks form on the first walk.

20OUT004: Moderate Walking Group (13-14km)

Convenors: Eva Carew-Reid & Lily Adolphe

Dates: 26/03/2020 - 26/11/2020 Frequency: Monthly 4th week

Thursday 10:30 Location: Different locations

This group is a co-operative, self-help walking group, with members teaming up with other like-minded members to lead a walk of their choice – usually about 10–14 kms on un-paved pathways outside the Metropolitan area. Further details are provided on the Members website. Details of the walks will be provided on the U3A Hawthorn website <https://u3ahawthorn.org.au/walking.html>.

Participants need to complete an Acknowledgement of Risks form on the first walk.

Cycling Courses Pre-Requisites - applies to all cycling groups

Members must:

- Have good cycling skills
- The experience to cope with occasionally crowded cycle tracks
- Be prepared for and able to negotiate road traffic (although we try to minimise this)
- Have a suitable well-maintained road/hybrid bicycle. Ebikes and folding bikes are not suitable.
- Participate in at least 70% of the scheduled rides except where an extended leave of absence is agreed due to prolonged ill health, overseas travel or other reasons at the discretion of the convenor.
- A signed Acknowledgement of Risks form is required from each member of the group at the first ride.

Note: this is not an occasional recreational ride facility. Numbers are limited and members who do not participate on a reasonably regular basis may be excluded to make room for new applicants or existing applicants on the waiting list.

19OUT010: Munari Riders - Cycling

Convenor: Trevor White

Dates: 15/02/2019 - 07/02/2020

Frequency: Weekly

Friday 9:30

Location: Different locations

- Weekly rides usually around 65 kms, predominately on Melbourne bike paths.
- Rides usually start from the car park in Sinclair Avenue U3A at 9:30.
- Rides include morning tea and lunch breaks.
- There are also 1 or 2 weekend riding trips out of Melbourne during the year.

Members must:

- Be able to ride 65 kms at an average speed of 18 kms per hour
- Be prepared to lead or jointly lead at least one Friday ride during the year.

19OUT012: Tuesday Cycling Group

Convenor: Carol Lancashire

Dates: 12/02/2019 - 03/02/2020

Frequency: Weekly

Tuesday 9:30

Location: Different locations

- This group rides weekly all year, 30-50 km mainly on bike paths.
- Two overnight country rides are arranged each year.
- The rides usually depart from the Sinclair Avenue carpark.

Members must:

- Be able to ride 40km at an average speed of 16km/h.

20OUT014: Wednesday Cycling Group

Convenor: Rob Alexander

Dates: 05/02/2020 - 30/12/2020

Frequency: Weekly

Wednesday 9:00 - 12:30

Location: Different locations

- Rides are weekly on Wednesday mornings starting at 9.00am unless otherwise notified. Rides generally end around 12.30pm.
- There are also 1 or 2 weekend riding trips out of Melbourne during the year.

Members must:

- Be able to ride 60km at an average speed of 18km/h.
- Be prepared to lead or jointly lead at least one ride during the year

20OUT015: Monthly Sunday Couples Cycling Group

Convenors: Eva & Ian Carew-Reid

Dates: To be confirmed

Frequency: Monthly

Sunday: To be confirmed

Location: Different locations

Riding 30 –70 km mainly on bike paths around Melbourne with the possibility of weekend country ride if there is enough interest. Mostly starting from the Sinclair Avenue carpark, with a coffee stop a must and, depending on length of ride, lunch.

This group would start to ride over the summer.

Members must:

- be prepared to lead or jointly lead some rides.

20OUT020: Bird Watching Walks**Tutor: Pat Bingham**

Dates: 20/03/2020 - 20/11/2020

Frequency: Monthly 3rd week

Fri day 9:30 - 11:30

Location: Different locations

Gentle 2 hour walks in a variety of suburban parks to identify and learn about local birds, their behaviour and interaction with their environment. The first walk will be at Sinclair Avenue wetlands, subsequent venues in eastern suburban Melbourne will be decided and sent out to participants.

