

# HAWTHORN CAMPUS NOTES VII

October, 1986

## FIRST HAWTHORN SOCIAL

Because of the many requests from members for more social activity within U3A at Hawthorn, it was decided to hold a Social Forum on August 7th. This took the form of a welcoming "cuppa" on arrival at 10.30 a.m. at the Hawthorn Citizens' Youth Club in Auburn Road, followed by a guest speaker, Virginia Hill, who is regarded as Australia's foremost authority on micro-wave cooking. Virginia did not give a cooking demonstration, but she did give a most interesting and entertaining lecture on the basic workings of micro-waves, and their effects on our cooking habits. She stressed the requirements of busy people, who did not want to spend too much time in the kitchen. The nutritional side of micro-wave cooking was not overlooked and we noticed Greta Burman in deep conversation with Virginia after the lecture. Question time was lively and continued on for about half-an-hour. Virginia stressed the need to consider your requirements carefully before deciding on the size of your oven; the importance of spending those few extra cents or dollars for approved cooking utensils; and the advantage in having at least one lesson in micro-wave cooking. For people living alone, the big advantage in using micro-wave, Virginia explained, is you can cook a small roast and vegetables, divide it up into seven or eight portions and deep freeze them to be eaten whenever you feel like a roast dinner. This has endless ramifications for bringing variety to the menu and, if you wish, you can do all the basic cooking on one day a month! All in all our members seemed to enjoy Virginia's breezy way of imparting information, and they also seemed to enjoy the sandwiches and coffee which were served afterwards.

The next Social Forum will be held at the same address, same time, on Monday, December 1st, and the guest speaker will be a well known psychiatrist, Dr. Richard Griffith. See you there!

Judy Gould

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A "Hawthorn International Year of Peace" Committee has been set up to co-ordinate a Peace Celebration Day to be held in Central Gardens, William & Henry Streets, Hawthorn on Sunday, 30th November, 1986.

If you can assist with the organization, would you please contact the Community House Co-ordinator - Julie Clarke-Powell

819 2629 (mornings only).

## PERFORMING ARTS COMPLEX

University of the Third Age students of the performing arts who are looking for somewhere to display their skills may find the Collingwood Education Centre has the answer.

In August, Alan Burrows, Supervisor of Community Education, gave the students of Ven Houston's musical appreciation course a conducted tour of the performing arts section of the Centre. The complex is used by the Primary, Secondary, Adult Migrant and Alternative School sections of the Centre. As well, outside groups can and do hire all facilities in the evenings and weekends.

The centre contains a theatre to seat 271, a separate drama room, two music studios and four music practice rooms. Both the theatre and drama room have professional stage lighting circuits which are computer controlled in the theatre. Acoustics in the theatre are so good that no amplification is necessary for drama, musicals or opera, all of which have been staged there. The drama room, which is equipped with barre and one mirrored wall, is used for rehearsals, dance, ballet, jujitsu, etc.

The music and practice rooms have been acoustically designed and "sound proofed" and one of the studios is equipped with 15 key boards! What a symphony we could expect, (or would it be a cacophony) if Ann Taylor and her students were let loose in there.

*(The material for this article was supplied by Roy Roberts)*

Hawthorn Drama tutor, Philippa Metz, will be recommencing the drama group soon - see list of courses.

## ART PRIZE

One of our members - Madge Baran - has won the Inez Hutchison Memorial Prize for Painting. This is an important competition in the Art World, and we congratulate her on this notable achievement.

Madge is an active member of the Hawthorn Artists' Society, whose studio we use for one of our painting classes.

## **FIVE IN THE SEA !**

You are in a life-boat with twenty-nine other people, and the boat will only safely hold twenty-five people. How are you going to decide who must be put over the side, and who will make the final decision?

This was the opening question put to the Social Ethics group by John Balfour, the convenor. He had other such questions to follow, and by the end of the first session, the ice was well and truly broken.

The group consisted of ten members, and the course lasted just four sessions. We were all sorry that it was so short, but it ended on a high note which was good. Besides, so many insoluble problems might have exhausted us had we continued any longer. Some of the subjects that were discussed were voluntary euthanasia, the use of life-preserving apparatus, and the timing of its removal; the question of whether the lives of severely deformed or very small babies should be preserved beyond natural means, and many more. Though the group consisted of members who were largely unknown to each other at the beginning, it quickly coalesced under John's expert guidance and everyone very soon took part in the discussion.

