



# Do you live with dementia, or care for someone living with dementia?

Recruiting participants across Australia now for this **free telehealth trial**

**HOMESIDE** is an international study investigating the effects of **music** and **reading** activities for people living with dementia and their family caregivers.



*“... the opportunity to experience shared meaningful time together”*

In partnership with



Please click [here](#) to register your interest



### WHO IS THE STUDY FOR?

This study is for people living with dementia and their family (or informal) caregivers. You can participate in the study if:

- You or your loved one has a diagnosis of dementia OR significant memory problems
- You are or you have a family caregiver
- You live together at home

### DURING THE HOMESIDE PROJECT:

- Everything will take place face-to-face (via an online mode)
- You will participate in the study for 6 months
- You will receive training from experienced professionals to use music or reading activities at home
- You both will be asked to fill out questionnaires at 3 time points

### THE MUSIC AND READING PROGRAMS WILL:

- Be tailored to your individual preferences and needs
- Offer opportunities to share meaningful moments together
- Support you to use reading and music in your daily life
- Offer opportunities to sing together, to listen to music and stories, to dance, to play music, to read, and to communicate with each other



**TO FIND OUT MORE ABOUT PARTICIPATING, SIMPLY CONTACT US**

[homeside-australia@unimelb.edu.au](mailto:homeside-australia@unimelb.edu.au)

(03) 9035 3057

[www.homesidestudy.eu/australia](http://www.homesidestudy.eu/australia)