

U3A HAWTHORN COURSES FOR 2017

The Full Curriculum for 2017, including updates throughout the year, is available on the website u3ahawthorn.org.au

Please enrol for these classes using the **Course Enrolment Form**.

ADDITIONAL COURSES which have not yet commenced for SEMESTER 1, 2017

SHORT COURSES (new courses or those with places still available 28 February)

SH06: INVESTING IN THE AUSTRALIAN SHAREMARKET **9.45 – 11.15** **FRIDAY**
Venue: SINCLAIR AVENUE NORTH ROOM
Tutor: Geoff Hindle *weekly 17 March to 7 April (4 sessions)*

We discuss how fund managers operate in seeking to outperform the market index and we suggest departures from their approach to meet the more conservative objectives of retired people. The emphasis will be on relatively passive investments in lower volatility sectors such as infrastructure, REITS and the less-cyclical industries with a portfolio for growth oriented stocks.

SH10: AUSTRALIA AT WAR – the impact of World War 1 **11.30 – 1.00** **THURSDAY**
Venue: SINCLAIR AVENUE CLASSROOM WEST ROOM
Tutor: Graham Pratt *weekly 27 April – 25 May (5 sessions)*

This course explores the impact of World War 1 on the Australia of 1914 – 1918. It covers the role of our forces and the political, social and economic upheavals triggered by the war. Finally, we examine the continuing legacy of the war on Australian society.

SH15: BRIDGE FOR BEGINNERS **MONDAY**
Venue: HALL SINCLAIR AVENUE
Tutor: Linda Baynham *weekly 6 March – 26 June NCSSH (12 sessions)*

Learn how to play bridge. This course will teach you the basics of the Standard American bidding system and the fundamentals of playing the game. Learn what is meant by the terms like contract, declarer, defender, dummy, doubling, redoubling etc. Prior to starting the course, participants are required to purchase their own copy of Paul Marston's 'Introduction to Bridge' which can be arranged by the tutor, at a cost of about \$20.

Student pre-requisites: No prior knowledge of bridge but familiarity with other trick playing card games would be helpful. Please note it's very desirable that participants are able to attend all of the twelve sessions as new material will be covered each week. Having a sense of humour would be beneficial and you possibly need to understand that this game can sometimes become addictive.

SH20: CONVERSATIONS YOU NEED TO HAVE - AGE (LEGAL) MATTERS **1.30 -3.30 THURSDAY**
Venue: HALL SINCLAIR AVENUE
Tutor: Jeni Lee *weekly 4 May – 18 May (3 sessions)*

Join lively conversations about legal issues that matter to you as you age. Being informed allows you to lead the conversations and control future decisions about your future. There will be three sessions and it is important to attend all three as issues overlap. Topics covered include:

- What's in a Will?
- Organ donation and burial rites and are these wishes followed?
- Directing your financial and personal care into the future (Financial and Power of Attorney) - what matters here and what is possible/
- Your future medical care plan and assisted dying (euthanasia) and how to make sure that your wishes and values are considered and are seen as important for you.

SH21: STORYTELLING*see below for times***MONDAY****Venue: SINCLAIR AVENUE WEST ROOM***Tutor: Kate Lawrence**1 May, 15 – 29 May, 5 June (5 sessions)*

Learn the art, fun and satisfaction of finding, crafting and telling stories from your past. Reflect on your life, craft and hone, stand and tell. Create a story proper, about who you are and what you know to be true, all the while taking your audience on a captivating journey!

This short course is in 3 segments and you may enrol for 1, 2 or 3 segments

SH21A Monday 1 May Introductory Workshop 1.30 - 3pm, unlimited numbers, West Room

Come along and learn about the art of storytelling to see if you wish to join the workshops – have the opportunity to see storytelling in action.

SH21B Monday 15, 22 and 29 May Workshops, 10.30 – 12.00, 5-6 people only OR

SH21C Monday 15, 22 and 29 May Workshops, 12.30 – 2.00, 5-6 people only

SH21D Monday 5 June Performance with audience, 1.30 – 3.00

Please note you need to enrol for the sessions of your choice. If you enrol for the 3 workshops you will automatically be in the 5 June Performance session.

SH22: CYCLING WITH THE BLACK DOG**1.30 – 3.00****THURSDAY****Venue: SINCLAIR AVENUE***Tutor: Malcolm Hill**weekly 4 May – 11 May (2 sessions)*

This is my personal experience of how I learnt to control and manage my depression. I realised I needed to undertake a large project to help control my depression. I needed to immerse myself, test my endurance and conquer my fear of failure. The project that I undertook made no sense as I had no previous experience of long distance cycling, but somehow it felt right. I undertook to cycle in a clockwise direction around the UK by myself, unsupported, over 80 days and covering over 5,500km.

