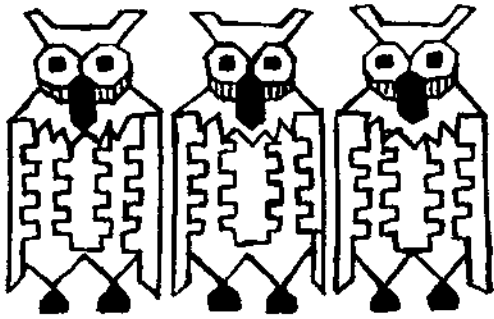


U3A: UNIVERSITIES OF THE THIRD AGE NETWORK



NEWSLETTER

No. 6
December 1985

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London and Cambridge Impressed

U3A's in Australia are a year old this November. I don't think any of us realised just how quickly they would grow. Perhaps we failed to estimate the wisdom of our own words when we said - "If anyone can make a new organization and self-help work, it will be active older people. Collectively they have the skills and experience to do anything they set their minds to".

The development has not been without problems and a great deal of humour, but no one can question its success.

Our newsletters go to both London and Cambridge U3A's and they are very impressed. In fact until England beat us at cricket lately, they were a bit worried that once again the Aussies were going to outdo them at another of their own games.

People in England were not sure of the locations of "Melbourne, Hawthorn, Monash and Ringwood" and proceeded to tell me all about these very successful looking Aussie U3A's. "Did I know of them?" they asked.

The international organization of U3A's is based in France, and while they translate most of their material, I wondered if our advanced French classes would like to establish contact? Thus, developing further contacts with French U3A's can be done in a similar style to the way we have won the enthusiasm of the Brits.

I'll organise a more detailed and deadly earnest report when I'm the right way up, but 'till then, it's great to be back and the more I had to explain to people how Aussie U3A's work, the more impressed I became with you all.

Cheers,

Ann Whyte

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THE MESSAGE IS CLEAR!

The need for individuals to come to grips with change and the contribution made by science and technology to this process, is seen as vital by the Federal Minister for Science, Barry Jones.

In an address to the Annual Conference of the Science Teachers Association of the ACT in July this year, he spoke of the part education has to play. "The message is clear that understanding of science and its concepts results in a greater appreciation of science and its benefits, as well as presumably an ability to make informed decisions about science and technology," he said. "It is essential therefore that the scientific literacy of the population be increased greatly."

... "Education has a crucial role in promoting greater awareness and understanding of science and technology issues. Science teachers, for example, have the responsibility for fostering positive attitudes to science and its applications among science students. Awareness is not just a matter of greater exposure to hardware at school, although that too is important. It also means exposure to the issues associated with science and technology and encouragement of questioning and debate about the choices involved."

As the Minister points out, the University of the Third Age can assist in the promotion of awareness by providing up to date information on scientific and technological developments and encouraging discussion of the impacts of these developments on society. The U3A can also help remove fear and confusion surrounding new technology by providing access to technology such as computers, and courses such as "Introduction to Computers" and "Bioethics" are valuable steps in this direction, he says.

"Not only must we enthuse the young to take up science, we must also improve the image of science and technology among the community. The University of the Third Age can play an important role in achieving this latter objective among mature citizens," he said.

HOUSE SWAP - NEW ZEALAND: 1986

Mrs. Lucy Gerke (a U3A member) lives in New Zealand and comes to Australia each year. She wonders if someone in Melbourne would like to swap houses for 3, 6 or 12 months in 1986. She lives in Howick, Auckland, (North Island). The house is close to good beaches, shopping and bus services into Auckland. The area enjoys one of the best climates in the country.

Lucy has a large, friendly alsacian/samoid cross dog, which she would either leave in New Zealand in the care of the people living in the house, or bring th Australia.

Anyone interested, please contact Jill Thompson (63 1793) City Campus, in the first instance.

CONFERENCE

Conference brochures will be sent to every U3A member on 22nd November 1985. If you did not get one, contact the Conference Secretariat, 63 1793 (City Campus) as soon as possible.

THERE ARE ONLY 300 PLACES. PLEASE SEND BACK THE RETURN SLIP AND PAYMENT AS SOON AS POSSIBLE.

Source of Knowledge from Experience

— And U3A is the Pool!

(Conference speaker, Dr Eena Job of Brisbane, has contributed the following article as a 'consciousness raising exercise' or lead-in to her address to the Conference in February.)

Racism... sexism... ageism... and the most pervasive of these is ageism.

If you don't believe me - how many people nowadays would tell Mohammad Ali that "he's a real white man" and expect him to take it as a compliment? How many would expect Germaine Greer to be flattered to be told that "she thinks just like a man"?

Yet we still expect old people to be flattered when told that they're "...not really old"; "...only as old as you feel"; "...young at heart"; "...marvellous for your age".

Whenever we do something stupid, we're likely to say wryly "I must be getting old!" Incompetence is described in sexist/ageist terms as "acting like an old woman", and for bottom-of-the-heap condemnation a racist edge may be added - "like an old gin". In common parlance, the word "old" is interchangeable with just about every negative epithet in the book.

We still have a long way to go in combatting racism and sexism, but at least they're being rooted out of our speech habits - and that's a start. While we continue to speak of "old" as invariably inferior to "young", our attitude to ageing is likely to concentrate on the minuses associated with it, and ignore the existence of plus factors.

