

# HAWTHORN CAMPUS NOTES 111

October 1985

**WE NEED \$\$\$  
CAN YOU HELP?**

Due to the purchase of a couple of expensive one-off items this year, such as a share in the Community Education Centre's Computer and Video Recorder, our funds have run out. Rather than carry the debt forward into next year, the Executive Committee has decided to ask members for a small contribution to wipe it out. At the moment we are committed this year to three more mailings (Campus Notes, Conference mailing and December Newsletter) and the printing of the said Newsletter. We need at least \$800 to cover us.

Can you help with a dollar, or two, or more if you feel that way inclined? Tutors have agreed to take donations or you can drop them in at the office, or post them. All contributions gratefully received.

## **... and whilst on the subject**

The Network Committee of U3A has been considering the matter of the common joining fee for next year. It has been generally agreed that U3A cannot hope to cover even current modest costs on the charge of \$10 a year for singles and \$15 for doubles. Therefore, the decision has been taken to raise the fee to \$15 single and \$25 double. This still entitles members to attend as many classes as they wish throughout the year.

As no one would expect members to pay \$10 for joining U3A for what is left of 1985 and then ~~then~~ another \$15 in January, new members from October 1 will pay the new fees and be covered until the end of 1986.

### AN EXCITING NEW PROJECT

The first exhibition at the Children's Museum, entitled EveryBody was unveiled at the end of last month.

Vitally important to the successful working of the project are volunteer explainers - people who are interested in helping children learn about their own bodies and relate to the Museum's other resources and collections.

If you are interested in children, museums, or the human body and could give some time, please contact:

JULIE MARLAND or LAURIS JEPHCOTT  
Volunteer Co-ordinators,  
Children's Museum,  
Museum of Victoria Phone: 669 9052

# FIRST AUSTRALIAN U3A CONFERENCE

Hawthorn representatives on the U3A February Conference Committee are Claire Pullin and Judy Gould. Claire has submitted the following report: "Final details are not settled, but the general shape is as follows. Numbers will be limited to 300. This is only about 80 from each campus, but it was felt that too large a number would make the conference unmanageable, and possibly not so enjoyable.

THEME: 'LIVING IS LEARNING'

GOALS: to explore future directions for the development of the Third Age in Australia; to heighten awareness of 'third age' learning potential.

VENUE: Monash University Rotunda, which is a large lecture theatre.  
Monash Arts Building, classrooms.

TIME & DATE: 9.15 am to about 4 pm on Wednesday, February 19, 1986

TRANSPORT: we need to encourage private transport, and hope people will make their own arrangements to share where possible. There will be plenty of parking (in a designated parking area) and guides to direct you from the parking lot to the check-in venue. For those who need it, bus transport will be provided, with pick up and return at Gas and Fuel in Flinders Street, and 24 Wakefield Street, Hawthorn.

COST: \$14 per person. This includes a basket lunch (chicken, roll, salad etc.) which can be eaten in the cafeteria or outside on the grass. Morning tea/coffee are also included in the cost.

PROGRAMME: the Conference will be chaired by Betty Marginson (Hawthorn Campus). In the morning there will be two speakers: Barry Jones, Federal Minister for Science and Technology, and Dr Eena Job, who lectures part time in the Department of Sociology at the University of Queensland and in the external retirement courses. Her involvement in ageing led to the development of a course- 'Fending off Forgetfulness', which she teaches at the School of Continuing Education at the University.

## Workshop sessions

After lunch 'Open Windows on Learning', a one hour workshop session. The Conference will break up into groups of 10 - 25, using classrooms in the Arts Building. The workshops will be conducted by volunteer U3A members in a variety of topics under three general headings:

History and Research  
Fitness and Health  
The Arts, Recreation and Communication

There are about 15 different titles to choose from which will be printed in the brochure to be mailed to all U3A members at the end of November. RSVP December 16.

The Conference will close with a short plenary session which will attempt to sum up ideas and recommendations resulting from the invited speakers and the workshops on the position of U3A in Australia, and our hopes for the future."

FEBRUARY CONFERENCE

Would anyone with any publicity contacts please get in touch with: ANGELA HURST - 544 7573

# Tutors and Classes

## — Where to for Next Year?

With almost a year's experience behind them, the main discussion at the tutors' workshop last month centred on plans for 1986, and probably raised as many questions as were answered.

One question raised was: what do the students themselves wish to do, and by now some tutors may have discussed this with their groups. In some cases, such as LANGUAGES, the question is largely unnecessary, but in others the answers may be surprising. Claire Pullin, for instance, found that those who attended CELL BIOLOGY - GENETIC ENGINEERING this year suggested physiology, organic chemistry and bio-chemistry as possibilities for next year - all hard academic subjects, but their idea, she says, is to broaden their horizons by doing related topics rather than go further in a particular subject. Claire points out that this would hardly be possible in a science without practical laboratory experience.

In many areas such as ART APPRECIATION and LANGUAGES, Hawthorn is going to be looking for extra tutors or group leaders to take up the new students next year and Vic Kennedy suggests prayer for a properly qualified computer person to complement his introductory classes of this year.

### SHARING KNOWLEDGE

One group which has been planned to cope with the eventuality of needing more group leaders is Ros de Castella's RELAXATION course.