Phyl Hale

## **SOCIAL ISSUES**

Herbert Liffman has been the convenor of this course since U3A began. He has had wide experience in the social welfare field and due to his many contacts, has been able to provide speakers on a variety of subjects. These include Victims of Crime, Racism, Euthanasia, Problems of Ageing and many others.

Speakers who are leaders in their field have kindly given their time to this class which has grown into a very happy and united group under Herbert's guiding hand.

Classes are not structured and many spirited and informal discussions have arisen from their weekly talks; these have resulted in comments from speakers on the high level of interest shown and questions asked.

As this is a continuing group, new members are welcome.

Gwen Stevenson

## **STUDYING IN THE THIRD AGE**

For U3A students the goal of study is not to acquire facts or to pass exams but rather it is the exciting aim of learning new skills, widening interests and thus enriching our lives. What is important is to see the relationship of the information in one area with that in another and to analyse material. Learning in the area of philosophy, psychology or social sciences has the added bonus that we also learn something about ourselves. Learning becomes then an integral part of our being and develops into a force that has transforming power.

When you sit down to study, choose pleasant surroundings and some people have found that low, background music is a considerable aid to concentration. Usually an essential part of learning is reading. If the book you study is your own, it is a good idea to underline the salient points. This then draws your attention to the important points when you go through the material the second time. For class preparation, it can be beneficial to read ahead of your tutor. This will make it easier to understand what is discussed in class and so reduce the need to take notes.

There are various ways of reading: SKIMMING to determine whether the book has any information that you require; QUICK READING when all you want to understand are the major points; AVERAGE READING when you collect information on the subject to help you summarize; and SLOW READING - if the subject is a difficult one, read no more than three or four pages per hour and try to understand what is being discussed.

The best way to learn is to apply new knowledge and put it into practice whenever you can. Discuss it with friends whenever you have the opportunity to do so, or form small study groups with one or two of your friends. On the Third Age level, the satisfaction that you get from your study is the most important part of your learning. So enjoy what you learn at U3A and let it enrich your life.

John Balfour

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## **CREATIVE PAINTING**

You are reminded of the Exhibition of Paintings by U3A Hawthorn Art Group to be held at the Studio of the Tutor, Marguerite Stark, 5 Matlock Street, East Camberwell, 3124. Opening on 4th December, 1986 at 2 p.m. for one week. Viewing 2 - 4 p.m. each day.

Marguerite is also having a Solo Exhibition of oils and water colours at the Waverley City Gallery, 14 The Highway, Mount Waverley, opening 7th November, 1987 at 7.30 p.m. This will run for three weeks.



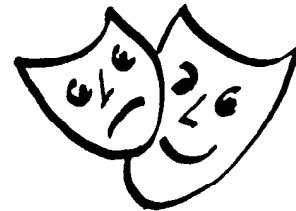
INCORPORATION

On September 16, 1986, U3A Hawthorn became incorporated under the Associations Incorporation Act 1981. This means that we are now a legal entity with legal protection in the case of accidents and have control over our own financial affairs.

THE TOMBOLA OLDER ADULTS THEATRE TROUP

PRESENTS

"A RIGHT ROYAL PANTO"



THIS IS A ROLLYING PANTOMIME BASED ON THE STORY OF CINDERELLA. WITH CHARACTERS AND SONGS FROM THE 1920'S, IT PROMISES TO BE GOOD OLD FASHIONED ENTERTAINMENT, PLENTY OF LAUGHTER, SINGING, DANCING, AND THE OCCASIONAL TOUCH OF PATHOS.

WHEN : FRIDAY THE 28TH OF NOVEMBER AT 1.30PM

WHERE : CARRINGBUSH LIBRARY THEATRETTE,  
415 CHURCH STREET, RICHMOND.

COST : FULL PRICE \$2.50

R.S.V.P. DAVID OR JUDITH ON 819 8824, 818 7371.

