



# U3A HAWTHORN NEWS

Number XV

September 1988

## LIFE-LONG LEARNING

"Adult education should play its part in maintaining the intellectual and cultural vigour of the nation throughout people's lives." The speaker was Professor R. Johnson\*, keynote speaker at Australia's first National U3A Conference held at the University of Melbourne in August. In looking for a possible role for U3A, he pointed out that older people are well placed to maintain the idea of learning as a benefit in itself, regardless of its economic outcome. Professor Johnson had much of interest to say in this vein and called on Plato to support his views:

"I know of only one educational thinker who had a prescription for The Third Age. In this, as in a number of other respects, Plato was not so much centuries as millennia ahead of his time. In the Republic he prescribes the pattern of life for the Guardians who were to rule his ideal society. They should of course have initial education from the age of about 7 until about 20. They should then have a prolonged period of what both Plato and later religious thinkers called 'contemplation'; that is, a high intellectual activity coming as it were face to face with truth, with abstract concepts and with the ideal form of the universe. After 10 years of such contemplation, when the Guardians were at about the age of a modern Ph.D. graduate, they entered active life as rulers of the Republic. They carried out this burdensome task for 20 years, until they were 50; at that point they were allowed to return to a life of intellectual contemplation, having earned this as a reward.

You people are at that stage. You have a chance to implement that aspect of Plato's Republic, and you will see that Plato does not regard this phase of life or this activity as geriatric or remedial. He regards it as the highest form of human activity. For the first time the advanced societies have an opportunity to make such a stage of life a reality on a large scale.

Contemplation is a noble calling. Nevertheless, if it is pursued in isolation, it can be a self-centred activity. I commend to you a motto of the religious order known as the Order of Preachers. In Latin it says 'contemplare et contemplata tradere aliis'. In English it is 'To contemplate and to pass on to others the fruits of that contemplation'. I suggest that you might well adopt that as a motto. It encompasses the value of education to the Third Age; the value of the Third Age to education; and the value of an educated Third Age to society. Let me explain that proposition.

The Third Age might well be called the age of opportunity, because it has time to devote to the interests of its people; it has skills acquired over a lifetime; it has the experience of that lifetime and for very many people in our kind of society, it has a degree of freedom from the most urgent pressures of financial need or ambition or obedience to others. It therefore has scope for contemplation as Plato & others understood it, for reflection on one's own life and experiences and on human life in general."

One of our members has given us a list of some very worthwhile quotes made by Professor Johnson:

"I think therefore I can."

"Learning is the raising of consciousness."

"Education is one of the main means for individuals to achieve independence and personal growth. In an equitable society, it should be available as widely as possible."

"The Government does not aim to create in Australia a nation of prosperous philistines. It recognises that true quality of life cannot be achieved without intellectual culture."

"Contemplation is not looking at the T.V. or similar entertainment, it is hard intellectual work, looking at situations, analysing them and drawing conclusions from them. The object of contemplation will be the natural world in all its variety and complexity, its laws and manifestations."

"The role of U3A is, however, not only to contemplate; it is to pass on to others the fruits of contemplation."

"It is important for people to retain preoccupation with truth."

He also quoted another speaker who gave advice on a practical level:

1. Increase physical activity even if it means just going for a half hour walk daily.
2. Decrease intake of energy-dense foods like biscuits and chocolates.
3. Increase intake of nutrient-dense foods like fruit, vegetables, cereals and lean meats.
4. The key to healthy eating is to eat a variety of foods every day.
5. Avoid adding salt at the table and in cooking.  
Limit intake of salt-cured foods.
6. Put your trust in food, not vitamin pills.
7. Cooking methods are also important. Limit the amount of frying and barbecuing and prefer cooking methods like steaming, boiling, baking and microwave.

\* Professor R. Johnson is Special Adviser (Education),  
Department of Employment, Education and Training.

A copy of his address and those of all the speakers is held at Wakefield Street for those who wish to borrow and peruse them.

