



**ACKNOWLEDGEMENT OF RISKS 2020**

To complete your enrolment in one or more of the courses below, please tick the courses you are doing and sign this form and hand it to one of the group leaders, or to Reception, before taking part in the activity.

- 20ART020 Digital Photography 1 (Monday) – Michael Gordon
- 20ART021 Digital Photography 2 (Wednesday) – Loraine Permezel
- 20EXE032 Go for Life – Graham Morgan-Elliss
- 20EXE060-3 Badminton Fun – Di Gee
- 20OUT001 Shorter Walks on Wednesday - Garry Warne
- 20OUT002 Metro walks - Short Walks on Tuesday – Lorraine Doyle
- 20OUT003 Wednesday Weekly Walk and talk – Janet Gromer & Elisa Lando
- 20OUT004 Moderate Walking Group – Eva Carew-Reid & Lily Adolphe
- 20OUT020 Bird Watching Walks – Pat Bingham

*Please note: the Cycling groups have a separate Acknowledgement of Risks form.*

In voluntarily participating in this activity, I am aware that my participation may expose me to risk that could lead to injury or loss or damage to property.

To minimise risk, I will endeavour to ensure that:

- This activity is within my capabilities; and
- I will carry food, water and equipment appropriate to the activity; and
- I will advise the Course Leader if I am taking medication or have any physical or other limitation that might affect my participation in the activity.
- I will make every effort to remain with the rest of the party during the activity and will accept instructions from the Leader.

I have read and understood these requirements. I have considered the risks before choosing to sign this Acknowledgement of Risk. I still wish to join this activity.

I accept that in signing this form I will take responsibility for my own actions.

Name: ..... (Please print) Member No: .....

Signed: ..... Date: .....