Student pre-requisites: Ability to walk (slowly) for 2 hours and to look up! Own binoculars to be used. You will be required to sign an Acknowledgement of Risks form at the first walk.

Marvellous Melbourne Walks Series - Introduction

Welcome to the eleventh year of discovery walks looking at some of Melbourne's rich heritage in its city and near suburbs. This year there will be a concentration of walks around the CBD and adjacent areas. Some of the walks are repeats of walks done during the past ten years with variations. To avoid the really hot weather, the walks begin in March and continue into May. Walks last for around two hours with frequent stops for descriptions and history. Generally speaking, walks are held regardless of the weather, come prepared. For each walk the starting point is close to a coffee shop and you may wish to come early for refreshments. At the end of the walk an inexpensive lunch place will be nominated for those wishing to stay. This is, of course, optional.

20OUT031: Marvellous Melbourne Walk 1**Tutor: Norman Fary**

Date: 03/03/2020

Frequency: Single

Tuesday 10:00 - 12:30

Location: Collins Street

Spring Street to Swanston Street Meet at the south west corner of Collins Street and Spring Street at 9:50 for a 10am start. Car parking is available in the area, but expensive. Tram or train (Parliament Station) is easy. This is a repeat of an earlier walk, but with several variations. The eastern end of Collins Street, sometimes called "The Paris End" has a rich history with some magnificent buildings.

20OUT032: Marvellous Melbourne Walk 2**Tutor: Norman Fary**

Date: 24/03/2020

Frequency: Single

Tuesday 10:00 - 12:30

Location: Collins Street

Swanston Street to Spencer Street Meet in the Town Hall portico at 9:50 for a 10:00 start. Car parking is available, but expensive, so use tram or train. This is a new walk in a street which has been the financial centre since the earliest days. Its buildings represent the best of the boom era (1880s) architecture as well as some outstanding contemporary architecture. The walk will finish at Southern Cross Station.

20OUT033: Marvellous Melbourne Walk 3**Tutor: Norman Fary**

Date: 07/04/2020

Frequency: Single

Tuesday 10:00 - 12:30

Location: West Melbourne

Meet at the south west corner of William and La Trobe streets (Flagstaff Station entrance) at 9:50 for a 10:00 start. This walk is an extension and variation on a similar walk which begins by exploring the significance of Flagstaff Gardens before exploring sections of West Melbourne. The walk will finish close to the

Victoria Market. Car parking is available in the area, but tends to be expensive. Public transport recommended.

20OUT034: Marvellous Melbourne Walk 4

Tutor: Norman Fary

Date: 28/04/2020

Frequency: Single

Tuesday 10:00 - 12:30

Location: South Carlton

Meet in front of the Trades Hall, corner of Lygon and Victoria Streets, Carlton at 9:50 for a 10:00 start. This is a new walk and includes a variety of significant private boom period houses, churches, and public buildings including The Exhibition Building. The walk will finish in Lygon Street, Carlton. Car parking is available, but tends to be short term and expensive. Tram to City Baths (Swanston Street) and walk east along Victoria Street to the Trades Hall.

20OUT035: Marvellous Melbourne Walk 5

Tutor: Norman Fary

Date: 05/05/2020

Frequency: Single

Tuesday 10:00 - 12:30

Location: Melbourne's lanes

Location: Melbourne's Lanes, Arcades, and Alleyways. Meet at the north-west corner of Flinders and Russell Streets at 9:50 for a 10:00 start. This walk is a major revision of a much earlier walk and seeks to explore some of the fascinating lanes and arcades of the CBD, to understand their significance in the development of the city as well as the contemporary fascination of some of the lanes for street artists. The walk will finish close to the corner of Lonsdale and Queen Streets. Car parking in Flinders Street or use the 70 and 75 trams.

