



U3A HAWTHORN NEWS

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VICTORIAN CONFERENCE 1990

From 10th to 12th July 220 U3A members from 20 different U3As in Victoria met together at Deakin University (just outside Geelong). And these members did actually meet one another. More than half of them stayed in the student quarters at the University in units which had central areas with comfortable seating, a stove, toaster and electric kettle, also tea, coffee and biscuits. For those who did not live in, there was a large coffee room near the lecture theatre which was a great meeting place for everybody. It was this excellent provision of pleasant surroundings in which to meet which created such an atmosphere of friendliness and sharing of ideas.

The major addresses were delivered by :

Dr. Jack McDonnell spoke on the topic "U3A - Present Position and Future Prospects" and used the topics set down for the workshops as a basis for his talk. These included "Remembrance of Things Past", "See How We Run", "Is It Time?", "Where in the World Are We?", "Is It News?", "Its Not Just What You Know" and "Holiday Hiatus".

The address was a triumph of lucidity and covered the past, present and future aims of the U3A in Victoria.

Dr. Terry Seedsman spoke on "A Mind not Wasted - the Social Value of U3A". He stressed that there was no exhilaration like that of a mind stretched to its full potential. We must live our lives to the full, and make the effort required for a sensible approach to ageing. Challenge again was the operative word - to risk - to try - to venture.

Professor Max Charlesworth spoke on "Third Age Philosophies". He contended that everybody was a philosopher - we think continually about ethics and the best life for human beings to lead. He also covered such topics as In Vitro Fertilisation, Ways to Die, Medical Technology including Euthanasia, Subjects we think about extensively and discuss, There is a clear need for Ethics in an Intelligent Society, for we must try and keep abreast of Contemporary Thinking. His main advice was to study closely and really learn something about your subject.

U3A Hawthorn, 24 Wakefield Street. Telephone: 818 7371

He quoted Bertrand Russell who says that we must show vitality and courage, have many interests and show emotion and sensitivity to understand and to know. Above all, we must become aware of our learning powers in order to achieve confidence. Whatever you can do - do it - don't delay.

The Hon. Neil O'Keefe, M.H.R., Federal Member for Burke, spoke on "Older People in the Life of the Community". In his opinion the following issues should be explored: Resources of the Third Age being under-utilized; The community as a whole living longer and retiring earlier; The question of human rights - in particular the rights of older people.

It is a well known fact that our age group is a product of the work ethic so we were not trained to use leisure. Consequently, in his opinion, the legislation regarding compulsory retirement should be abolished to allow older people to spend the last years of their working life training and helping young people.

The workshops stimulated much worthwhile discussion.

There was an exhibition of art by U3A members which attracted a great deal of attention and a number of sales.

After dinner on Wednesday Gordon Bryant presided over a somewhat unruly "U3A Challenge" quiz session.

Thursday morning was devoted to an open forum where we learnt much about the unique U3A Geelong "network" and its outreach, heard wise words about U3A's relationship to other organisations and after the Network President gave the closing address, we held the Conference Lunch - our final meal together.

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KEYS FOUND AT GEELONG CONFERENCE

Two keys one ring - bearing the name "SILCA" - were found at Geelong. If they are yours, please contact Tom Timpson on 890 2511.

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INTERNATIONAL CONFERENCE OF U. 3 A's HULL (QUEBEC), CANADA SEPTEMBER 21 -23, 1990

If you are interested in attending this Symposium, there is full information with regard to Speakers and Topics available in the office.

THERE IS ANOTHER WAY - PARTICIPATION IS THE KEY

LECTURING TO AN AUDIENCE CAN BE TIRESOME.
READ HOW AN AUDIENCE CREATES ITS OWN INTEREST
AND DIRECTION.

Fred Rosedale, New Physics and Philosophy Convenor, was excited when asked about a new style he has introduced to his learning and discussion group. Fred said, "For several years I had delivered straight lectures on this complex and thought-provoking topic. I was mindful that I carried the full responsibility and, at times, I found it trying. I noticed, too, that the attention of participants wavered. There was minimal personal interaction in the group so I concluded there had to be a better way.