And there are plenty. For example:

- . we have acquired a rich range of experiences;
- . our time is our own;
- . we are free as never before of the pressures and constraints involved in earning a living and raising a family;
- . we are usually capable of a more realistic self-assessment than we were when we were young;
- . there are more of us. And that's very decidedly a plus, because it means our voices are more likely to be heard and our needs are more likely to be catered for.

Among those needs is the need to learn. Learning is among the most enjoyable of human experiences, especially when it is freely chosen and not merely a path to some other goal, such as earning a living. And it is the key to the defeat of ageism, just as it has helped in the fight against racism and sexism.

Not so long ago, women were commonly thought of as frail, dependent, irrational creatures whose smaller brains made them manifestly inferior to men in every way, especially intellectually. Like most stereotypes, it proved to some degree self-fulfilling, and its painful consequences remain with us today. But at least they're diminishing.

In contrast, old people are still commonly thought of as frail, dependent, irrational creatures whose shrinking brains make them manifestly inferior to young people in every way, especially intellectually. And as Cliff Picton points out, "Many older people begin to play the stereotyped roles we have assigned them because other meaningful roles have been lost or diminished" (1985:116).

One way to attack the stereotypes and find new, more meaningful roles for the aged is through U3As. They're a shining example of plus factor ageing, calling directly upon the talents and experience of the old as providers, rather than simply as recipients of goodies handed out by institutions intended primarily for the young.

As I pointed out in my book, EIGHTY PLUS:

"What is certain about old age is this and nothing more. To be old is to have lived a long time. There is nothing intrinsically disadvantageous about having lived a long time. On the contrary, old is experienced, just as black is beautiful. If self-fulfilling ageist stereotypes are to be ousted so that the full potentialities of old age may have a chance of realization, the old must learn to hold up their heads, just as blacks, and women, and other disadvantaged groups, are learning to do at last." (1984:218).

References:

Job, E.M. Eighty Plus: Outgrowing the Myths of Old Age. University of Queensland Press, Brisbane, 1984.
Picton, C.J. Still Learning: Universities of the Third Age and Lifelong Education. Transactions of the Menzies Foundation, Vol.8, 1985:113-118.



SUMMER SAMPLES

- ARE YOU - dismayed that you must wait until March for courses to begin in 1986?
- bored to distraction during January when nothing seems to be on?
- interested in taking a U3A course, but wanting to 'try before you buy'?

SUMMER SAMPLES will solve your problems. These activities were so successful last January (over 100 people attended, and U3A hadn't officially started then!) that we have decided to offer some again in 1986. Some are single sessions, some form a short series.

For further information and to enrol, telephone the campus concerned, or send in an enrolment form (back page).

SUMMER SAMPLES: City

ASIAN JOURNEYS

Take a journey with Muriel Crabtree, who will give illustrated talks about the people, the places the history and the politics of several Asian countries. This will be a short course. Thursday mornings, 9th, 16th, 23rd and 30th January 1986: CAE City Centre.

BACK IN TIME IN ITALY - with Yvonne Hopkins

A brief look at three centres of ancient civilisation in Italy: the Greeks at Paestum, the Etruscans at Cerveteri, and the Romans at Aquileia. Wednesday morning, February 5th 1986, CAE City Centre.

SUMMER SAMPLES: (cont.)VEGETARIAN COOKING

Learn to make some interesting vegetarian dishes with Pramila Datar, who has been a vegetarian all her life. The emphasis will be on Maharastrian style of cooking practised around Bombay. Two or three simple dishes will be prepared in each of the sessions. \$2 per session to cover costs of materials. Limit of 12.

Tuesday morning, 28th January; Thursday morning 30th January: CAE City Centre.

SUPERSTITIONS

Pramila Datar

Do you throw spilled salt over your left shoulder? avoid walking under a ladder? Whether or not you consider yourself superstitious, you will be interested in these talks on superstitions in various parts of the world - their similarities and differences.

Tuesday afternoon 28th January; Thursday afternoon 30th January: CAE City Centre.

PLAY READINGS

In this single session Avis Hart will give a sample of her play-reading course. Reading of a play will be followed by class discussion on aspects such as techniques of characterisation, and general criticism of the play.

Tuesday morning, 14th January 1986: CAE City Centre.

CLEAR THINKING

How does the ad-man seek to persuade us? How sound are the arguments of politicians? In this one-off sample Avis Hart investigates the ideas of inductive and deductive reasoning and devices used to manipulate our thinking. A 'sample' of her course later in the year.

Tuesday afternoon, 14th January 1986: CAE City Centre.

SOFT OPTION - ENERGY

The 'oil panic' some years ago forced us to look at alternative sources of energy. Now we hear of an 'oil glut'. Should we still be looking at the soft options of sun, wind and other possibilities? What do these offer in comparison in terms of cost, efficiency and pollution control? Jacki Lang is an expert in this field.

Wednesday afternoon, 22nd January 1986: CAE City Centre.

WORDS!

Elsie Smelt

Words play a great part in our life, but perhaps because of their familiarity, we rarely think about them. Let's look at words, their history, their usage, and in particular, the structure and system of English spelling - a much neglected, but very important aspect of language.

A short course of 4 sessions, all held in the morning.