## THE U3A NETWORK - VICTORIA

The Network Secretary, Mr. Tom Timpson, has forwarded us their Bulletin No.2 which we quote for your information.

### The U3A Conference

There were 354 enrolments for the first National U3A conference (supported by the Australian Bicentennial Authority) and held at the University of Melbourne on 22 and 23 August 1988. Most members were, of course, from Victoria but at least two or three came from each of the other five states and the Australian Capital Territory. To judge by the amount of conversation that went on between sessions, much pleasure came from meeting members from other U3As. Certainly everyone appeared to enjoy themselves and yet to everyone else's surprise were punctual for all meetings! The addresses were all interesting and the Keynote address "Life-Long Learning, Government Policy and the Place of the U3A" was outstanding. It was given by Professor R. Johnson, Adviser on Higher and Adult Education to the Commonwealth Department of Employment, Education and Training. When it becomes available, it should be compulsory reading for all of us. It was followed in the afternoon by a valuable panel discussion on Attitudes to Learning given by five people from different backgrounds of knowledge and experience. We had a report on U3A worldwide and on the next day six representatives described the development of U3A in their states or territory. This was followed by questions and discussion. On Tuesday afternoon we heard from experts on three topics "The Mature Student and Learning", "Physical and Mental Changes during Life-Time" and "Healthy Eating in Later Life". Mr. Cliff Picton who is Chief Executive of the Australian Council on the Ageing and who has, by his leadership, inspiration, visits and practical help, done more for U3A than anyone else in Australia, gave a fine resume of the Conference and shared with us some more of his wisdom. The Conference organising committee consisting of convener Noel Norman and his colleagues Jan Bedford, Laurie Brisbane, Judy Gould, Werner Graff, Don Graves, Victor Lakaby and Mavis O'Flynn were very warmly congratulated and thanked for the planning of such a stimulating and enjoyable time.

### Incorporation of the Network

The Council of the Network has spent a considerable amount of time recently preparing the necessary legal documents for incorporation as an Association. The task of the Network is communication, the provision of information outside and within the Network and services for member U3As. In determining the legal requirements, the Council had to ensure that in working together all U3As remained completely autonomous. This has

been achieved by making clear that the Network is not an external organisation. As with the old Network Committee the U3As in Victoria are the U3A Network - Victoria. Further the U3As in Victoria are the management committee of the Network which is called the Council. The Council consists of not more than two representatives of each member U3A together with the office bearers who are appointed by the Council itself. Each U3A has one vote at a Council meeting and no one else may vote. To make this even more effective, the Executive of the Council must circulate the business paper of each Council meeting one month in advance to give each U3A the opportunity to scrutinise in advance what is being planned.

#### Network News

At every Council meeting each U3A is asked to table a brief report of its activities. These reports will be placed in the archives and it is planned to present a summary with each quarterly bulletin so that all U3A members may have some idea of what is happening in Victoria. However the amount of information is too much to be able to report in full and each issue will need to concentrate only on one aspect. Because many people have asked to know what courses other U3As are providing, here is a list as up-to-date as we can make it.

**BAIRNSDALE** P.O. Box 1075, Bairnsdale. 3876 (051) 56 6038  
Astronomy, Music Appreciation, Geology, Comparative Religion,  
Australian History, Play and Poetry Reading.

**BALLARAT** P.O. Box 166, Ballarat, 3350 (053) 34 7224  
History of Poetry, English Literature, Typing, Sociology, History of  
Ballarat, German, Music Appreciation, Play Reading, Indoor Plants and  
Gardening

**CITY** 256 Flinders Street, Melbourne, 3000 (03) 650 1793  
French, German, Italian, Current Affairs (various), Writers' Workshop,  
Healthy Living, Voice Production and Effective Reading, Typing, Exercise  
and Dance, Painting, Philosophy, English Language, Shakespeare for You,  
Modern Drams, The Hindu Way of Life, Christianity, Mediaeval Heroines,  
History of Science, New Life Sciences Made Easy, Teaching and Travel in  
China, On Being Worldly Wise Travel, Terra Australia, Literature,  
Australian Writing, Sculpture, Opera.