By chance, I met a person who suggested that a facilitator and discussion leader could lead the group sessions whilst I could become the principal resource to answer the more complex and technical questions. The plan encompassed rotating the facilitator and discussion leader every three weeks with a volunteer from the group."

When questioned further about the outcome Fred replied, "The response from participants has been overwhelming. The facilitator poses questions about the topic instead of lecturing and members of the group respond by expressing their personal insights and knowledge. Inter-action has accelerated, everyone is alert and attentive, inter-personal competence has improved and altogether the experiment has been an outstanding success. Each week the group members are becoming more involved in the discussions and the momentum is increasing dramatically. I'm enjoying it more because as a resource person I can listen carefully to everyone's responses. I have found a new zest and can scarcely wait for the next group meeting. I'm growing with the group and feel very much a part of its development."

So, Fred has found a better way. It may require experimentation and risk-taking but his boldness has proved a point. Don't you agree?

U3A NETWORK

In the early stages of U3A a grant from the A. & M. Moore Bequest was held in Trust for U3A-Victoria by ACOTA. In July 1988 remaining monies were transferred to the newly incorporated network by Kim Bright on behalf of ACOTA. In August 1988 ACOTA was notified that the funds had been received and the sum of \$4,000 per annum from the Colin Badger Trust would be paid to the Network by CAE. This was an unsolicited gesture on behalf of CAE. However, this grant was not continued beyond the end of 1989, although some accumulated funds still exist. Of these, \$5,000 will be invested.

At present CAE still offers sponsorship in kind to the Network for shared office space with U3A City Campus and meeting rooms for large council meetings, etc. Running expenses cover postage, telephone calls, printing and basic office requisites (travel not being mentioned). The proposal is that a levy of 50c per member of established U3As be applied. New U3As would not be levied in the first year. This possibly means that a sum of approximately \$1,000 would have to be found. These suggestions are open for discussion at the present time.

INVITATION

Attached to Bayside U3A's last Newsletter is an invitation to any members who would like to attend their next Forum which will be held on 4th October, 1990 at 10.00 a.m. at the Moorabbin TAFE College (Northern Annexe), 488 South Road, Moorabbin.
If you would like to attend, please give your name to the office.

CONGRATULATIONS

Our sincere if somewhat belated congratulations to Anna Ghiurekian, our French Conversation tutor, who competed in the Championnat d'Orthographe de Bernard Pivot 1989 which is a Spelling Championship for French-speaking people. In October 1989 Anna became the Champion Senior Professional for Australia, the prize being a trip to Paris in order to sit for the finals. Much to everyone's delight Anna won the section for residents of non-French-speaking countries, such as Australia. The prize was the five volumes of the New Illustrated Grand Larousse Dictionary and a large map of the old world, ordered by Louis XIV in 1660.

CURRENT COURSES

Although a class may be full, people do have to withdraw for various reasons, so a waiting list is kept for each course.

PLEASE NOTE: ANY MEMBER WHO IS ABSENT FROM A CLASS FOR THREE CONSECUTIVE WEEKS WITHOUT NOTIFYING THE OFFICE, OR YOUR TUTOR, WILL BE DEEMED TO HAVE WITHDRAWN.

ART APPRECIATION Convener: Sue Van Dorssen

HISTORY OF EUROPEAN ART

18th - 19th Centuries

20th August - 3rd December, 1990

The course will continue from the later 18th Century to the mid 19th, illustrating the increasing diversity in the arts - a reflection of social and political change throughout Europe.

Mondays, 1.30 p.m., 24 Wakefield Street.

ART HISTORY Convener: Martin Merchant

The reason and need for art expression in the changing generations of mankind will be developed, together with an appreciation of the styles, methods and materials used.

Fortnightly, Tuesdays, 2.00 p.m., 24 Wakefield Street.

ART - PRACTICAL Convener: Margaret Gillespie-Jones

A self-help group doing oils, watercolour, pastels or other medium.