Tuesday 14th, Friday 17th, Tuesday 21st and Friday 24th January 1986: CAE City Centre.

ERGONOMICS OF AGEING

Isabel Shaw

Discussion of the adaptation to ageing in relation to interests, access, clothing, dental and dietary needs. Some slides will be shown.

Tuesday morning 4th February 1986: CAE City Centre.

ERGONOMICS OF THE CIRCUS Isabel Shaw

The history of the circus, its logistics the performers, human and animal; and its contribution to the performing arts. Video and slides. Tuesday morning, 11th February 1986.

SUMMER SAMPLES: HawthornRETIREMENT FINANCES AND INVESTING Harold Fraser

Monday morning, 13th January 1986.

MODERN PAINTING TECHNIQUES: a demonstration Marguerite Stark

Wednesday afternoon, 15th January 1986.

ANIMAL SCHOOL: some recent initiatives in education Margaret Drake

Friday morning, 10th January 1986.

ACUPUNCTURE Dr. Josephine Salomon

Monday afternoon, 20th January 1986.

**COURSES: CITY**

The City Campus has a problem!

Dates and days for many of the following courses cannot be finalised, because we have to wait until CAE has put up their programme for next year, before we know which times and rooms are free.

- Ongoing courses will be at the same times as 1985, if humanly possible.
- Where dates are indicated, these should be OK.

Please enrol in the courses you would like, and we will advise you of the day and time as soon as possible (probably mid-January).

PLEASE NOTE: People who were enrolled in courses in 1985, and wish to continue in 1986, MUST re-enrol by sending in the form (back page) telephoning the City Campus, or calling in.

ART APPRECIATION

Laulie Allen will cover different periods in Art History from the Byzantine period to the early Italian school, illustrating her talk with slides. 6 sessions, weekly on Friday afternoons starting 7th March; CAE City Centre. (This course is programmed not to clash with the following one).

HISTORY OF WATERCOLOUR

Maurice Callow will talk on the history of watercolour painting, covering the technical and stylistic changes which have taken place. The 'collector's eye' will be the viewpoint taken. 3 sessions.

Weekly on Friday afternoons from 7th March 1986; CAE City Centre.

NOTE: These two art classes do not clash; they are programmed end-on in the same room to enable you to attend both if you wish.

BOOKBINDING

An introduction to bookbinding with Jo Scerri. Learn to use the tools correctly. Some tools may have to be purchased; some equipment will be available.

CELESTIAL NAVIGATION

Convener: Ted Cutlack

Would you like to know how to use a sextant, and nautical almanac - perhaps predict the transit of Venus? Learn from a master mariner.

CLEAR THINKING

Convener: Avis Hart

An on-going class with room for newcomers. Learn how the ad man seeks to persuade us; to question the arguments of our politicians; to look at ideas of inductive and deductive reasoning. Text: Stands to Reason (3rd Edition): G.M. Hibbins.

COMMUNICATION IN HUMAN RELATIONS

A repeat course with Nancy Morris.

- Increase your understanding of the communication process
- examine barriers to interpersonal communication
- develop your ability to convey information and feelings appropriately
- develop self-confidence

Weekly for 12 sessions beginning mid-February; CAE City Centre.

CURRENT AFFAIRS: AUSTRALIA AND WORLD EVENTS

Conveners: Don Graves; Muriel Crabtree

This exciting and challenging course will continue to explore Australia's relations with neighbouring countries, with emphasis on politics, current affairs and the role of foreign aid. Places available.

Thursday mornings recommencing 6th February, CAE City Centre.

CURRENT AFFAIRS: THE WEISS REPORT

Convener: Ted Weiss

Ted analyses topical current issues in his once-monthly series. Places available.

Monthly on 3rd Thursday afternoon of each month, recommencing 20th March 1986, CAE City Centre.

CURRENT AFFAIRS: AN ECONOMIC APPROACH

Convener: Des Farley

Des looks at the effect of economic changes on our everyday lives, and discusses economic issues in everyday terms. What is the CPI?; a 'floating' dollar?; offshore banking? devaluation? 7 sessions. Places available.

HISTORY: IRISH HISTORY

Convener: John Fallon

John will take a group back to events in early Irish History and follow these through to the current crisis in Ireland.

HISTORY: EUROPE FROM THE MIDDLE AGES TO THE FRENCH REVOLUTION

Conveners: Oscar Moeller, Simon Schroor

Thursday afternoons commencing 6th February 1986; CAE City Centre.

HISTORY: THE STORY OF JUDAISM

Convener: Fritz Josefi

From the beginning of monotheism to the Diaspora. 8 sessions. A second series may follow, covering the period from the Diaspora to modern times.

AUSTRALIAN HISTORY

Convener: Yvonne Hopkins

This course will cover the period up to the 1850's. Members will be encouraged to choose a particular aspect of a topic to study either singly or together, to present papers and/or discuss their research. A possible emphasis will be on how the early discoverers, settlers, convicts, writers, artists and newspapers saw the new land.

HISTORY OF A TECHNOLOGY: the electric current

Convener: Jacki Lang

The Greeks called amber 'electron'. Someone rubbed it with fur and produced static electricity. Jove hurled down thunderbolts. What is electric current? Jacki Lang explains all.