20OUT036: Marvellous Melbourne Walk 6

Tutor: Norman Fary

Date: 15/09/2020

Frequency: Single

Tuesday 10:00 - 12:30

Location: Eastern Hill

Meet on the south-west corner of Albert and Gisborne Streets, East Melbourne (next to St Peter's Church) at 9:50 for a 10:00 start. Basically this is a new walk, although parts have been incorporated in past walks. Eastern Hill was, and still is, a fascinating area with a great variety of public and private buildings in this small pocket on the north-east of the CBD rectangle. The walk will finish at St Vincent's Hospital. Limited car parking in the area, public transport recommended - trams and Parliament Station (exit Lonsdale Street)

20OUT037: Marvellous Melbourne Walk 7

Tutor: Norman Fary

Date: 06/10/2020

Frequency: Single

Tuesday 10:00 - 12:30

Location: East Melbourne

Meet on the north-east corner of Clarendon Street and Wellington Parade (Hilton Hotel) at 9:50 for a 10:00 start (Melway 2G Tram 75). This is a variation of an earlier walk in this area. East Melbourne might almost be seen as an enclave on the very edge of the CBD. It has always been a highly sought after residential area and the great variety of building styles from the earliest days of the city reflects this. The walk will finish in Bridge Road, Richmond.

20OUT050: Gardening Group

Convenor: Clare Carlson

Dates: 10/02/2020 - 09/11/2020

Frequency: Monthly 2nd week,

Monday 9:30 - 11:30

Location: U3A Hawthorn Campus

This group meets monthly on the 2nd Monday of the month to work on the

Sinclair Avenue Campus gardens. This may involve planting, weeding, pruning, watering etc. The Council maintains and mows the lawn area. A flexible watering roster over the summer months may be necessary.

20OUT060: On a roll - Lawn Bowls for Beginners Tutor: Auburn Bowling Club

Dates: 13/02/2020 - 12/03/2020 Frequency: Weekly (5 sessions)

Thursday 10:30 - 12:00 Location: Auburn Bowls Club

Experienced players at Auburn Bowls club will tutor a 5 week lawn bowls for beginners course at 2B Munro Street Hawthorn East - There is a small charge of \$5 per person per session to cover venue and equipment hire and morning tea break - paid directly by each person to the club.

20OUT061: Continuing to Roll - Lawn Bowls Tutor: Auburn Bowling Club

Dates: 19/03/2020 - 16/04/2020 Frequency: Weekly (5 sessions)

Thursday 10:30 - 12:00 Location: Auburn Bowls Club

- Experienced players at Auburn Bowls Club offer a 5 week continuing lawn bowls course. - There is a small charge per person per session to cover venue and equipment hire and morning tea break - paid directly by each person to the club.

PHILOSOPHY

20PHI006: A Bit of Philosophy

Tutor: Laurance Splitter

Dates: 11/06/2020 - 30/07/2020 Frequency: Weekly (8 sessions)

Thursday 11:30 - 13:00 Location: West Room SAC

An exploration (i.e. presentation and discussion) of some familiar but puzzling philosophical questions. Drawing on ideas through the history of philosophy and focussing on contemporary world issues, participants will be invited to reflect on topics in ethics, metaphysics, epistemology (theory of knowledge), philosophy of mind and philosophy of science, logic, and political and social philosophy.

Questions to be examined could include: How do we judge what is the right thing to do? What does "right" mean anyway? (Contemporary examples: climate change, abortion, same sex relationships, assisted dying, freedom of religion....)

Do we humans have minds as well as bodies? What are minds? Could robots and computers have (self) consciousness? Can reason alone yield knowledge of the world or of ourselves? What makes a reason/reasoning good or bad? What counts as knowledge and how does it differ from mere opinion? Is genuine knowledge even possible? Is there even such a thing as truth in a world full of "fake news"?

