



# HAWTHORN CAMPUS NOTES XIII

APRIL, 1988

## THE GARDEN STATE

Victoria is known as the Garden State of the Commonwealth and the Aborigines found this to be so when they lived here for 40,000 years (according to the anthropologists) prior to our arrival in 1788.

Dr Beth Gott, Lecturer in Ethno-Botany, Monash University gave us a most intriguing and enlightening talk at our Annual General Meeting on 6th April 1988 on the fruit and roots the Aborigines ate which, together with the game they caught, enabled them to maintain a balanced diet. Dr Gott said Ethno-Botany covers the relations between the various cultures of mankind and the plant world. With the aid of slides Dr Gott showed us a large number of plants which all have edible tuberous roots, also fruit trees and bushes, as well as sweet tasting leaves. She said the Aborigines cultivated by fire, systematically burning small areas on a rotation basis which kept the undergrowth down and the trees and plants produced new growth in a remarkably short time. Unfortunately with the advent of Europeans, their sheep and cattle flattened the land with their hooves and a large number of these plants are almost extinct, only to be found in small secluded pockets.

Because Victoria is much greener than other parts of Australia, the Aborigines were able to stay for quite a long time in one spot, even building villages, unlike their less fortunate relations in the northern and central parts of Australia who are forced to be nomadic to gather food in large enough quantities to feed their tribes.

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We have pleasure in advising that a Reference Library has been started at Wakefield Street. These books may not be taken away but can be consulted in office hours whenever the small room is not in use.

Also, there are quite a number of magazines which have been donated by members and they may be borrowed or kept for further use as you wish.

You, the members, have also donated books (mostly paperbacks) and these may be purchased. Please give the money to the office and this will help to swell our diminishing bank balance.

U3A Hawthorn, 24 Wakefield Street, 3022. Tel. 819 8824, 818 7371.

## QUESTIONS ANSWERED

What attracts people to join the Hawthorn Campus of U3A? How does the Campus measure up to members' expectations?

These were two of the questions asked in a questionnaire distributed in the last quarter of 1987. About 33% of members (160) responded and the results are interesting.

For instance, 32% of respondents had not studied for more than 30 years before they joined U3A as against 24% who had 'never stopped studying'.

- \* Most joined for continuing education and mental stimulation;
- \* Just over 34% have changed their view of U3A since joining - finding it more interesting, enjoyable and stimulating than they had expected; 22% were impressed by the teaching;
- \* 91% had attended classes and 36% had withdrawn from a class for a variety of reasons including too difficult, illness, not enough time, not satisfied, moving or going on holiday overseas;
- \* Of the tutors (30) who responded, 5 had not taught before.

A variety of subjects were suggested for future consideration including sciences, maths, technology, chemistry, drugs and drug abuse, comparative religion, modern drama, cinema and TV criticism, gardening and history. Amongst the languages requested were English as a second language, Spanish, Greek, Chinese and Gaelic.

Three people said they would like assistance in developing a course, but neglected to give their names. Could those people please get in touch with Judith Elsworth in the office. And could all those who said they would like to help in administration, please leave a message for Coral Proud and she will contact you.

The full results of the questionnaire are being collated now and members can call at the office if they would like to study them.

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### CHESS

A new member has made enquiries as to the possibility of finding an opponent who would like to play chess on a regular basis. If you are interested, please contact the office for name and telephone number.

### PLAY READING

One of our members has suggested that a play reading group be formed. We would very much like to hear from anyone who would be willing to convene a group to organise such an activity.

## GREETINGS TO ALL THE SOCIAL BUTTERFLIES

If you have not heard on your grapevine that your very own Hawthorn Campus now has a social outings group . . . here's the news . . . We have about forty members so far, all keen to fraternise over lunches and dinners, trot round gardens, and sit in theatres together and enjoy new company . . . (those they don't usually meet in their class venues).

We had a good turn-up for our first Wakefield Street discussion, and decided on quite a few preferences. The one "big no-no" was using private cars to ferry other members. Everyone felt they would prefer to use public or bus transport.

It was rather fascinating when we tried to fix a date for a bus trip, that many people were too busy with their lessons on such-and-such a day! That's great, when they put learning new things first! . . . big claps!

We have had a few casual lunches at the Riversdale Hotel on Thursday noon-times, and various members want to keep on meeting there. Meanwhile, our first BYO basket lunch is arranged for 21st April when we will discuss our next outing. If you want to hear more, please drop a line to U3A Hawthorn addressed to Con Anthony (Cheers!)