**FRANKSTON/PENINSULA** C/- Chisholm Inst. of Tech. F/ston. (03)784 4337  
Art, Bush Walking, Car Maintenance, Computer/Typing, Creative Writing,  
Current Affairs, English Literature, Fitness, French, Gardening, German,  
Golf, Everyday Maths, Music Appreciation, Painting, Piano, Poetry, Short  
Story Writing, Stress, Swimming, Travel, Water Colours, Wood Turning.

**GEELONG** C/- Gordon Tech. Coll, PO Box 122, Geelong 3220 (052) 26 3473  
Creative Writing, Australian History, Japanese, Travel, Music Appreciation, German, Relaxation, Bookkeeping, Bush Walking, Philosophy.  
(list not complete)

**HAWTHORN** C/- 24 Wakefield Street, Hawthorn. 3122. (03) 819 8824  
Anthropology, Art Appreciation; Arts of Asia, Art - Practical, Biology, Psychology and the Purpose of Life, Car Maintenance, Computers, Contract Bridge, Current Affairs (various), Economics, Grandparenting, French, German, Italian, Japanese, Latin, Literary Studies, Music - As One Likes It, Mathematics, New Life Science, New Physics and Philosophy, Nutrition and Health, Philosophical Anthropology, Philosophy, Piano Studies, Relaxation, Social Issues, Writing Workshop, Australian History Herbs, Needlecraft.

**MONASH** Normanby House, Monash University, Clayton. (03) 565 4706  
Public Speaking, Politics & Government, Creative Drama, Living Latin, History of English Language, Computers, Craft, Mah Jong, Literature for Pleasure, Fun with Mathematics, Ballroom Dancing, Pleasures of Poetry, Greek, Dutch, Understanding Hi-Fi, Books & Writers, Understanding Life & the Universe, Archeology, A New Look at Scriptures, Astronomy, Walking Group, Social Studies, Asian Studies, English for Fun.

**RINGWOOD** Ringwood Civic Centre, Ringwood, 3134. (03) 879 2677  
Italian, Table Tennis, French, Armchair Travel, Japanese, Writers' Workshop, Speechcraft, Drama, Calligraphy, Tai Chi, Music, Stretch Sewing, Social Studies, Literature, Photography, Painting, Music Appreciation.

**YARRA VALLEY** P.O. Box 323, Heidelberg, 3084 (03) 45 1178  
Needlework, Shakespearan Tragedy, Religious Thought, Computers, Fabric Painting, German, Talking Philosophically, Current Affairs.

Information from Portland, Wangaratta and newly formed U3As to be included in the next issue. The lists cannot, of course, be complete but they do give a guide to what is available and certainly a picture of greatly varied U3A activity.



## U3As HELP RESEARCH

Older Students in Adult Education by the Older Student Research Group of the Open University. This new report edited by Stephanie Clennell, looks at the characteristics of older students in a variety of organisations, including the U3A. 450 members from 19 different U3As answered questionnaires to help the research (a very small percentage of the total U3A membership).

60-70% of all respondents said they were studying because they wanted to keep their minds active. Around 50% of the so-called 'liberal adult' group of students, which included the U3As, hoped to make friends and meet people through their studies. The majority revealed a continuing commitment to learning for personal interest and development.

The data compiled about U3A members is interesting, even though the sample is very small. U3A itself has never tried to collect information about individual members. The programmes of 12 U3As were analysed; all 12 offer The Arts. 7 had language classes and 5 included practical crafts. 47% of our members are studying the Arts; 19% Languages; 6% Social Sciences; 6% Practical Crafts. No one seems to be doing Maths. and only 1% Science & Technology.