LITERATURE: AN APPROACH TO

A team-teaching effort with introduction to the processes of reading and writing by Ken Bradshaw, followed by speakers who are experts in their fields: Peter Thodey (Thomas Hardy); Myra Roper (the Brontes); Elsie Smelt (words and word derivation). 10 sessions.

LITERATURE: PLAY READINGS

Avis Hart has designed this as a follow-on from the Literature course of 1985. Literature will be explained by means of play-readings. Participation of members will add to their understanding of the works. New members welcome.

LANGUAGES

FRENCH (Beginners: year 2) Convener: Anna Ghiurekian.
Monday mornings commencing 3rd March 1986. Places available.

FRENCH (Intermediate) Convener: Anna Ghiurekian. Places available.
Friday mornings, recommencing Friday 7th March 1986.

FRENCH (Advanced): Convener: Martha Paphazy. Places available.
Recommencing

GERMAN (Beginners: year 2) Convener: Magda Gregor. Places available.
Recommencing Monday mornings, from 3rd March 1986.

GERMAN (Intermediate) Convener: Magda Gregor. Places available.
Commencing Monday afternoons, from 3rd March 1986.

GERMAN (Advanced): Convener: Hedy Hurst. Places available.
Friday mornings, recommencing 21st February 1986.
A group of fluent German speakers who at present study the
culture of German-speaking countries.

ITALIAN (Intermediate): Convener: Archemede Camba
Recommencing Monday afternoons from 17th March 1986.

LATIN (Intermediate/Advanced) Convener: Lloyd Cropper
Weekly on Thursday afternoons commencing early March 1986.

MAKING GOOD HEALTH A HABIT

Convener: Isabel Shaw

Nutrition, stress management, back and neck care, ergonomics, alternative
medical techniques, preventive health care, relaxation, etc. 20 sessions
with a variety of guest speakers.
Weekly on Tuesday afternoons from 4th March 1986: CAE City Centre

MATHEMATICS FOR FUN

Have you ever observed the relationship between the 4 and 6 times tables?
Translated mathematical patterns into pictorial ones? Do you know what
a prime number is? Have you heard about the hare and the tortoise? Margaret
Jackson demystifies maths.

BASIC STATISTICS

Anyone with an interest in research would gain much from this course of
simple statistics. Don't be scared of it. Statistics is logic, not maths.
Convener, David Shaw. 6 sessions.

MUSIC - THE WORLD OF OPERA

Insights into the composers, the history and anecdotes from a Viennese
who grew up on the doorstep of the Viennese Opera House. Convener: Fritz
Josephi. 10 sessions.
Weekly on Friday afternoons from 7th March; CAE City Centre.

MUSIC MAKING

Geoff Morris will continue with his enthusiastic band of music makers in
1986, and new members are very welcome. You don't have to be an expert...

NEW TESTAMENT

Frank Woods will repeat his course of 1985 - and who better to teach this subject? 8 sessions.

PHILOSOPHY

Convener: Tom Timpson

An ongoing class with places available. Text: Bertrand Russell's 'A History of Western Philosophy'. The first half of the year will concentrate in modern Philosophy from Rousseau to the 1950's. Studies for later in the year will be determined by the group.

PHILOSOPHY "PEACEFUL PEOPLE"

Convener: Stan Tighe

What do an Egyptian pharaoh, a Chinese philosopher, a Russian count and a British Lord have in common? Trace the philosophical thread of the concept of 'peace' in widely differing cultures. 10 sessions.

PHILOSOPHY A HINDU WAY OF LIFE

Convener: Pramila Datar

Study the customs, beliefs and history of Hinduism.

SELF-CONFIDENCE AND DEVELOPMENT THROUGH SPEAKING

Convener: Muriel Leadbetter

Muriel is a member of International Toastmistress. She will be leading a group on speaking to gain self-confidence. Men! Don't be put off - it's open to all, of course. 7 sessions.

Weekly on Tuesday mornings from 8th April 1986: CAE City Centre.

EFFECTIVE READING (Voice Production): BEGINNERS

Convener: Thelma Scott

Do you use your full vocal range? This class will help you to read with greater flexibility. 10 sessions. This course leads to an on-going 'effective reading' course (see below).

EFFECTIVE READING (Voice production): ONGOING

Convener: Thelma Scott

Voice production and reading techniques. Prerequisite: Beginners' course in effective reading (above).

TYPING

Norah Hardy has beginners and near-beginners who wish to learn to type for a variety of reasons. Small class. Some new members can be accepted.

TRAVELS IN ASIA

Convener: Pramila Datar

Combined talk and slides of China, India, Indonesia, etc.

WRITERS' WORKSHOP

Conveners: Rita Richardson and Laurie Crompton

An ongoing workshop where constructive criticism is welcomed and skills in writing developed. Guest speakers from time to time. Newcomers welcome.

DOES USA HAVE A ROLE TO PLAY?

There is a growing number of older migrants in our population. Many are isolated because of poor English and lack the extended family structures they may have enjoyed in their homeland.

USA City Campus is looking at the possibility of starting up classes in German, Polish, Yugoslav and Italian languages. These would be especially for those who speak these languages fluently, and wish to study different subjects (art appreciation, politics, literature, etc.) in these languages.

If you have special skills, interest or knowledge in this area, Jill Thompson (63 1793) would like to hear from you.