## LIBRARY FACILITIES

We have received the following letter:

"Hawthorn City Library would like to offer members of U3A the opportunity to have a special introduction to the library. We hope in these tours to make the library much more accessible to U3A members. We would like to give a general introduction to the library, its physical lay-out, our resources, both book and non-book, and the services we offer. We would also like to offer an introduction to the library's catalogue which is on computer.

If you and the members of U3A are interested, we could approach this project in two ways:

- (i) we could run tours at set times which U3A members could book into;
- (ii) we could run introductory sessions for specific U3A groups, and it could be included in the teaching schedule.

Many of your members will already be regular users of our library, but we would hope that if these sessions went ahead, your members would know more about the library and how to use our services to their best advantage. For more information, please contact Lillian Moon through the office.

## NEW PHYSICS & PHILOSOPHY

We have received the following report from Fred Rosedale:

"Our group is discussing the fascinating discoveries of new physics. The interpretation of quantum theory reveals a basic oneness of the universe. Space and time are connected. Matter and space are parts of a single whole.

The idea of 'basic building blocks' of matter is no longer tenable. Particles are processes rather than objects. In our new world view, the universe is seen as a web of interrelated events. The most important thing about parts is that they have to fit precisely into place with the other parts in the whole structure which they compose. These insights of new physics lead us to see self-consistency as the essence of all laws of nature. Self-consistency is truth.

All these exciting ideas force us to develop a new holistic way of thinking. Our mind has to circle round the object of contemplation - a many-sided impression from different points of view. We become aware of the parallels that exist between modern Western science and ancient Eastern wisdom. Both Eastern wisdom and Western science proclaim that opposites are complementary."

(A lot of interest has been shown in this new study with about 32 people attending the classes. Ed.)

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### ATTENTION PLEASE!

Would you be interested in a lecture on OSTEOPOROSIS by Dr E. Seeman, Senior Specialist in Osteoporosis Research with the University of Melbourne at Austin Hospital.

This disease which can affect everybody, but particularly people in our age group, can be prevented or treated. We hear a lot about it, but let's know more, so that we can perhaps help ourselves and prevent it with correct diet, living patterns, etc.

We visualise a small charge of \$2 to cover expenses - coffee, etc

If you are interested, please contact the office by telephone (819 5771) or drop a line to 24 Wakefield Street

## CURRENT COURSES

Although a class may be full at the present time, people do have to withdraw for various reasons, so a waiting list is kept for each course

Please fill in the enrolment forms clearly and accurately including telephone number and postcode

### ANTHROPOLOGY I Convener: Judy Lee

This course looks at the field work of Social Anthropologists in countries such as Africa, Mexico and China, as well as Australian Aborigines. By increasing our understanding of other cultures, the barriers of cultural difference are overcome. Friday morning, Wakefield Street.

### ART APPRECIATION Convener: Sue Van Dorssen

An on-going course embracing the major arts (architecture, painting and sculpture) of Western Europe. This year we will be covering the period from the Renaissance to the Baroque.

Monday afternoon, 24 Wakefield Street.

### ART APPRECIATION Convener: Martin Merchant

The reason and need for art expression in the changing generations of mankind will be developed, together with an appreciation of the styles, methods and materials used which will be examined

Tuesday afternoon, 24 Wakefield Street, commencing 10th May

### ARTS OF ASIA Convener: Ernestine Lobb

This is a wide-ranging course not limited to any one country or artistic form. Depending on the interests of students, architecture, painting, sculpture, drama, music, festivals, religions and customs from India to Japan, from Indonesia to Tibet, may be investigated. Some excursions will also be arranged.

Please note that this course will not be given after August of this year. Wednesday mornings, 4A Dalny Street, Malvern.

### ART - PRACTICAL Convener: Margaret Drake

A self-help group doing painting and sketching.

Thursday afternoon, Hawthorn Artists' Society, Cnr. Glenferrie & Manningtree Roads, Hawthorn

BIOLOGY, PSYCHOLOGY & THE PURPOSE OF LIFE Convener: Trevor Moffat

This is a basic course covering the general areas of each subject in everyday language. The sessions shall attempt to maintain a balance of structured and workshop approaches and, where possible, use videos or films to stimulate discussion. The course will centre on three fundamental questions:

1. How does it happen?
2. Why does it happen?
3. What is its purpose?

Monday morning, 24 Wakefield Street.