- . 72% of the U3A members were female
- . Their ages were: 60/64 - 30%; 65/69 - 33%; 70/74 - 23%; 75/89 - 14%.
- . U3A members have a variety of educational qualifications: 22% have no qualifications; 20% have a university degree and 7% have done postgraduate work.
- . 38% of U3A members have been teachers. 9% came from administrative and managerial jobs and another 9% did clerical/office work. 9% were/are unemployed. Apparently (in this sample) we have no electricians, Armed Forces personnel, Social Welfare workers, or salesmen!

This study of Older Students is the second project undertaken by the OU Research Group. The first looked only at the 60 age group on OU courses. A third study is now under way and will compare the UK older students with their counterparts in other parts of the world. For further details contact: Pat Proctor, Older Students Research Group, The Open University, Walton Hall, Milton Keynes. MK7 6AA.

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Many thanks to Kath Ernst who has taken on the job of horticulturalist at Wakefield Street. Our indoor plants are already looking happier and healthier for her ministrations.

## ALICE IN WONDERLAND

Spotted at the Ufizzi Gallery in Fitzroy recently, the fabulous tapestries of Sonya Carrington-Zakrzewska . . . including, fresh-cut from the loom, Alice in Wonderland. And what a joy it is!

**On display for Piccolo Spoleto, are nine tapestries, the subjects and execution of which are, by happenstance, a commentary on the current debate on immigration. Here is a shining example of the happy results that can flow from the merging of different cultures . . . a Polish-Australian triumph no less.**

The creations of Sonya Carrington-Zakrzewska, tapestry maker extraordinaire, combine Australian landscape, flora and fauna, and aboriginal dreamtime, as well as mediaeval saints, the brotherhood of man, women striving for knowledge, and other universal themes - a celebration of the universality of man's ideas, not a narrow nationalistic view of separate cultures.

Her tapestries are to be found in overseas collections, and in most States of Australia.

Her latest creation, however, Alice in Wonderland, or the Hon. Walrus, MP, has special charm - well, certainly for devotees of Lewis Carroll.

'The time has come,' the Walrus said,  
'To talk of many things;  
'Of shoes - and ships - and sealing-wax -  
'Of cabbages and kings -  
'And why the sea is boiling hot -

'And whether pigs have wings' . . . all these fancies are cleverly woven into the tapestry. It has been said that the writing of Lewis Carroll means whatever you want it to mean, and for the tapestry's creator, here is an interpretation with decided political overtones. Though to me it's a delightful nonsense verse, still I CAN see the parallel.

Behold the King (the Prime Minister); the King on his head (the Leader of the Opposition); the cabbages - the backbenchers; the flying pigs (the porkbarrellers); the shoes - well, surely they're to boot along our MPs in the right direction! And maybe the smile on the face of the Cheshire cat alludes to our Treasurer? Wonderland indeed.

But in the story of Alice, who kept on growing, I think there's a special relevance to a creative artist. Well done, Sonya Carrington-Zakrzewska.

## FURTHER STUDY

The philosophy that learning is important for its own sake and not merely for vocational training or qualifications is basic to U3A. However, some members do take up courses of study leading to accreditation. This year, for instance, several people in the piano studies group completed AMEB examinations and others have commenced university courses. It is always of interest to learn of further study options being explored by our members. So if you are in this situation or know of former members who are studying towards a qualification, please leave a message outlining the relevant details with the office on 819 8824 or 818 7371.

## CARRY ON LEARNING

As our contribution to Ian Braybrook's radio programme on 3MBS (FM102.8Hz) at 10 p.m. on Tuesday evenings, we have taped interviews with Margaret Drake, Sue Van Dorssen, Harold Fraser, Werner Graff, Deirdre Jane and Betty Marginson. In addition, Ian Braybrook himself came down to Hawthorn and interviewed quite a number of people as well as an entire class. We shall be taping more short interviews in the near future.

A Bi-centennial grant has been given to the station to produce the programme which covers U3A activities in Victoria.

## CHINA

The April visit to China is still reverberating through U3A Hawthorn. On August 4 there was a very successful morning when three or four members showed slides and spoke about their experiences in China. They also presented a Chinese painting from the Lao Nian Xue Da (Aged University), Nanjing, which now hangs in the hall at 24 Wakefield Street.