20PHI008: Philosophy Discussion Group

Tutor: Anne McQueen-Thomson

Dates: 18/02/2020 - 17/11/2020 Frequency: 1st & 3rd weeks

Tuesday 13:15 - 15:00 Location: West Room SAC

This year the class will explore solutions that accord with the philosophical discipline of ethics to current social and global problems. The problems to be addressed will be decided at the first meeting. Each member will be expected to contribute information to a session of their choosing. At the first meeting we will also discuss part of Bertrand Russell's Problems of Philosophy; copies of this are available at Reception. Maximum number of enrolments 19

PRIORITY

This is a priority enrolment course. Members of this course in 2019 will be given priority if they pay membership and enrol before 29 November 2019. All enrolments between 18 and 29 November will be waitlisted.

20PHI011: Philosophy Unlimited

Tutors: Philosophy Committee

Dates: 14/02/2020 - 27/11/2020

Frequency: Weekly

Friday 9:30 - 11:00

Location: Hall SAC

An interactive examination of philosophers both old and new - their ideas and relevance to the modern world. This course is run by a committee of 4 - Jane Bentley, Daryl Wayland, David Sheppard, Vin Underwood.

RUSSIAN

20RUS001: Russian - Beginners

Tutor: Jill Scurfield

Dates: 13/02/2020 - 26/11/2020

Frequency: Weekly

Thursday 10:00 - 11:30

Location: Private Hhome Burwood

Take the plunge. Learn the Russian alphabet and simple vocabulary in a supportive small group with ample practice. This course is for people with no prior knowledge of the Russian alphabet and language. Applicants will be contacted by the tutor in January 2020.



20RUS002: Russian - Continuing

Tutor: Jill Scurfield

Dates: 11/02/2020 - 24/11/2020

Frequency: Weekly

Tuesday 10:00 - 11:30

Location: Private home Burwood

Take your Russian studies to a new level. You will already have mastered the alphabet, simple grammar and texts. Use your command of Russian to explore the world of Russian thought and culture, while improving your reading ability. Content will be tailored for group members.

SCIENCE, MATHEMATICS & PSYCHOLOGY

20SCI001: Why is it so?

Tutors: Norm Ellis & Brian Amey

Dates: 13/02/2020 - 26/11/2020

Frequency: Weekly

Thursday 9:45 - 11:15

Location: North Room SAC

A Science behind the News look at earth and space science topics, issues and developments, and natural disasters such as earthquakes, volcanoes and tsunamis. Join us for a potpourri of video presentations and class discussions prompted by events in the news, as we painlessly enhance our understanding of the underlying science. NB. A scientific background is not necessary.

20SCI002: Everyday Science Series

Tutor: Linda Baynham

Dates: 02/03/2020 - 02/11/2020

Frequency: Monthly 1st week

Monday 11:15 - 12:45

Location: West Room SAC

This is science for non-scientists and possibly even a few scientists. Science does not need to be scary! Learn how much science is a part of our daily lives and gain insight into its importance and relevance. Each month, the presentation will focus on a major topic and also include discussion of some current scientific news items.

Dates for 2020: 2 March, 6 April, 4 May, 1 June, 4 July, 3 August, 7 September, 5 October, 2 November

20SCI003: Getting to know Gardiners Creek

Tutor: Pam Welsford

Date: 21/10/2020

Frequency: Single

Wednesday 11:30 - 1:00

Location: West Room SAC

The Hawthorn U3A is beside Gardiners Creek. As an urban creek it is not free flowing but highly managed. This session will review ways this urban creek is managed and the role of the wetlands beside the U3A in improving the water quality. Using microscopes, we will examine the Gardiners creek water for living organisms, variety gives some idea as to the health of the creek.