CAR MAINTENANCE Convener: Thalby Reidy-Crofts

A course to help you understand how your car works, how to carry out quick and easy maintenance procedures and how you can tell when things are not working as they should; run in conjunction with M.L.C. Particulars available from the office at 24 Wakefield Street.

COMPUTERS - AN INTRODUCTION Convener: Vic Kennedy

A 5-week course to give you an insight into computers including the language used in this field and an opportunity for "hands-on" experience. Tuesday morning, 89 Power Street, Hawthorn, commencing 19th July

CONTRACT BRIDGE Convener: Bill Zimmerman

An introduction to this fascinating game. It is necessary for there to be at least twelve students to make the course viable. Wednesday afternoon, William Tresise Centre, Cnr. Bowler & Munro Streets, Hawthorn (Riversdale Road tram - alight at Auburn Road).

CURRENT AFFAIRS - AUSTRALIA & THE WORLD Convener: Wolfe Flack

Current affairs around the world and how they may affect Australia. Class members determine the topics they wish to discuss and participate in collecting information.

Thursday morning, William Tresise Centre, Cnr. Bowler & Munro Streets, Hawthorn (Riversdale Road tram - alight at Auburn Road)

CURRENT AFFAIRS - SOUTH EAST ASIA Conveners: Gerald Noble & Jean Aikenhead

This discussion group concentrates on the background to current happenings in lands to the north of Australia with some lectures on historical development and occasional guest speakers.

Tuesday morning, William Tresise Centre, Cnr. Bowler & Munro Streets, Hawthorn (Riversdale Road tram - alight at Auburn Road)

ECONOMICS Convener: George Charles

This discussion group is free from figures and in plain language that all can understand. Its aim is to seek a greater awareness of the world about us by looking at the history and the background of economic systems at home and abroad. Monday morning, 24 Wakefield Street

HISTORY - AUSTRALIAN Convener: Gordon Wilson

A look at some aspects of the social and cultural history of Australia. Topics treated will depend on students' interests and will be drawn from the Foundations pre-1850, Immigration, Education, the Legacy of Gold, "the Legend of the Nineties", the Federal Movement, Major Developments 1900-1940. Monday afternoon, Hawthorn Library, Glenferrie Road.

LANGUAGES

French (Beginners) Convener: Adele Chambers

Friday afternoon, 24 Wakefield Street.

French (Intermediate) Convener: Bill Zimmerman

Tuesday afternoon, 24 Wakefield Street.

French Conversation Convener: Nazli Wilhelm

Wednesday afternoon, Recreation Centre, next to Swimming Pool.

German (Beginners) Convener: Terese Von Schneeberg

Monday morning, 24 Wakefield Street.

German (Continuing) Convener: Ursula Gottschalk

Thursday morning, Wm. Tresise Centre, Cnr Bowler & Munro Streets, Hawthorn (Riversdale Road tram - alight at Auburn Road).

Italian (Beginners) Convener: Maurice Berah

Monday afternoon, 24 Wakefield Street.

Italian (Continuing) Convener: Maurice Berah

Monday afternoon, 24 Wakefield Street.

Japanese (Beginners) Convener: Joyce Berdy

Monday afternoon, Recreation Centre, next to Swimming Pool.

Japanese (1st & 2nd Year) Convener: Geoff Matenson

Monday afternoon, Recreation Centre, next to Swimming Pool.

Latin (Continuing) Convener: Helen Gordon

Wednesday morning, 24 Wakefield Street.

There are still a limited number of vacancies in some of the language courses, so please apply to the office for further particulars.

LITERARY STUDIES - Levels I & II Convener: Connie Anthony

These courses explore our literary heritage of Australian authors and notable poets - then possibly take a glance at world literature. This will encompass the ancient Greeks, French and great English authors and poets. Following this, some of the outstanding contributions of modern American authors and playwrights will be examined.

Tuesday morning, 24 Wakefield Street.

MUSIC - AS ONE LIKES IT Convener: Ven Houston

This course looks at the structure and history of music in opera, dance, chamber, vocal and choral music, and other areas.

Tuesday afternoon, Hawthorn Community House, William Street

NEW PHYSICS & PHILOSOPHY Convener: Fred Rosedale

A workshop-type course in non-technical, plain language about the magic of modern physics. Understanding new physics is a foretaste of a completely new form of human intellectual endeavour.