Later in the month Professor Wu Zhan-yun and Madam Qian Ying arrived from Nanjing to attend the U3A National Conference. Professor Wu has recently retired from the staff of the Nanjing Normal University (where our group stayed whilst in China) and Madam Qian is Assistant Administrator at the Aged University. Madam Qian brought with her four videos made by the students at her University on Acupressure, Qigong, Miniature Tree Sculpture and the University itself and these were shown to members on September 19.

## CURRENT COURSES

Although a class may be full at the present time, people do have to withdraw for various reasons, so a waiting list is kept for each course.

Please fill in the enrolment forms clearly and accurately including telephone number and postcode

ANTHROPOLOGY I Convener: Judy Lee

This course looks at the field work of Social Anthropologists in countries such as Africa, Mexico and China, as well as Australian Aborigines. By increasing our understanding of other cultures, the barriers of cultural difference are overcome. The current course has been completed, but there will be further courses commencing in 1989.

ART APPRECIATION Convener: Sue Van Dorssen

An on-going course embracing the major arts (architecture, painting and sculpture) of Western Europe. This year we will be covering the period from the Renaissance to the Baroque.

Monday afternoon, 24 Wakefield Street, continuing but this course is FULL.

ART APPRECIATION Convener: Martin Merchant

The reason and need for art expression in the changing generations of mankind will be developed, together with an appreciation of the styles, methods and materials used which will be examined

Tuesday afternoon, 24 Wakefield Street, continuing but this course is FULL

ARTS OF ASIA Convener: Ernestine Lobb

This is a wide-ranging course not limited to any one country or artistic form. Depending on the interests of students, architecture, painting, sculpture, drama, music, festivals, religions and customs from India to Japan, from Indonesia to Tibet, may be investigated. Some excursions will also be arranged.

Wednesday mornings, 4A Dalny Street, Malvern. Recommencing 1989.

ART - PRACTICAL Tutor: Margaret Gillespie-Jones

A self-help group doing painting and sketching.

Thursday afternoon, Hawthorn Artists' Society, Cnr. Glenferrie & Manningtree Roads, Hawthorn.

AUSTRALIAN HISTORY

A Self-Help Group formed from the members of Gordon Wilson's class which was held earlier in the year.

Friday morning, 24 Wakefield Street, commencing 2nd September, 1988.

BIOLOGY, PSYCHOLOGY & THE PURPOSE OF LIFE Convener: Trevor Moffat

This is a basic course covering the general areas of each subject in everyday language. The sessions shall attempt to maintain a balance of structured and workshop approaches and, where possible, use videos or films to stimulate discussion. The course will centre on three fundamental questions:

1. How does it happen?
2. Why does it happen?
3. What is its purpose?

Monday morning, 24 Wakefield Street. This course is FULL.

CAR MAINTENANCE Convener: Thalby Reidy-Crofts

A course to help you understand how your car works, how to carry out quick and easy maintenance procedures and how you can tell when things are not working as they should; run in conjunction with M.L.C.

Particulars available from the office at 24 Wakefield Street.

COMPUTERS - AN INTRODUCTION Convener: Vic Kennedy

A 5-week course to give you an insight into computers including the language used in this field and an opportunity for "hands-on" experience.

Tuesday morning, 89 Power Street, Hawthorn. Course FULL.

CONTRACT BRIDGE Convener: Bill Zimmerman

An introduction to this fascinating game. It is necessary for there to be at least twelve students to make the course viable.

Wednesday afternoon, William Tresise Centre, Cnr. Bowler & Munro Streets, Hawthorn (Riversdale Road tram - alight at Auburn Road).

CURRENT AFFAIRS - AUSTRALIA & THE WORLD Convener: Wolfe Flack

Current affairs around the world and how they may affect Australia.

Class members determine the topics they wish to discuss and participate in collecting information.

