

U3A HAWTHORN

Moderate Walking Group – July to November 2020

Co-ordinators: Eva Carew-Reid & Lily Adolphe Ph: 0488 077 518 & 0405 435 480

The Moderate Walking Group is a co-operative, self-help group with members offering to lead a walk of their choice. This is the best way to involve everybody and provide a far wider range of options. The co-ordinators are ready to suggest and help to plan walks with members. Thank you to all our leaders for this programme.

Fitness:	Participants need the fitness necessary to make the distance specified for each walk at a pace to keep up with the group.
Bookings:	It is necessary to book with the leader of each walk.
Meeting Points/Time:	10.15am for 10.30am start (unless indicated otherwise).
Transport:	Members needing assistance with transport, please contact the walk Leader.
Name Badges:	Wear name badges on all walks, with emergency details completed.
Gear:	Wear strong walking shoes or boots and carry warm/waterproof clothing or sun protection as appropriate & also bring your Senior's card.
Lunch:	Bring your own cut lunch, drink, and a water bottle.

Thursday 23 July 2020. Eltham to Diamond Creek (Return), Eltham.

An easy 12 km walk along Diamond Creek on sealed paths or grass. This is a picturesque walk along the creek with flowering Wattles along the way. Meet at Eltham Station at 10.15 am for a 10.30 am start.

Getting there: By Train – Catch the 9.20 am Hurstbridge train from Flinders Street station or 9.29 am from Parliament station which arrives at Eltham station at 10.15 am.

By Car - Go down Canterbury Road, turn left on Elgar Road, at the end of Elgar Road, turn right on Doncaster Road, then left on Williamsons Road (47) which becomes Fitzsimons Lane (47). At the roundabout, turn right into Main Road (44) towards Eltham. Continue along Main Road, turn left after Prior Street (on right) to access Car Park near Eltham station. More parking available at Eltham Central Park.

Melway Ref: 21 J4

Leader: Eva Carew-Reid. Phone/SMS: 0488 077 518 or Email: evajc-r@bigpond.com

Thursday 27 August 2020. Cape Woolamai and Churchill Island, Phillip Island.

An 8 km circuit walk which starts from the Woolamai Beach Surf Lifesaving Club walking along a combination of 3 Cape Woolamai walking tracks which passes through coastal forest, a State Faunal Reserve and granite quarry. Churchill Island is a short drive from Cape Woolamai, it has a couple of easy walks. A 2.5 km North Point Loop or a 5 km stroll around the island. The island is accessible via a narrow bridge from Newhaven and is famous for its Highland cows, Cape Barren geese, historic homestead and Grants Monument.

Getting there: From Melbourne, drive South-East to Phillip Island. After crossing the bridge, turn left into Woolamai Beach Road which ends in the Woolamai Beach Surf Lifesaving Club carpark. Meet near the club/kiosk.

To Churchill Island, leave Cape Woolamai and drive to end of Woolamai Beach Road, turn right into Phillip Island Road, then turn left into Samuel Amess Drive. Go over the bridge (single lane) and park near the Café/Information Centre.

Melway Ref: 732 H10 or 734 D12. Churchill Island 732 H6.

Leader: Judy Collins. Phone/SMS/Email: 0422 506 697 or judycollins7@gmail.com

Thursday 24 September 2020. The Plenty River Trail, Greensborough to Heidelberg.

An easy 12 km urban walk from Greensborough station along the banks of the Plenty River to Heidelberg station.

Getting there: Catch the 9.48 am Hurstbridge train from Parliament to Greensborough (ETA 10.26 am).

Melway Ref: 20 K2

Leader: Marg Deighton. Phone/SMS 9818 4933 or 0438 712 311.

Thursday 22 October 2020. Wilhelmina Falls, Murrindindi.

Wilhelmina Falls are the highlight of this 12.9km medium grade circuit walk. They descend some 75m across a steep and slippery granite rock face. After visiting the falls the walk follows old forestry tracks. The falls are 92 kms from Melbourne.

Getting there: Follow the Maroondah Highway to Lilydale, then onto Coldstream. Vere left along the Melba Highway and continue north for 38 kms to the small town of Glenburn. Follow the highway north for a further 6 kms, then turn right just before Devlin's Bridge into Murrindindi Road and continue south-east a further 10 kms to the Murrindindi Scenic Reserve. Park at the Suspension Bridge Car Park on the left.

Melway Ref: X910 R10

Leader: Franz Hanke. Phone: 9890 5718, [0431 814 755 on day of walk].

Thursday 26 November 2020. Merricks to Red Hill and Return, Mornington Peninsula.

A pleasant 13 km walk through varied farmland with good views across open, undulating fields. Glimpses of Westernport, Phillip Island and the Nobbies are highlights of the early section of the track. The second half of the track follows the easement of the former railway and is more shaded with an easy gradient. The track surface is unsealed, mainly in good condition but with some areas of loose gravel and protruding tree roots. Walking poles could be useful. Lunch will be in the park at Red Hill before returning the same way.

Getting there: From Camberwell, take the Monash Freeway southbound to Exit 19 and join the M420. At the intersection with South Gippsland Hwy continue straight ahead to join the M780, Westernport Hwy (aka Dandenong-Hastings Road). Continue along this road to its intersection with C777 Frankston-Flinders Road. Turn left and continue several kilometres to the Station Ground

Recreation Reserve (Merricks Pony Club) on the right. If you pass Merricks General Wine Store, you have gone too far.

Alternatively:

From the Peninsula Freeway, take Frankston-Flinders Road to Station Ground Recreation Reserve (Merricks Pony Club) close to Merricks General Wine Store (3460 Frankston-Flinders Road). There is adequate parking just inside the main gate near the mobile phone transmission tower. Toilets are located here and at the lunch spot.

Melway Ref: 192 F9 [Also see pages 13 & 17 for area maps].

Leader: Anne & Jeff Lodge. Phone/SMS: 0408 001 893 or 0417 031 082.