Advanced German at the City Campus is already operating as a foreign language class; they study German and Austrian culture through the literature of those countries.

COURSES: HAWTHORNGENEROUS RESPONSE TO APPEAL

Thanks to all those who responded so promptly and so generously to our appeal for donations. The matter of fund-raising was considered, but it was agreed that activities should be directed towards contact among members through interesting occasions, and not tied to financial gain. Our confidence was justified, and we take it as a sign of some appreciation of what USA is doing.

With regard to social/cultural/other activities, if anyone would like to help in planning these, please contact:

Rie de Keever, Telephone: 80 5451

ANTHROPOLOGY

Convener: Judy Lee

A study of social structures used by human groups from hunter gatherers to more complex civilizations. Learn how these diverse groups organize their social relations, political and economic life, kinship, affinity and belief/religion and knowledge.

Friday mornings at the Hawthorn Centre, commencing February 14, 1986.

ART APPRECIATION

Convener: Sue Van Dorssen

In response to student interest, the 1986 course will follow a chronological study of the major arts: architecture, painting and sculpture, throughout the history of Western civilization. The course aims to examine the characteristic qualities of style which typify the main forms of art contributing to European culture.

Monday afternoons at the Hawthorn Centre, recommencing February 17, 1986.

ART - Practical

Convener: Marguerite Stark

Experiment and enjoy being creative and using the imagination. The course offers painting or sketching in any of the established modern styles - Cubism, Surrealism, Semi-abstract or Open Colour Art.

Thursday afternoons at Hawthorn Artists' Society, Cnr Manningtree and Glenferrie Road, Hawthorn, recommencing February 6, 1986.

MYTHS & FACTS OF AGEING

Convener: Elizabeth Turner

A 5-week course that explores the challenges faced by older people, methods of dealing with the problems that may arise and ways in which old age can be made enjoyable and rewarding.

Monday afternoons at the Hawthorn Centre, commencing March 24, 1986.

CONTRACT BRIDGE

Convener: William Zimmerman

This course for beginners started in October, 1985.

Wednesday afternoons at the William Tresise Centre, recommencing February 5, 1986.

CAR MAINTENANCE & CARE

Convener: Thalby Reidy-Croft

In this 10-week course Thalby will help you understand how your car works, how to carry out quick and easy maintenance procedures and how you can tell when things are not working as they should. You will also learn how to communicate your car's problem to your mechanic.

Monday afternoons at the Hawthorn Centre, provided at least 12 people are interested.

CELL BIOLOGY - GENETIC ENGINEERING

Convener: Claire Pullin.

"What makes us tick?" This course covers description of a 'typical' cell, its structure and function. It involves some explanation at the molecular level of the bio-chemistry and a brief look at proteins, nucleic acids (DNA and RNA), and the genetic code, with a view to understanding current developments in genetic engineering.

Tuesdays, 2.15 pm - 3.45 pm, commencing March 4, 1986 at Hawthorn Centre.

CURRENT AFFAIRS - South East Asia

Conveners: Gerald Noble, Jean Aikenhead

A continuation of the 1985 course, this discussion group concentrates on the background to current happenings in lands to the north of Australia with some lectures on historical development and occasional guest speakers.

Tuesday mornings at the William Tresise Centre, recommencing February 4, 1986.

CURRENT AFFAIRS - Australia & The World

Convener: Bernard Haugh

Current affairs around the world and how they may affect Australia. Class members determine the topics they wish to discuss and participate in collecting information.

Thursday mornings at the Hawthorn Centre, commencing February 13, 1986.

COMPARATIVE RELIGION

Convener: Grodon Wilson

This 10-week repeat course discusses the ways in which some of the religions of different cultures, including primitive religions and the religions of Asia, have tried to answer the great questions of human existence; and looks at the significance of the great religious books such as the Bible, Koran and Bhagavad-Gita.

Friday mornings at the Hawthorn Centre, commencing March 7, 1986.

AN INTRODUCTION TO COMPUTERS

Convener: Vic Kennedy

A simple 4-session course, designed for people who have had no contact with computers, but who would like to get some understanding of what these machines are, how they work and what they are used for.

Thursday mornings. First course commences Thursday, March 6, 1986.

ECONOMICS

Convener: Frank Stuckey

An examination of what is meant by Economics: is it a science or not? What are the major problems which arise in trying to solve basic problems such as unemployment, inflation, economic growth and balance of payments? Alternative economic systems are considered.

Tuesday afternoons at the Hawthorn Centre, commencing February 1986.

HISTORY - AUSTRALIAN

Convener: Martin Merchant

This course commenced in October 1985, and will continue in the new year. Study covers topics of interest from the time of the first settlers through the development of Australia industrially and constitutionally. Monday afternoons at the Hawthorn Centre, recommencing March 3, 1986.