Thursday morning, William Tresise Centre, Cnr. Bowler & Munro Streets, Hawthorn (Riversdale Road tram - alight at Auburn Road). Course FULL.

CURRENT AFFAIRS - SOUTH EAST ASIA Conveners: Gerald Noble &  
Jean Aikenhead

This discussion group concentrates on the background to current happenings in lands to the north of Australia with some lectures on historical development and occasional guest speakers. Course FULL.

Tuesday morning, Balwyn Library, 336 Whitehorse Road, Balwyn.

ECONOMICS Convener: George Charles

This discussion group is free from figures and in plain language that all can understand. Its aim is to seek a greater awareness of the world about us by looking at the history and the background of economic systems at home and abroad. Monday morning, 24 Wakefield Street.

GRANDPARENTING Convener: Alex Gale

The

function of the group is one of sharing and support. The pleasures of grandparenting, and the problems which may arise in this role are discussed. New members welcome, especially Grandfathers.

Tuesday morning, 24 Wakefield Street, commencing 13th October.

HERBS Convener: Barbara Balfour

The course will be an introduction to the identification, propagation and growing of herbs in pots or gardens. We will also look at their uses, e.g. culinary and in various crafts. We will not study their medicinal uses.

Wednesday morning, 24 Wakefield Street, commencing 19th October.

LANGUAGES

French (Beginners) Convener: Adele Chambers

Friday afternoon, 24 Wakefield Street.

French Conversation Convener: Nazli Wilhelm Course FULL

Wednesday afternoon, Recreation Centre, next to Swimming Pool.

German (Beginners) Convener: Terese Von Schneeberg

Monday morning, 2 Cecil Street, Kew.

German (Continuing) Convener: Ursula Gottschalk Course FULL

Thursday morning, Wm. Tresise Centre, Cnr Bowler & Munro Streets, Hawthorn (Riversdale Road tram - alight at Auburn Road).

Italian (Beginners) Convener: Maurice Berah

Monday afternoon, 24 Wakefield Street.

Italian (Continuing) Convener: Maurice Berah

Monday afternoon, 24 Wakefield Street.

Japanese (Beginners) Convener: Joyce Berdy

Monday afternoon, Recreation Centre, next to Swimming Pool.

Japanese (1st & 2nd Year) Convener: Geoff Matenson

Monday afternoon, Recreation Centre, next to Swimming Pool.

Latin (Continuing) Convener: Helen Gordon

Wednesday morning, 24 Wakefield Street.

There are still a limited number of vacancies in some of the language courses, so please apply to the office for further particulars.

LITERARY STUDIES - Levels I & II Convener: Connie Anthony

These courses explore our literary heritage of Australian authors and notable poets - then possibly take a glance at world literature. This will encompass the ancient Greeks, French and great English authors and poets. Following this, some of the outstanding contributions of modern American authors and playwrights will be examined. Tuesday morning, 24 Wakefield Street. Level II is FULL but there are still vacancies in Level I.

MUSIC - AS ONE LIKES IT Convener: Ven Houston

This course looks at the structure and history of music in opera, dance, chamber, vocal and choral music, and other areas.

Tuesday, 12 noon, Hawthorn Community House, William Street.

MATHEMATICS IN THE MODERN WORLD Convener: Brian Phipps

With the advent of the calculator and the computer, we have learnt new ways of doing mathematics allowing the interested learner to investigate, explore and make decisions without feeling threatened or discouraged. Hence, starting with the counting numbers 1,2,3 and so on, it is possible, in relatively simple steps to build up a knowledge of mathematics that allows the learner to appreciate the role of mathematics in everyday life and to enjoy the recreational aspects of mathematics in problem solving and in games and puzzles.

Monday afternoon, Hawthorn Inst. of Education, 442 Auburn Rd., Hawthorn.

NEEDLECRAFT Convener: Patricia Morris

Make your granddaughter a smocked frock or perhaps a shirt for your grandson! Or skirts or blouses or even a new frock for yourself!!