Everything is very low key. Suggestions are made if asked for. Still life is set up weekly. Anyone may make suggestions. Occasionally there are discussions on exhibitions visited by the tutor or members.

Thursdays, 1.00 p.m., Hawthorn Artists' Society, Cnr. Glenferrie & Manningtree Roads, Hawthorn.

ART - "THE 3-SIDED RELATIONSHIP - ARTIST, SUBJECT & VIEWER"

Programme of eight talks at the National Gallery of Victoria by Edith Santer (ex N.G.V. Voluntary Guide) on last Thursday of the month at 10.30.

The last two for this series are as follows:

Flemish Art

25th October

Prints or Drawings

29th November

Course FULL

BIOLOGY, PSYCHOLOGY & THE PURPOSE OF LIFE Convener: Trevor Moffat

An on-going programme which will focus upon different books throughout the year. Each book will be set by the group and based on resolving life issues such as anxiety, stress and despair.

Mondays, 12.30 p.m., Recreation Centre, next to swimming pool.

BOOK DISCUSSION GROUP - CONTEMPORARY WRITERS AND SOCIETY

Tutor: Pamela Rogers

This course should appeal to both men and women who enjoy reading and are interested in lively and thought provoking discussion on subjects such as the relationship between the writer and society, concerns of modern men and women as they are explored in contemporary writing, and aspects of writing style as a means of communicating ideas and emotion. The course has primarily been concentrated on modern women writers from different countries, with the gradual introduction of short stories and poetry. In 1990 classical novels of the past will also be studied.

A book list will be provided. Tuesdays, 9.30 a.m., Wakefield Street.

COMPUTERS - AN INTRODUCTION Convener: Vic Kennedy

A 5-week course to give you an insight into computers including the language used in this field and an opportunity for "hands-on" experience.

Tuesdays, 10.30 a.m., 89 Power Street, Hawthorn, commencing 16th October, 1990

Course FULL.

CONTRACT BRIDGE Convener: Bill Zimmerman

An introduction to this fascinating game. It is necessary for there to be at least twelve students to make the course viable.

Mondays, 2.00 p.m. Recreation Centre, next to swimming pool.

CURRENT AFFAIRS - AUSTRALIA & THE WORLD Convener: Wolfe Flack

This is a discussion group in which all members are encouraged to participate. Class members select items of interest for discussion from newspapers, radio and television. Guest speakers may attend and give their views on specific subjects.

Thursdays, 10 a.m., Uniting Church, 8 Power Street, West Hawthorn.

CURRENT AFFAIRS - SOUTH-EAST ASIA &

PACIFIC COUNTRIES Convener: Jean Aikenhead

Discussion of current events in our own area, with some brief background study of appropriate countries - a participatory discussion class where all are expected to contribute. As time allows, other areas of particular interest will be included - e.g. Namibia.

Tuesdays, 10.30 a.m., Balwyn Library.

Course FULL.

DRAMA FOR FUN Convener: Rion Jennings

Theatre skills - voice and movement. Students would be asked to share experiences from their own lives from which a drama could be improvised. Thursdays, 9.30 a.m., Wakefield Street.

DRESSMAKING Convener: Patricia Morris

This is an opportunity for ladies with sewing skills to enjoy a pleasant few hours with others who have the same interests under the guidance of an experienced teacher supervisor.

Fridays, 11.30 a.m. Wakefield Street.

Course FULL.

EXPLORING YOUR NEIGHBOURHOOD

Walks and talks with Gwen McWilliam, author of 'Hawthorn Peppercorns'.

This is a series of walks focussing on the history and development of local village centres: their churches, schools, shops and government buildings, and the homes, gardens, highways and byways nearby.