The course will cover:

- Aspects of dealing with depression and the long and continuous journey with depression
- Planning, training and undertaking the 80 day adventure.
- Dealing with the day-to-day life on the road and the wonderful people I met along the journey.

Additional Short Courses will be offered in the June and September Newsletters and advertised in Gateway – the eNewsletter.

NEW FULL YEAR COURSES

GE41: INTERMEDIATE BRIDGE**11.30 – 1.00 TUESDAY****Venue: SINCLAIR AVENUE NORTH ROOM***Tutor: Nafty Vanderhoek**weekly from 14 February*

For players with knowledge and experience with bridge fundamentals. Explores bidding and defence techniques in addition to declarer play.

Student Prerequisites: Basic bridge knowledge and experience.

GE17: SCRABBLE**11.30 – 1.00 FRIDAY****VENUE: SINCLAIR AVENUE ROOM 2***Tutor: Rebecca Booth**monthly 4th Friday commencing 28 April*

Following successful Summer School sessions of Scrabble, Rebecca Booth has offered to convene a monthly Scrabble course, where enrolled members can play scrabble and improve their game with Rebecca's advice and support.

Student pre-requisites: No prior knowledge of scrabble is required. If you have your own scrabble set please bring it to the classes with pen and paper.

OA06: SHORT WALKS ON TUESDAY**10.00 – 12.30 TUESDAY****VENUE: Different location each month – see website***Convenor: Lorraine Doyle**monthly 3rd Tuesday commencing 16 May*

This is a new walking group in addition to the two walking groups currently offered.

Easy walks of 6-8km in the Melbourne area. Where possible walks will be close to public transport and

will start and finish at the same spot. There will be a morning tea break at a café (own cost). The walks will usually be from 10am until 12.30pm. Details of the walks will be on the U3A Hawthorn website.

Student prerequisites: Good walking shoes, day-pack and water-bottle are required. You will also be required to sign an Acknowledgement of Risks form on your first walk.

Dates: 16 May, 20 June, 18 July, 15 August, 19 September, 17 October, 21 November

Course changes and cancellations:

SH08 BUDAPEST – cancelled, may be presented in the second half of the year

SH16 SONGWORKS – cancelled, insufficient numbers

SH13 MARVELLOUS MELBOURNE WALKS Series 8 – first walk on 21 March (not 14 March as advertised)

OCCASIONAL LECTURES / SPECIAL EVENTS

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| Tuesday 21 March | Readman Lecture – Prof Linda Kristjanson, Vice Chancellor Swinburne University, <i>Future Directions in Tertiary Education, Continuity and Change</i> , 2pm Hall, Sinclair Avenue |
| Thursday 27 April | Readman Lecture – Assoc Prof Amanda Richdale, <i>Autism</i> , Hall, Sinclair Avenue, 3pm |
| Saturday 14 May | Orchestra of U3A Concert, Hawthorn Arts Centre, 2.30pm |
| Tuesday 30 May | Readman Lecture – Prof Mike Buxton - <i>Can Melbourne continue to be the World's Most Liveable City?</i> Hall, Sinclair Avenue, 2pm |
| Thursday 25 May | U3A Hawthorn Annual General Meeting. Hall, Sinclair Avenue, 2pm. Guest speaker: to be announced |
| Thursday 15 June | Readman Lecture - Hon David Habersberger QC – <i>Judicial Issues in the Victorian Supreme Court</i> , Hall, Sinclair Avenue, 3pm |
| Sunday 25 June | Choir Concert, Flockart Hall, MLC Music Centre, 2 pm |

EXCURSIONS

– details in excursion section of newsletter or website

Thursday 16 March

TOUR OF BISHOPSCOURT HISTORIC MANSION, EAST MELBOURNE

Cost: \$15 including delicious morning tea **Time:** 10.00am – 12 noon

Departure: 120 Clarendon St, East Melbourne (corner of Gipps St) Melway: 2J D3

Inclusions: Tour and morning tea

Friday 21 April

TOUR OF MCCLELLAND SCULPTURE GARDENS AND THE ROYAL CRANBOURNE BOTANIC GARDENS

Cost: \$65 **Time:** 9.00am sharp **Departure:** By bus from U3A Sinclair Ave

Inclusions: Bus, morning tea and two course lunch

Friday 12 May

TOUR OF THE AUSTRALIAN JAZZ MUSEUM (FORMERLY THE VICTORIA JAZZ ARCHIVES)

Cost: \$25 **Time:** 10.30am to 12.30pm

Departure: 15 Mountain Highway, Wantirna (in Koomba Park) Melway: 63 H8

Inclusions: Tour and lunch

Tuesday 20 June

TOUR OF THE ROYAL MELBOURNE INSTITUTE OF TECHNOLOGY

Cost: Free **Time:** Meet at 10.20am (tour leaves at 10.30am sharp) Corner of Swanston and LaTrobe St, Melbourne