A general garment making programme (including collars, hems, zips, etc) for anyone with staying power and a sewing machine.

Wednesday afternoon, 24 Wakefield Street, commencing 7th September.

NEW LIFE SCIENCES MADE EASY Convener: Elizabeth Turner

Six lectures covering the stuff of life, the body's defences, genetic engineering, reproduction techniques and public policies & the future.

Friday afternoon, Wakefield Street, commencing 30th September.

NUTRITION & HEALTH Convener: Greta Burman

We are continuously subjected to enticing food advertisements and articles on miracle diets. This course will help us distinguish between fact and fiction. How can nutrients contribute to health or illness? Digestion, energy, fibre, cholesterol, minerals and vitamins, cooking and food processing, fast foods, etc. will be discussed.

Tuesday morning, 24 Wakefield Street.

NEW PHYSICS & PHILOSOPHY Convener: Fred Rosedale

In Search of Meaning

Quoting Paul Davies: "We seem to be on the verge of discovering wholly new laws of nature. Talking of 'organizing principles' in nature is often regarded as shamefully mystical or anti-science. This is an extraordinary prejudice.

The universe has organized its own self-awareness. This is powerful evidence that there is 'something going on' behind it all. Science may explain all the processes, but that still leaves room for there to be a meaning behind existence."

Anyone interested in our search for meaning is welcome to join our group. Tuesday afternoon, Recreation Centre, next to Swimming Pool. Re-commencing 1st November, 1988 (Cup Day).

PHILOSOPHICAL ANTHROPOLOGY

Thoughts and Ideas

A self-help group undertaking a course in human relations; evolution as a positive sequence; growth, its nature and limitations; logical concepts and the nature of meaning; restructuring human attitudes; democracy; student participation; economics and administration; life force and the golden mean.

Friday morning, 24 Wakefield Street.

PHILOSOPHY Convener: Joan Drake

This is a self-help group. Members will explore topics, present them to the rest of the group, and initiate discussion.

Fortnightly, Tuesday afternoon, Augustine Centre, Minona St., Hawthorn.

PIANO STUDIES I & II Convener: Ann Taylor

For beginners and those who learned in their early years and now feel they have the time to experience the joy of learning again.

Wednesdays at 4/284 Barkers Road, Hawthorn. Course FULL.

PSYCHOLOGY/SOCIOLOGY Convener: Alex Gale

This course has a philosophical, psychological approach, aimed at a greater understanding of our own reactions and behaviour. The book to be studied is Victor Frankl's "Man's Search for Meaning".

Fortnightly, Monday afternoon, Hawthorn Library, Glenferrie Road, Hawthorn. This course is FULL.

RELAXATION THROUGH GUIDED IMAGERY Convener: John Balfour

Four one hour sessions. Wednesday mornings, Augustine Centre, Minona Street, Hawthorn. Commencing 19th October 1988 at 10 a.m

SOCIAL ISSUES Convener: Herbert Liffman

Studies range from multi-culturalism through racism to children and the law, the Family Court and victims of crime, in considering the important social issues of our time. Bio-ethics, the problems of adoption (national and international), abortion and euthanasia also come under scrutiny. Wednesday afternoon, Recreation Centre, next to Swimming Pool.

WRITING WORKSHOP Convener: Connie Anthony

Beginners who partake will be given every assistance with vocabulary, grammar and self-expression. They will be encouraged to write small exercises, then higher assignments, persisting to essays, non-fiction articles, newspaper work and short stories with the hope of publication. Tuesday afternoon, 24 Wakefield Street. Course FULL.

## DEFERRED COURSE

The following course has been deferred owing to lack of numbers. Should you be interested in joining this class, please notify the office.

FEDERAL CONSTITUTION

With a referendum planned for this year on the Federal Constitution, it has been suggested that it would be a good subject to study if enough people are interested.

Enrolment forms are found at the end of the News Notes. It is essential that one form should be completed for each course you wish to take, and then returned to the office at 24 Wakefield Street, Hawthorn, 3122 without delay.