



U3A Hawthorn Inc.

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### ACKNOWLEDGEMENT OF RISKS 2018

To complete your enrolment in one or more of the courses below please sign this form and hand it to one of the group leaders, or to Reception, before taking part in the activity.

- 18OUT001 Shorter Walks on Wednesday - Garry Warne
- 18OUT002 Metro walks - Short Walks on Tuesday – Lorraine Doyle
- 18OUT003 Monday Weekly Walk and talk – Janet Gromer & Elisa Lando
- 18OUT004 Moderate Walking Group – Bruce Gooley
- 18OUT010 Munari Riders (Friday) – Trevor White
- 18OUT012 Tuesday Cycling – Carol Lancashire
- 18OUT014 Wednesday Cycling – Mike Rodgers-Wilson
- 18OUT020 Bird Watching Walks – Pat Bingham
- 18ART020 Digital Photography 1 (Monday) – John Cook
- 18ART021 Digital Photography 2 (Wednesday) – John Cook

In voluntarily participating in this activity, I am aware that my participation may expose me to risk that could lead to injury or loss or damage to property.

To minimise risk, I will endeavour to ensure that:

- This activity is within my capabilities; and
- I will carry food, water and equipment appropriate to the activity; and
- I will advise the Course Leader if I am taking medication or have any physical or other limitation that might affect my participation in the activity.

I will make every effort to remain with the rest of the party during the activity and will accept instructions from the Leader.

I have read and understood these requirements. I have considered the risks before choosing to sign this Acknowledgement of Risk. I still wish to join this activity.

I accept that in signing this form I will take responsibility for my own actions.

Name: ..... (Please print)

Signed: ..... Date: .....