LANGUAGES

- FRENCH (Beginners): Convener, Jeanne Deutsch.
Thursday mornings commencing April 3, 1986. Places available.
- FRENCH (Beginners): Convener, William Zimmerman.
Recommencing January 14, 1986. No places available.
- FRENCH (Intermediate): Convener, Peg Kimberley.
Recommencing February 11, 1986. No places available.
- FRENCH (Advanced): Convener, Jeanne Deutsch.
Thursday mornings commencing April 3, 1986. Places available.
- FRENCH (Advanced): Convener, Jean Berah.
Recommencing March 5, 1986. No places available.
- FRENCH (Advanced): Convener, Marjorie Stuckey.
Recommencing February/March, 1986. No places available.
- GERMAN (Beginners): Convener, Jeanne Deutsch.
Friday mornings commencing April 4, 1986. Places available.
- GERMAN (Intermediate): Convener, Ursula Gottschalk.
Recommencing March 10, 1986. No places available.
- GERMAN (Advanced): Convener, Jeanne Deutsch.
Friday mornings commencing April 4, 1986. Places available.
- ITALIAN (Beginners & Intermediate): Convener: Maurice Berah
Recommencing March 5, 1986. Places available.
- ITALIAN (Advanced): Convener, Jean Berah.
Recommencing March 5, 1986. Places available.
- JAPANESE (Beginners): Convener, Geoffrey Matenson.
Commencing February 6, 1986. Places available.
- JAPANESE (Intermediate): Convener, Suzy Narita.
Recommencing February 6, 1986. No places available.
- LATIN (Intermediate): Convener, Helen Gordon.
Wednesday mornings recommencing February, 1986. Places available.

LITERATURE

Convener: Rae Alexander

Variety and flexibility are the key elements in the two courses Rae convenes covering Writing, Literature, Literary Appreciation, Australian Literature and Poetry.

Held weekly on Monday mornings and Wednesday afternoons at the Hawthorn Centre, these courses will recommence on February 10 & 12 respectively.

MARINE BIOLOGY

Convener: Frances McCallum

Using marine life between the tides as an example of an Eco System, Frances discusses basic ecology principles and conservation problems. Field excursions support the lectures.

Tuesday mornings at the Hawthorn Centre, recommencing March 11, 1986.

MUSICAL APPRECIATION

Convener: Peggy Kimberley

This course is for people desiring to build on musical knowledge or to develop areas of special interest. Emphasis is on relating music to the visual arts and social framework in an historical context.

Friday afternoons at the Hawthorn Centre, recommencing March 7, 1986.

MUSICAL THEORY & APPRECIATION

Convener: J.V. Houston

This on-going course looks at the structure and history of music in opera, dance, chamber, vocal, choral and other areas.

Tuesday afternoons at the Hawthorn Centre, recommencing February 4, 1986.

NUTRITION - WHAT'S IT GOT TO DO WITH HEALTH?

Convener: Rosemary Hepburn

As well as looking at practical issues relating to sensible eating, this course considers major health problems in Australia and how they relate to world trends and life-styles.

Thursday afternoons commencing February, 1986.

NUTRITION AND HEALTH

Convener: Greta Burman

In today's society we are continually subjected to enticing food advertisements and articles on miracle diets. This repeat course is designed to help you distinguish between fact and fiction, and its relevance to health and the prevention of illness.

Tuesday mornings at the Hawthorn Centre, commencing February 25, 1986.

PHILOSOPHY

Convener: Ron Gilbert

A structured philosophy course will be established in 1986, beginning in February. Ron Gilbert is from Deakin University and will work out details of the course in the new year. Interested students should contact the Hawthorn Campus in January.

PIANO STUDIES

Convener: Ann Taylor

A course for people who have never learnt the piano before, and may now have time to explore and practice.

Monday mornings, commencing March, 1986.

PSYCHOLOGY

Convener: Lenka Ter

These workshops explore the different schools of psychology and their impact on society - Adlerian psychology and transpersonal psychology.

A series of eight, 6-weekly workshops commencing Wednesday, February 5, 1986.

RELAXATION THROUGH GUIDED IMAGERY

Convener: John Balfour

These workshops explore deep states of relaxation as guided imagery and creative visualisation is able to develop a person's ability to enter a meditative state. Using fantasy helps to develop creative potential and participants are also able to apply the technique to ease minor ailments or discomforts.

New course commences at Hawthorn on March 5, 1986.

RELAXATION AND MEDITATION

Convener: Maria Heins

Leave behind your nervousness, lack of concentration and forgetfulness, learn to control your aches and pains to a certain extent. You will become happier and healthier. A five-week course held on Wednesday mornings at the Augustine Centre, commencing February 5, 1986.

SOCIOLOGY - ONE ASPECT

Convener: Alex Gale

Developed around a study of what it is like to be a woman in the 1980's, the course concerns itself with man/woman, parent/child relationships. Run on workshop lines for both men and women, it also considers the impact of feminism and the changes of attitude occurring in society. Friday mornings at the Hawthorn Centre, commencing in March, 1986.

SOCIAL ISSUES

Convener: Herbert Liffman

In considering the important social issues of our time, this course ranges from multi-culturalism through racism to children and the law, the Family Court and victims of crime. Bio-ethics, the problems of adoption, national and international, abortion and euthanasia also come under scrutiny. Wednesday afternoons at the Hawthorn Centre, commencing February 12, 1986.

COURSES: RINGWOOD

ARMCHAIR TRAVEL

This group meets weekly for discussion and slides are shown monthly.

BRITISH HISTORY

Tutor: Robert Hare.

A very interesting course dealing with the early history of Britain and the various conquerors and the reasons for their onslaught. These were not always those we were led to believe by our earlier teachers.

CRAFT

This course comprises interested groups of men and women who wish to share their knowledge of various crafts as well as learn new ones.