Let us set aside old assumptions and look at problems freshly.

Let us try to seek more than just information; let us seek meaning.

Tuesday afternoon, Recreation Centre, next to Swimming Pool.

NUTRITION & HEALTH Convener: Greta Burman

We are continuously subjected to enticing food advertisements and articles on miracle diets. This course will help us distinguish between fact and fiction. How can nutrients contribute to health or illness?

Digestion, energy, fibre, cholesterol, minerals and vitamins, cooking and food processing, fast foods, etc. will be discussed.

Tuesday morning, 24 Wakefield Street.

PHILOSOPHICAL ANTHROPOLOGY

Thoughts and Ideas Convener: Ted Dugdale

A course in human relations; evolution as a positive sequence; growth, its nature and limitations; logical concepts and the nature of meaning; restructuring human attitudes; democracy; student participation; economics and administration; life force and the golden mean

Friday morning, 24 Wakefield Street

PHILOSOPHY Convener: Joan Drake

This is a self-help group. Members will explore topics, present to the rest of the group, and initiate discussion.

Fortnightly, Tuesday afternoon, Augustine Centre, Minona Street, Hawthorn.

PIANO STUDIES I & II Convener: Ann Taylor

For people who have never played the piano before, and may now have the time to explore and practice.

Wednesdays at 4/284 Barkers Road, Hawthorn

PSYCHOLOGY/SOCIOLOGY Convener: Alex Gale

This course has a philosophical, psychological approach, aimed at a greater understanding of our own reactions and behaviour. The book to be studied is "The Hanged Man" by Sheldon Kopp.

Fortnightly, Thursday, 1 p.m., Recreation Centre, next to Swimming Pool.

SOCIAL ISSUES Convener: Herbert Liffman

Studies range from multi-culturalism through racism to children and the law, the Family Court and victims of crime, in considering the important social issues of our time. Bio-ethics, the problems of adoption (national and international), abortion and euthanasia also come under scrutiny. Wednesday afternoon, Recreation Centre, next to Swimming Pool.

TRAVEL THE WORLD IN HOME COMFORT Convener: Harry Bonny

Each talk is illustrated with 200 colour slides.

Either a repeat visit to France and Italy or you have the choice of many countries Harry Bonny has visited.

Thursday afternoon, Wm. Tresise Centre, Cnr. Bowler & Munro Streets, Hawthorn (Riversdale Road tram - alight at Auburn Road).

WRITING WORKSHOP Convener: Connie Anthony

Beginners who partake will be given every assistance with vocabulary, grammar and self-expression. They will be encouraged to write small exercises, then higher assignments, persisting to essays, non-fiction articles, newspaper work and short stories with the hope of publication. Tuesday afternoon, 24 Wakefield Street.

## NEW COURSES

MATHEMATICS IN THE MODERN WORLD Convener: Brian Phipps

With the advent of the calculator and the computer, we have learnt new ways of doing mathematics that allow the interested learner to investigate, explore and make decisions without feeling threatened or discouraged

Hence, starting with the counting numbers 1,2,3 and so on, it is possible, in relatively simple steps to build up a knowledge of mathematics that allows the learner to appreciate the role of mathematics in everyday life and to enjoy the recreational aspects of mathematics in problem solving and in games and puzzles

NEEDLECRAFT Convener: Patricia Morris

Make your granddaughter a smocked frock or perhaps a shirt for your grandson! Or skirts or blouses or even a new frock for yourself!!

A general garment making programme (including collars, hems, zips, etc) for anyone with staying power and a sewing machine

## DEFERRED COURSES

The following courses have been deferred owing to lack of numbers. Should you be interested in joining these classes, please notify the office.

### DETERMINISM Convener: Bill Zimmerman

A philosophical discussion group - Do we have free will? What does free will imply? If determinism is true, we are not responsible for our own actions for determinists argue "You can undoubtedly do 'what you want', but you cannot determine 'what you want'".

Thursday afternoon, 24 Wakefield Street.

### FEDERAL CONSTITUTION

With a referendum planned for this year on the Federal Constitution, it has been suggested that it would be a good subject to study if enough people are interested.

### GRANDPARENTING Convener: Alex Gale

Group discussion on various roles of Grandparenting, problems which may arise and possible strategies to be used to solve ways of enjoying being a grandparent. How has the role changed over our lifetime?