20SCI004: Understanding advances in biology

Tutor: Ian Bentley

Dates: 14/02/2020 - 26/06/2020

Frequency: Weekly (19 sessions)

Friday 9:45 - 11:15

Location: West Room SAC

This course will begin with the basics and proceed progressively to explore advances in a range of biological disciplines; including genetics, immunology, cell biology and biochemistry to help participants understand recent developments in health and medicine, biotechnology, pharmaceuticals, forensic science, agriculture and environmental management. Content will be linked to current media articles and reports and follow the interests of participants.

20SCI020: Maths for Everyday Life

Tutors: David Bennett & Sue Brink

Dates: 17/02/2020 - 16/11/2020

Frequency: Monthly 3rd

Monday 11:15 - 12:45

Location: West Room SAC

We all use maths every day and in these sessions, we will look at some of the many interesting, practical and useful aspects of maths as applied to all our lives. Maths does not have to be difficult or mysterious! Topics to be covered include measurement (eg calculating areas and volumes for various applications), probability, financial maths, the secrets of mental arithmetic, maths in traffic behaviour and some gentle calculus. Participants will be invited to suggest areas of interest in their first class and bringing a smart phone or tablet for use as a calculator is recommended.

SPANISH

20SPA001: Starting out in Spanish

Tutor: Carlos Serrano

Dates: 17/02/2020 - 23/11/2020

Frequency: Weekly NCSSH

Monday 11:30 - 13:00

Location: Room 1 SAC

Students will learn to construct basic simple phrases, mainly using verbs in the infinitive form. The phrases will enable the students to acquire and use, on a daily basis, some Spanish vocabulary. Students will become acquainted with cultural information from Spain and South America: music, literature, general commentaries, etc. This course is for people with very basic or no prior knowledge of Spanish. Participants are asked to purchase the following books: Collins Spanish Dictionary, pocket Edition. Available at Readings Bookstore Berlitz Spanish Phrase Book & Dictionary.

20SPA003: Spanish for Travellers**Tutor: Laurie David**

Dates: 13/02/2020 - 12/03/2020

Frequency: Weekly (5 sessions)

Thursday 9:45 - 11:15

Location: South Room SAC

If Spain or South America is on your bucket list you'll enjoy more with some basics in Spanish. This course is intended for beginners to help you with essentials like ordering meals or asking directions. We will cover essential pronunciation and useful travel phrases but the grammar will be just the basics. We will also learn about some Spanish-speaking countries, particularly Ecuador and Peru, where the tutor lived and travelled.

Suggested text: Lonely Planet's "Fast Talk" for Spanish.

20SPA005: Advanced Spanish Conversation**Tutor: Rosella Flavell**

Dates: 10/02/2020 - 23/11/2020

Frequency: Weekly

Monday 9:45 - 11:15

Location: Room 2 SAC



This is a self-managed class. Students will be encouraged to talk about subjects of their interest and/or experience. Students also take it in turns to share articles and/or short stories sourced from books, magazines, newspapers and the internet which can be read aloud and discussed by the class.

Student Prerequisites: knowledge of Spanish at conversational level.

TRAVEL

The Armchair Travel Series is held monthly, usually on the last Thursday of each month. Convenor: Daryl Wayland. Details of further sessions will be posted on the Membership website.

20TRA001: Armchair Travel - Russia**Presenter: Lily Lau**

Date: 27/02/2020

Frequency: Single

Thursday 13:30 - 15:00

Location: Hall SAC

20TRA002: Armchair Travel - Panama Canal & Chichin Itza**Presenter: Rod Jones**

Date: 19/03/2020

Frequency: Single

Thursday 13:30 - 15:00

Location: Hall SAC

20TRA003: Armchair Travel - Cape York**Presenters: Elizabeth & Eric McKay**

Date: 30/04/2020

Frequency: Single

Thursday 13:30 - 15:00

Location: Hall SAC

20TRA004: Armchair Travel - Bhutan**Presenter: Judy McPherson**

Date: 28/05/2020

Frequency: Single

Thursday 13:30 - 15:00

Location: Hall SAC