The walks planned so far are in the following areas, and will start at the Melway points at 1.00 p.m.:

21/8/1990 Hawthorn Village - Denham/Wood Sts. 44 K9

4/9/1990 Kew Village - Fenton Avenue carpark 45 C6

18/9/1990 Deepdene Village - Deepdene Rd/Peverill St 45 K8

2/10/1990 Rathmines Village - Harcourt St near Rathmines Rd 45 G9

16/10/1990 Auburn Village - Goodall St/Oxley Rd 45 F11

30/10/1990 Camberwell Village - Campbell Gv/Havelock Rd 59 H1

If interest sustained, Glenferrie, Glen Iris, Tooronga, Balwyn and Canterbury Villages might follow.

They are usually of 1 to 2 hours, but can be planned in concentric circles so that member can drop out along the way.

Course FULL.

MAH-JONG FOR BEGINNERS: A fascinating Chinese game popular in many countries. Lois Thomas has offered to teach the simple method played by most Chinese. Bring your own mah-jong set if possible. Fridays, 1.45 p.m., Wakefield Street.

MUSIC - AS ONE LIKES IT Convener: Ven Houston

This course is a general (not progressive) study.

New students welcome at any time providing the quota is not full.

Tuesday, 12 noon, Hawthorn Community House,

Course FULL.

NEW PHYSICS & PHILOSOPHY Convener: Fred Rosedale

In Search of Meaning

This course will place various new scientific findings in their philosophical contexts and explore their consequences.

Tuesdays, 2.30 p.m., Recreation Centre, next to swimming pool.

LANGUAGES

French (Beginners) Convener: Walter Butler

Tuesdays, 1.15 p.m., 24 Wakefield Street.

French (2nd Year) Convener: Adele Chambers Course FULL

This course is for students who have already done one year with U3A, or equivalent. It includes some grammar, writing exercises & conversation

Fridays, 1.30 p.m., 24 Wakefield Street.

French Conversation Convener: Anna Ghiurekian

Reading of contemporary French texts from literature or magazines - explanation of vocabulary and points of grammar.

Mondays, 10.30 a.m., 24 Wakefield Street.

German (Continuing) Convener: Ken Bandman

This course is attempting to encourage the student to face (linguistically) various situations. Members should be willing to prepare written homework for correction and class discussion.

The current course will finish on 26th July and resume on 4th October.

Thursdays, 11.30 a.m., 24 Wakefield Street.

Italian (Beginners) Convener: Maurice Berah

Mondays, 9.30 a.m., Recreation Centre, next to swimming pool.

Italian (Continuing) Convener: Maurice Berah

Mondays, 11.00 a.m., Recreation Centre, next to swimming pool.

Japanese (Beginners & 1st Year) Convener: Joyce Berdy

Beginning to read and write Japanese and an introduction to grammar.

Mondays, Beginners, 10.-00 a.m., 24 Wakefield Street.

1st Year, 11.00 a.m.

Japanese (Intermediate I & II) Convener: Geoff Matenson

Intermediate I Text Book: Alfonso Nihongo Vol. II

Course will be based on Alfonso Nihongo Vol. II with additional material supplied as required. Japanese syllabic writing will be practised (hiragana and katakana) and some Sino-Japanese characters (kanji) will be introduced.

Mondays, 12.30 p.m., 24 Wakefield Street.

Intermediate II. Text Book: Alfonso Nihongo Vol. III

Course will be based on Alfonso Nihongo Vol. III with additional material supplied as required. Familiarity with kana is essential in order to understand the textbook. Kanji will be introduced at least as prescribed in the text.

Mondays, 2.30 p.m., 24 Wakefield Street.

Note: In both classes easy conversation will be practised. Members should be willing to prepare written and conversational homework class discussion.

Latin (Continuing) Convener: Helen Gordon

The class shall be reading Cicero - Verres in Sicily and probably Aeneid Book 2.

Wednesdays, 11.00 a.m., 24 Wakefield Street.

NEW ECONOMICS Convener: George Charles

This discussion group is free from figures and is in plain language that all can understand. Its aim is to seek a greater awareness of the world about us by looking at the history and the background of economic systems at home and abroad. Next course starts on 6th September.

Thursdays, 11.30 a.m., Wakefield Street.