CREATIVE WRITING

This course is led by Rebecca Maxwell and is for beginners as well as advanced writers. If you would like to join in, contact Judi Parker to enrol.

LITERATURE/POETRY

Great interest has been shown in this course which covers Australian writers, together with comprehension of other great writers

LITERATURE/POETRY

Tutor: Rebecca Maxwell

Great interest has been shown in this course which covers Australian writers together with comprehension of other great writers.

PHILOSOPHY

This course aims to help the students gain knowledge of the thoughts of the great philosophers of the past, so that they can measure their own views against them.

PSYCHOLOGY

Facets dealt with in this course include: the science of individual behaviour and experience; individual and social growth; dated emotions; how we perceive things - to mention just a few.

SOCIAL STUDIES

This new course, about to begin, has grown out of the Philosophy and Psychology courses. New members are welcome. Please contact Judi Parker on 844 3120 if you would like to participate.

COURSES DUE TO COMMENCE SHORTLY: MUSIC APPRECIATION

ACRYLIC PAINTING

COURSES: MONASH

In this the last Newsletter of the year, we are happy to present a list of courses for enjoyment in the coming year.

It is especially gratifying to see that some of our new subjects will be conducted by present members who have now emerged as new leaders. Others will be taken by those who have already wet their feet and who are ready willing and able to share more of their expertise with fellow members. Herein lies the basic idealogical concept of the U3A movement. It is in adherence to these principles that our future is assured. But for the moment let us look back at the year that nearly was.

Now is the time to say thanks to him and thanks to her and everyone who has worked and participated in making U3A Monash campus a vital entity. 1985 will have been a year to remember with pride. The lessons learned from this year must surely carry us into an even more memorable 1986.

Eddie.

COURSES TO BE OFFERED IN 1986.

Latin	possibly at 3pm Tuesdays - M. Aston
Literature (A)	1.30pm Tuesdays - M. Aston
*Public Speaking	10am Mondays - Leo Dobbin
Aust. History	2pm Mondays - Alf Floyd.
*Creative Drama	day to be named - Angela Hurst.
Alt. Medicine)	
Healthy Living)	Commences 11th Feb. 1pm Huntingdale Tech.
Psychology	Community Inn, 12.30 Wed. (Clayton Rd)
*Asian Studies	Commences early Feb. Wed 1.30pm, 4 wks course
*English for Fun	Jess Whitlock
*Amateur Radio	Rob Carmichael
Literature (B)	Bess Tanner
Tai Chi	possible
Portrait Painting	Marion Barton, 3hr lessons
Water Colour and Sketching	Mrs. P. Marshall
British History	Betty Hogan
Literature (C)	Veni Scoborio
Creative Writing	Heather Kraus
*Computers	Rob Carmichael
Archaeology	Vic Tucker
Wines & Wineries	Peter McBride
Genealogy	George Morse
*Social Group	Jill Cantor
Astronomy	Beryl Stretton, commences 1st week February
Science	Following astronomy
German	12 o'clock Mondays - Mrs. Weberruss
French	Guy Prosper - 2 groups, 9.30 - 11.45 Thurs
Anthropology	to be finalised
* Ballroom Dancing	Ian Junor
Maths	Form 2 - HSC. Bill Clarke. Selected topics
Energy	Mr. L. Saluszinsky.

* indicates further information on following pages of newsletter.

See our December Bulletin for more detailed reports on all remaining courses listed above.

Course details:

SOCIAL GROUP. We now have the nucleus of a Social Group interested in attending theatres, concerts, films etc., and a little moral support and company will make the outings much more enjoyable.

If you would like to be included in their adventures, please ring 541 2048. This is an activity which could be continued throughout the year.

SCULPTING. A well qualified teacher has offered her services in the teaching of this art. If there is sufficient interest, classes should start early in 1986. Please phone 541 2048 to enrol, or complete the enrolment form at the back of the Newsletter.

LATIN. A course for beginners is to start in January 1986. We have seven members enrolled already. Please indicate your interest NOW by telephoning 541 2048.

PUBLIC SPEAKING. This very popular course is being offered again next year at both Basic and Advanced Levels. Please enrol as soon as you possibly can to ensure a place in one of these popular courses. They will be held on Monday mornings from 10am - 12noon.

ENGLISH FOR FUN A light hearted approach with a serious intent... This course will involve language and ideas.

Resource material will include all types of literature, current events and issues, and the reporting thereof.

It is hoped to consolidate interest in language and vocabulary, critical analysis, clear thinking and to do a little writing on the side - but with a non-threatening approach.

We will be happy to hear from all those interested in this course, so please ring 541 2048.

TUTORS.....TUTORS.....TUTORS

AS WE ARE PLANNING OUR PROGRAMME NOW TUTORS ARE URGENTLY
REQUIRED FOR NEXT YEAR. IF YOU HAVE KNOWLEDGE OR SKILL
WHICH YOU WOULD BE WILLING TO SHARE, PLEASE CONTACT IRIS
DUNCAN AT THE U3A MONASH OFFICETELEPHONE 541 2048.

OUR SUCCESS DEPENDS ON YOU

Members contributions. We thank all those who have contributed material for our newsletters. Unfortunately we are unable to publish everything submitted.

COMPUTER GROUP. After what was thought to be a first rate series of classes, this group is now in recess.

