

CURRICULUM UPDATE SEPTEMBER 2019

A number of new courses have been offered since the publication of the 2019 Curriculum booklet in November 2018 and the Updates throughout this year. The new courses since the June Update are marked **NEW**. The listing below is of all courses which have not yet commenced. Excursions, Saturday Matinees and Readman Lectures are included in this listing. You can access details of these courses and enrol for them on our website.

www.u3ahawthorn.org.au/members

IT & COMPUTERS

- 19COM023** **Understanding and Using the Internet** – Tutor Mike Bilsborough
Single session Thursday 12 September, 11.30am West Room
- 19COM 024** **Getting the most out of gmail** –Tutor Mike Bilsborough
Weekly from Thursday 26 September (4 sessions), 11.30am, West Room
- 19COM025** **Getting started on Photobooks** - Tutor: Carol Lancashire
Weekly from Friday 25 October (2 sessions), 11.30am, Room 1
- 19COM026** **Improving your Powerpoint Skills** - Tutor: Pam Welsford
Weekly from Monday 7 October (2 sessions), 9.45am, West Room
PowerPoint is designed to make presentations more interesting. It is easy to integrate images, audio and video to give a great visual impact. This two-week program will explore why use PowerPoint and features that can be readily accessed. It is recommended that you bring a device with PowerPoint installed (Keynote is also a possibility) and ideally a project you might like to work on.
- 19COM027** **Identifying Online and Phone Scams** - Tutor: Brian Williams, Consumer Affairs Victoria
Single session Tuesday 22 October, 11.30am, Hall
NEW
Many older Victorians are attractive targets for scammers because they often own substantial assets and have access to life savings and superannuation. Older Victorians are also the fastest growing online user group in the country, using online channels to keep in touch with children, family and friends, to correspond via email, watch YouTube videos or catch-up TV, or to research and book travel, to name a few. Consumer Affairs Victoria is working to reduce the detriment caused by scammers by building greater awareness and understanding of online & phone scams amongst older Victorians.

EXERCISE

- 19EXE060** **Badminton Fun** – Tutor Diane Gee
Weekly from Tuesday 8 October, 10am – 12noon, Ashburton Pool and Recreation Centre
NEW
These sessions are for players of all abilities with an emphasis on fun, aerobic exercise and safety. Basic tuition will be provided as needed. Participants are asked to wear suitable clothing and sports shoes, bring their own water bottle and badminton racket. (We hope to have a couple of rackets available for 1st time players' initial sessions). Participants are asked to arrive at the badminton courts by 9:45 am so that these administrative tasks can be attended to prior to commencement of the court rental at 10am. Participants are required to pay a weekly fee of \$5 to U3A Hawthorn via the tutor or the class facilitator to cover court rental and shuttlecock costs.

EXCURSIONS

- 19EXC008** **Tour of the Royal United Services Institute Library** - Thursday 12 September, 10.30am
- 10EXC009** **Tour of Lyon House Museum and Gallery** – Tuesday 15 October 12noon **NEW**
- 19EXC010** **Carlton Brewhouse Tour** - Thursday 14 November , 1.00pm **NEW**

FOOD


- 19FOO001** **Southern Indian Cookery** - Tutor: Mary Butterworth
Single session, Saturday 12 October, 10am - 2pm, Hall
This is for people who want to learn how to cook a Southern Indian meal. It includes a cooking demonstration of several dishes, with opportunities for participants to have hands on involvement in the preparation. Participants will then sit down and enjoy the meal together.


Participants are required to contribute to the cost of the ingredients of the meal, which will be approximately \$30 per person.


HEALTH

- 19HEA007 The Blood Service – A Vital Life Support** - Presented by Doug Allen, Australian Red Cross Blood Service
Single session Thursday 5 September, 1.30pm, Hall

HUMANITIES

-  **19HUM020 Sport and the law** – Tutor: John Carmichael
Weekly from Wednesday 2 October (3 sessions) , 11.30am, West Room
From ‘manly sports’ to par for the course- the evolving relationship between sport and the law. An historical/legal discussion of the evolution of sport and the interaction with the legal system.
Session 1: development of sport in the modern era and initial reluctance of law to be involved including definitional issues as to what is a sport and overview of differences within the legal system
Session 2: issues around injury in sport and related recreational services
Session 3: contracts (including selection disputes) , drugs, Court of Arbitration of Sport and contemporary controversies.

-  **19HUM021 Know your skin** – Tutor: Julie McNaughton
Weekly from Friday 4 October (4 sessions), 11.30am, West Room
We shall look at the structure and function of the skin, nails and hair, basic skin care and common skin disorders and their treatments. Notes will be supplied.

-  **19HUM022 Wiser Drivers** – Tutor: Ian Hall
Weekly from Tuesday 10 September (4 sessions) , 1.30pm, Hall
This is a refresher course for responsible older drivers which looks at topics such as road safety, assessing car roadworthiness, the latest road rules, difficult driving situations, retaining your licence and driver well-being. It is not a practical course, it is classroom based. The course is sponsored by the City of Boroondara and is offered at no cost to our members. Take advantage of this opportunity to enhance your driving knowledge and safety.

READMAN LECTURES

- 19LEC007 Prof Tony Gould “Classical and improvised music”** - Tuesday 3 September, 2pm, Hall
19LEC006 Myra Scott “Australian Suffragettes in the UK” - Thursday 19 September, 2pm, Hall

MUSIC

- 19MUS027 Saturday Matinee - Mini Mozart** – Saturday 14 September, 2.30pm, Hall
19MUS029 Saturday Matinee – Jazz Group – Saturday 31 August, 2.30pm, Hall
19MUS030 Saturday Matinee - Sam Alfreds plays Chopin - Saturday 26 October, 2.30pm, Hall

TRAVEL

Armchair Travel - last Thursday of each month, 1.30pm in the Hall

- 19TRA007 Thursday 29 August - Nepal** - Jeff Lodge
19TRA008 Thursday 26 September - Cuba - Rod Jones
19TRA012 Thursday 24 October - Sri Lanka - Nirodha Meegahukumbura
19TRA009 Thursday 31 October - France and Italy - Maureen Robinson
19TRA011 Thursday 28 November - Unexpected Crete - Judy Hamann