NUTRITION & HEALTH Convener: Greta Burman

We are continuously subjected to enticing food advertisements and articles on miracle diets. The course is designed to help us distinguish between fact and fiction, plan and enjoy a healthy diet. Topics include nutrients; how does the body make use of food materials; production of energy and maintenance of body tissues; importance of minerals and vitamins; effect of deficiency and excess; cooking and food processing; reducing diets; misconceptions.

Tuesdays, 10 a.m., Wakefield Street, commencing 28th August.

PSYCHOLOGY/SOCIOLOGY Convener: Alex Gale

In this course a book is studied whose content covers social, philosophical and psychological issues. The aim of the group is to increase awareness and discuss how old and new concepts affect our behaviour and well being. Book studied in 1989 was Marilyn Ferguson's "The Aquarian Conspiracy".

Wednesdays, 12.30 p.m., Recreation Centre. Course FULL.

SOCIAL ISSUES

Conveners: M. Black, G. Triaca and J. Jackson

An on-going course with speakers followed by discussion & question time.

The various speakers cover a range of subjects such as comparative religion, multi-culturalism, racism, family law, common law, adoption, abortion, education, travel, child abuse, and many more.

Members are also invited to participate and talk about their life experiences or subjects of their choice if they so wish.

Wednesdays, 2 p.m., Recreation Centre.

Course FULL.

THOUGHTS AND IDEAS

An informal group, led by Beryl French, discussing thoughts and ideas relevant to today's society.

Fridays, 9.30 a.m., 24 Wakefield Street. Course FULL.

TRAVEL Convener: Betty Burstin

An informal group discussing all aspects on independent/unusual travel.

Group participation is welcomed. Occasional guest speakers will be invited to talk on their experiences.

Last Wednesday of each month, 5.00 p.m., Wakefield Street.

TURNING POINTS Convener: John Balfour

This course will be a combination of future studies and environmental studies and it will explore those aspects of social and technological changes which affect the planet, our individual existence and our quality of life. Wednesdays, 1.30 p.m., Tresise Centre, comm. 3rd October.

NEW COURSES

EVOLUTION Convener: Frances McCallum

The course will comprise a discussion of the various theories which have been advanced to explain the amazing diversity of living things, culminating in Darwin's Theory of the Origin of Species by Natural Selection. It will summarise the evidence on which this theory is based and will discuss the forces which Darwin believed influenced the evolutionary process. We will also discuss some of the modifications to Darwin's theory which have been developed in recent years.

Thursdays, 10.00 a.m., Wakefield Street, commencing 4th October, 1990.

PHOTOGRAPHIC WORKSHOP

Cyril Handoll has offered to conduct a half-day workshop open to any level of skill from beginner to advanced, of three hours duration, consisting of:

An introduction to photographic materials, both print and slide.

A series of slides showing basic composition & better camera technique.

Participants may bring prints, slides and cameras for use in discussion.

PUBLIC SPEAKING Convener: Bob Gardner

This course will cover six meetings as follows:

1. Speaking is conversation. Talking about things you know. Overcoming stage-fright, nerves, fear. Facing an audience with confidence. How to stand. Practice in making a very short speech.
2. Discovering and developing topics. What to talk about - not talk about. Talking in terms of others interests. Involving the audience. More practical work in speech making. Learning to relax.
3. Composition of a speech - introduction, narrative, conclusion. Speaking with enthusiasm. Use of humour, quotations, reminiscences, personal experiences. Colour in a speech. Repetition. Driving home points. Practical: Short speech on any topic.
4. Voice development. Breathing. Volume. Fast and slow talking. Er's and Um's - using a microphone. Voice elocution. Speech length. Debating style. Practical: Talk about a chosen topic.
5. Introducing a speaker. 'Spraying' the audience. Eye contact. Knowing when they've had enough. Criticism in speech-making. Persuasion. Relating information. Preparing a speech - written out - cue notes. Talking at meetings. Toastmaking. Speaking at receptions, etc
6. Speech contest with comments. Review - what we've learned.