With sufficient new enrolments for 1986, applicants will be advised of the commencement date, time and venue etc. Those interested in a further series of computer sessions can contact the U3A Monash office, phone 541 2048.

AMATEUR (HAM) RADIO. Before this course commences, it will be necessary for ten (10) applications (minimum) to be received. An Amateur Radio Workshop will be conducted at the U3A Conference in February 1986 at Monash. It is hoped the President of the Wireless Institute of Australia, Victorian Division, will be present. This Organisation represents the Amateur Radio enthusiasts in Australia.

As we expect many applications for this course, please enrol early by contacting the Monash office, on 541 2048.

INDONESIAN TRAVEL. "Winter Escape July '86" is another group tour, now being planned by member Emilie Beuth who is an experienced tour leader. U3A members will have preferential booking on this exciting holiday 'with a difference'. The itinerary will include Bali, Lombok and Yogyakarta, with particular emphasis on the arts, culture and history of the areas visited. Intending travellers are invited to a series of illustrated lectures some weeks prior to departure date. If interested, lets hear from you. Ring 580 0478.

CREATIVE DRAMA. This course will be run by a highly experienced member. It will be informative, informal and fun. Do come along. This group will be confined to twelve members. Ring 541 2048.

JANE AUSTIN AND THE PURSUIT OF MAN. A study of women in the rapidly developing middle-class society of the nineteenth century. Enrol by ringing 541 2048.

SHAKESPEARE AFTER FOUR HUNDRED YEARS. Does Shakespeare really have anything to say to us today, or is he merely an Ancient Monument? For further details, see the December Bulletin.

ASIAN STUDIES. A basic course of Eastern Philosophy covering it's beginning and the development of Hinduism and Buddhism. Enrol now! Further details in the December Bulletin.

REAL MEN WANTED TO DANCE WITH LIVE LADIES!!! What about it chaps? Ring Ian Junor on 232 3145 for further details.

REQUESTED COURSES FOR 1986. A course in St. Johns First Aid and THE RUDIMENTS OF MUSIC, leading to the playing of the recorder. Can anyone help? Contact Iris Duncan on 541 2048.

PROFILE: IRIS DUNCAN

Quiet, efficient, full of smiles,
Diplomatic, never riles,
Left the classroom far behind
A place with U3A to find.

She mans the office, answers the phone,
Plans the courses, ne'er a moan,
Wee Scots Iris, fair and small,
You're a gem, so say we all...

THE MORE WE ARE TOGETHER, THE HAPPIER WE WILL BE

B.
B.
Q.



B.
Y.
O.

REMEMBER JELLS PARK FRIDAY DECEMBER 6TH AT MIDDAY

* If you would like to make a contribution *
* to the Newsletter/Bulletin, would you *
* please confine your entries to a half page. *

 * Blessed are they that read the NOTICE BOARD for they shall be kept *
 * informed. It is located over the desk in the office. The BOARD *
 * is a mine of information and is maintained for everyone to peruse. *

Contributions from members:

FOR CONSTANCE

Alone and old
 Adrift in her senility,
 No-one to hold,
 Not one to share her memory.

It's forty years
 Since Constance fled the enemy,
 And thru her fears
 She cables news from hills to sea.

She wanes unsung
 In sterile hospitality,
 No bells are rung
 To celebrate her memory.

Helen Tynan

IT COULD BE YOU

The time has come I heard him say
 To think of many things,
 Of growing old and slow decay, of life with half clipped wings,
 How shall I cope, what will I do, with only dreary days in view?
 Short of funds and not a friend,
 Enough to drive you round the bend.

Hey, listen chum, give heed I pray,
 I grabbed him by the arm,
 You've got it wrong, you've lost your way, such thoughts can
 only harm,
 Why you can live and learn each day if you will join the U3A.
 What about it, do you dare?
 Come on, you've interests, why not share.

We met again the other night,
 And glad to see he's changed,
 A face all smiles and step now light, with clothing neat
 arranged,

I did it chum, joined U3A, I'm feeling younger every day,
 He shook my hand, said as he went,
 U3A spells age well spent.

(apologies to Lewis Carroll)

A. Hurst.

PLEASE MAIL YOUR ENROLMENT AND 1986 SUBSCRIPTIONS FORMS TO THE CAMPUS CONCERNED. ADDRESSES ARE ON THE FRONT PAGE OF THIS NEWSLETTER.

ENROLMENT FORM for learning at CITY FRANKSTON HAWTHORN MONASH RINGWOOD

SURNAME GIVEN NAMES
ADDRESS
.
PHONE

I wish to enrol in the following course:

SUBJECT CONVENER

.
.

AT WHICH CAMPUS DID YOU PAY YOUR MEMBERSHIP FEE?

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PLEASE NOTE

I would be appreciated if members would pay their subscriptions for 1986 in December, as this would help the administration.

RENEWAL SUBSCRIPTION

NAME
ADDRESS Postcode

CAMPUS: City Frankston Hawthorn Monash Ringwood

Please find enclosed \$ (\$15 single, \$25 couple) being my/our subscription for 1986.

Newsletter Committee:

Alma Bourke, Jill FitzGibbon, Phyl Hale (Hawthorn), Lola Fogarty (Ringwood), Norman Amitzbol (Monash), Jill Thompson (City).