PLACES ARE LIMITED, SO PLEASE LEAVE YOUR BOOKINGS NO LATER THAN THE 14TH NOV.

# COURSES

## CURRENT COURSES — with vacancies

### ART PRACTICAL

Convener: Marguerite Stark  
Thursdays 1.00 p.m.  
Hawthorn Artists Society

### ART - BEGINNERS

Convener: Nan Brown  
Tuesdays 2.15 p.m.  
John Gardiner High School

### AUSTRALIAN HISTORY

Convener: Martin Merchant  
Mondays 1.00 p.m.  
Wakefield Street

### CELL BIOLOGY - Genetic Engineering

Convener: Claire Pullin  
Tuesdays 2.15 p.m.  
Wakefield Street

### CONTRACT BRIDGE

Convener: Bill Zimmerman  
Wednesdays 3.00 p.m.  
Wm. Tresise Centre

### ECONOMICS IN EVERYDAY LIFE

Convener: George Charles  
Thursdays 12.15 p.m.  
Wm. Tresise Centre

### FRENCH (Beginners)

Convener: Jean Deutsch  
Tuesdays 2.30 p.m.  
Recreation Centre

### GERMAN (Beginners)

Convener: Jean Deutsch  
Fridays 10.00 a.m.  
Wm. Tresise Centre

### GERMAN (Advanced)

Convener: Jean Deutsch  
Fridays 11.00 a.m.  
Wm. Tresise Centre

### ITALIAN (Beginners)

Convener: Helen Gerstmann  
Mondays 2.30 p.m.  
Augustine Centre

### ITALIAN (Advanced)

Convener: Jean Berah  
Wednesdays 11.45 a.m.  
Wm. Tresise Centre

### THE LAW AND YOU

Convener: P. Baventer-Coil  
Wednesdays 10.00 a.m.  
Winter Street Hall, Malvern

### LITERARY STUDIES

Convener: Connie Anthony  
Tuesdays 12.30 p.m.  
Wakefield Street

### LITERATURE & THE WRITTEN WORD

Convener: Rae Alexander  
Wednesdays 12.30 p.m.  
Wakefield Street

### MUSICAL APPRECIATION

Convener: Peg Kimberley  
Fridays 1.30 p.m.  
Wakefield Street

### MUSICAL APPRECIATION & THEORY

Convener: Ven Houston  
Tuesdays 1.30 p.m.  
39 William Street

### MYTHS & FACTS OF AGEING

Convener: Elizabeth Turner  
Tuesdays 10.30 a.m.  
Augustine Centre  
Commencing 21.10.86 (5 sessions)

### NUTRITION & HEALTH

Convener: Greta Burman  
Tuesdays 10.30 a.m.  
Wakefield Street

### PLAY READING - DRAMA GROUP

Convener: Philippa Metz  
Wednesdays 2.15 p.m.  
Recreation Centre

### WALKING & HAWTHORN'S HISTORY

Convener: Barbara Balfour  
Wednesday 22.10.86  
St. James Park,  
Cnr. Burwood Rd. & Wood St.

### SOCIAL ISSUES

Convener: Herbert Liffman  
Wednesdays 2.30 p.m.  
Wakefield Street

### SOCIOLOGY

Convener: Alex Gale  
Every second Friday  
commencing 29.9.86  
Wakefield Street

G O L F

In 1987 M.L.C. are offering 5 places in golf tuition for U3A members. The class will be conducted by a physical education teacher at the school.

Would any member interested in assisting the teacher, please contact the office.

ART TUTOR REQUIRED

Please let the office know if you can help in this respect for 1987 classes.

COURSE ENROLMENTS

PEOPLE ACCEPTED FOR ENROLMENT IN COURSES WILL NOT HEAR IMMEDIATELY FROM THE OFFICE, BUT WILL RECEIVE A CONFIRMATION OF ENROLMENT BEFORE THEIR COURSE STARTS.

IF YOU REQUIRE FURTHER INFORMATION, PLEASE RING 819 8824 AND ASK FOR A COURSE CO-ORDINATOR.

1987 CLASSES

Many other classes were advertised in the Network Newsletter but at present they are fully booked. Should you wish to enrol in any of them, please telephone 819 8824 and have your name put on the waiting list.