4 sessions, Tuesday, 11 - 12 noon, 24 Wakefield Street.

### HUMAN PHYSIOLOGY Conveners: Greta Burman, Frances McCallum and Claire Pullin

Learning about the body, its properties and how it works is a fascinating study which can help us to keep functioning well. If difficulties arise, it will enable us to discuss them with understanding and prevent delay in seeking treatment.

Topics to be covered: The life of cells; the skeleton, joints and muscles; how food and oxygen are distributed and utilised; how wastes and toxins are eliminated; and the body's defences. Systems which control and co-ordinate body functions: the brain; nerves; hormones; reproduction; stress. What is health?

Tuesday afternoon, 24 Wakefield Street.

Enrolment forms are found at the end of the Campus Notes. It is essential that one form should be completed for each course you wish to take, and then returned to the office at 24 Wakefield Street, Hawthorn, 3122 without delay.

## CITY CAMPUS SOCIAL COMMITTEE

We have been advised of the following functions to be held on the following dates:

### SATURDAY, MAY 7th - Coach trip to CASTLEMAINE

Leave Gas & Guel at 8-30 SHARP, return approximately 5 pm

Cost: \$12-50 This includes all entrance fees

Why CASTLEMAINE? Fortune seekers the world over rushed to the atlas - where is Australia? Where is Mt Alexander? The news of the finds at Mt Alexander (later to be renamed Castlemaine), Bendigo and Ballarat echoed around the world

A human tidal wave descended on the diggings - the richest shallow alluvial goldfields the world has ever known. The buildings today reflect the optimism generated by this wealth. Sixty outstanding examples are classified by the National Trust

Lunch: BYO picnic lunch which will be eaten in one of the many gardens. In inclement weather shelter will be provided by the Historical Society

Please advise Dorothy Barberis, 43 Charlton Street, Mt Waverley 3149 should you wish to book for this trip, advising number of seats required, relevant Campus and enclosing cheque payable to U3A Social Committee

### THURSDAY, MAY 19th - Visit to BANANA ALLEY VAULTS

See Australia's Country Life in the heart of Melbourne; 7000 piece Portrayal of Rural Life; Leone Ryan brings the country to the heart of Melbourne using the materials from the bush itself; Leone presents a collection of stories, scenes and everyday events of outback life; the tragedies, the joys, the struggle between nature and man

In the 70 different scenes, there is something for everyone

Where is this magical place? In the Banana Alley Vaults, Cnr Flinders & Queen Streets, Melbourne; meet in front of the Vaults at 10-30 am on 19th May; the cost is \$3-50 (tea or coffee included)

Please let the City Campus know if you are coming; the entrance fee will be collected on the day by Dorothy Barberis, a committee member

### THURSDAY, JUNE 23rd - CITY SIGHT SEEING TOUR

This tour leaves Gas & Fuel 12 noon SHARP, return 3 pm; Cost \$5-00

Please advise Dorothy Barberis, 43 Charlton Street, Mt Waverley 3149 should you wish to go on this tour, advising number of seats required, relevant Campus and enclosing cheque payable to U3A Social Committee

## COURSES AT CITY & MONASH

For your information, we set out below the courses available at City and Monash. Please contact the relevant Campus for more information.

### CITY

Australia & World Events	Current Affairs
Exercise & Dance for Older People	Healthy Living
Music Making	Philosophy
Typing	Voice Production & Effective
Writers' Workshop	Weiss Report (Reading
Languages: French, German & Italian.	
Communication in Human Relations	Contract Bridge
Development of Civilization	English Language
First Century Christian Church	History & Discussion of Theatre
Food Situation in the Third World	History of Science
Literary Landscapes	Meditation
Microscopy	Modern Drama
Music from Stage & Screen	New Life Sciences Made Easy
Painting	Travel Talks
Women in Australian History	On Being Worldly Wise
The Hungarians	A Walk through Play Reading

### MONASH

Archaeology	Asian Philosophies
Astronomy for Beginners	Ballroom Dancing
Books & Writers	Cantonese
Craft	Creative Drama
Fun with Mathematics	Greek, Elementary Conversation
History of the English Language	Leadlight & Copperfoil
Literature for Pleasure	Living Latin
Mahjong	Naval & Maritime History
Pleasures of Poetry	Politics & Government
Psychology	Scriptures, A New Look at
Understanding Life & the Universe	Walking Group