Initially a five session course, the RELAXATION group is now meeting for the eighth time, with a ninth organised and more to follow! The course was planned with a two-fold purpose.

1. To set up a series of weekly 1½ hour workshops designed to provide self understanding through the practise of various relaxation techniques, as well as the opportunity for group members to share their knowledge and experience through discussion.
2. To facilitate the establishment of an on-going care group of U3A members who are interested in pursuing and sharing knowledge about relaxation.

A general request from the group during the second session resulted in succeeding sessions including some work on personal awareness and interpersonal relationships.

The group seem most of all to have enjoyed the sharing and benefited from the realisation that others have similar worries and frustrations and for all it has been an exercise in self-awareness.

So far several have indicated their interest in continuing as part of the core group. Their challenge now is to broaden their knowledge of relaxation techniques and to develop skills which will enable them to share this knowledge with each other and hopefully with new group members.

Rosemary Hepburn's NUTRITION course hardly faltered when she announced in August that she was planning to travel to the United Kingdom for a convention on Nutrition and do a little private touring at the same time. Nothing daunted her students decided they had enjoyed the course so much, they would not disband but continue on themselves until her return in October. For the last couple of months they have been revising and discussing earlier lessons with the help of speakers from time to time. Rosemary is expected back at the end of this month.

# Hawthorn Campus... new courses

## AN ASPECT OF SOCIOLOGY

Convener: Alex Gale

This course was announced in the last Newsletter and will commence on November 8. It will concern itself with man/woman, parent/child relationships and will also contain some consideration of the impact of Feminism on one's thinking and behaviour and the changes of attitude occurring in society.

The group will be run on workshop lines, and be open to both men and women. Creative involvement could be offered, such as drawing, psychodrama, sculpting, metaphor; to help clarify issues leading to fuller awareness of where we stand in our own estimation. Friday mornings at Wakefield Street.

## AUSTRALIAN HISTORY

Convener: Martin Merchant

In general, this course will cover some of the problems in the early stages of settlement, during the period of growth, and at the present time.

Included could be:

- (a) the first settlers and the difficulties relating to water, distance, tree clearance, undesirable immigrants.
- (b) the Continent had the last say - empty spaces, climate, desert areas, mineral deposits.
- (c) Industry and the rise of Trade Unionism.
- (d) the Constitution - its history and problems of change.

This course will be held on Monday afternoons, commencing October 14, at 24 Wakefield Street. Places available.

## NUTRITION AND HEALTH

Convener: Greta Burman

In today's society we are continually subjected to enticing food advertisements and articles on miracle diets. Greta Burman, a qualified lecturer in Bio-chemistry and Nutrition, is commencing a new course on the all-important subject of diet, how to distinguish between fact and fiction in advertising, and our diet's relevance to health and the prevention of illness.

Topics will include such subjects as the nutrients; how the body makes use of food materials; production of energy and maintenance of body tissues; minerals and vitamins, their function and importance; effects of cooking and processing; misconceptions.

The course will be held on Tuesday mornings, commencing November 12 at 24 Wakefield Street. Places available.

## ART APPRECIATION - An Introductory Course

Convener: Sue Van Dorssen

This six-session course will aim to provide an understanding of the basic elements of various art forms. Hopefully, this will enable students to join an existing Art Appreciation course for further studies in 1986.

The course will be held on Monday afternoons, commencing November 28.

CURRENT AFFAIRS AND AUSTRALIA

Convener: Bernard Haugh

A look at the background of current events around the world and how they may affect Australia. Class members will determine the topics they wish to discuss and participate in collecting information.

The course will be held on Thursday mornings, commencing November 7, at 24 Wakefield Street. Places available.

PHILOSOPHY

Convener: Ron Gilbert

A structured Philosophy group is being considered for 1986, to begin in February. Ron Gilbert is from Deakin University. Details in the final 1985 Newsletter in December.

## City Campus... new courses

The following courses have come about at the City Campus since the Network Newsletter copy was submitted. If you would like to join in one or other of these classes, please ring the City Campus (63 1793) or call in at the office personally. The courses are, of course, open to any member of the U3A, wherever registered.

THE NEW TESTAMENT

Sir Frank Woods, former Archbishop of Melbourne, will be conducting a series of lectures on the New Testament. Duration 8 weeks. Weekly on Thursday afternoons from October 3, 1985.

THE HISTORY OF WATERCOLOUR

Maurice Callow will give a series on the history of watercolour painting, covering the technical and stylistic changes that have taken place. The 'Collector's eye' will be the viewpoint taken. As Maurice is a specialist in watercolours, he knows his subject. Weekly for 3 weeks on Thursday afternoons, starting October 3, 1985.

CLEAR THINKING

Just how does the advertising man seek to persuade us to buy his product? How sound are the arguments of our politicians? Is that Letter to the Editor really convincing, or just cleverly worded?

This course will investigate the devices used to manipulate our thinking, and also look at the idea of inductive and deductive reasoning. The course, convened by Avis Hart, will run for 10 weeks. It will be held on Monday afternoons, commencing September 23, 1985.

Text: "Stands to Reason" (G.M. Hibbins, 3rd Edition)