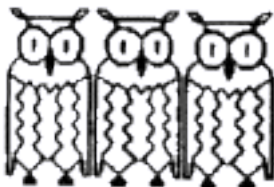




**HAWTHORN**  
UNIVERSITY OF THE THIRD AGE

# **CURRICULUM**

# **2018**



**November 2017**

*Note: This booklet was released in November 2017. Additional courses will be advertised on the U3A Hawthorn website, in the Newsletter and on the Gateway eNewsletter as they are developed throughout 2018. This booklet will not be updated during the year.*

*Please go to [www.u3ahawthorn.org.au/members](http://www.u3ahawthorn.org.au/members) to see the most up-to-date curriculum.*

*Reception Hours: 9.30am - 4.00pm Monday - Friday.*

*Reception is closed on Public Holidays and over the Christmas and New Year period. Shorter Reception hours apply in January.*

---

**Patron: Professor Linda Kristjanson AO, Vice Chancellor, Swinburne University**

**mail@u3ahawthorn.org.au**  
**www.u3ahawthorn.org.au**  
**ABN 41 360 939 238**

**26 Sinclair Avenue**  
**GLEN IRIS VIC 3146**  
**Tel: 9821 0282**

## CATEGORIES OF COURSES

---

Courses, Excursion, Lectures and Events are given a code to assist in finding U3A Hawthorn activities which are of interest to you. All courses are identified with year, parent code and course number eg 18APP001

<b>Parent Code</b>	<b>Activities</b>	<b>Page</b>
APP	Arts appreciation: films, gallery visits	5
ART	Practical art, craft and photography	5
CHI	Chinese	8
COM	Computer, IT	8
CUR	Current affairs, politics, discussion groups	10
EXC	Excursions - these will be available on the website	
EXE	Indoor exercise classes: taichi, dance, pilates, yoga	12
FRE	French	14
GAM	Indoor games: bridge, mahjong, scrabble, chess, cryptic crosswords	16
GER	German	18
HUM	Humanities: history, law, sociology, economics	19
ITA	Italian	22
JAP	Japanese	24
LAT	Latin	24
LEC	Lectures, Readman series - will be advertised during the year	
LIT	Literature, book groups, writing, drama	25
MUS	Music: orchestra, choir, recorder, music appreciation	27
OUT	Outdoor: cycling, walking, bird watching, gardening, Melbourne walks	29
PHI	Philosophy	32
RUS	Russian	32
SCI	Science and Mathematics	33
SPA	Spanish	34
SUM	Summer School - our January program. This is available on the website, but is not included in this booklet.	
TRA	Travel	34

Tutors set the dates of their classes and some specify no classes in State School holidays (**NCSSH**). Tutors may also cancel classes during the year for personal reasons. No classes are held on Public Holidays.

Skills courses: such as orchestra, languages - enrolment of new people into these courses may require an assessment by the tutor. These courses are marked \*.

# WELCOME TO U3A HAWTHORN

---

The University of the Third Age (U3A) exists for retired and semi-retired people. U3A is a world-wide non-profit organisation which began in France in 1968 and spread rapidly through Europe and across the Atlantic to America. The word university is used in its earliest sense: a community of scholars who get together to help each other in an educational and social experience. The principles of self-help and mutual support are the cornerstone of U3A.

U3As are voluntary, non-profit membership organisations which aim to offer older people low-cost educational opportunities and which operate in a pleasant, supportive social setting. There are over 100 U3As in Victoria. Each operates independently. U3A Hawthorn, established in 1984, was one of the first in Victoria.

The Sinclair Avenue Campus houses Reception, five classrooms and a hall. Most of the classes are held on this campus. Free parking is available and the campus is close to train and tram services. However some classes are held in other venues because they require specialist facilities, or the spaces have been generously provided for us, or hired, to meet our timetable needs. Details and maps for each venue are provided on the U3A Hawthorn website.

Currently there are approximately 1400 members. Year-long and short courses are offered from February to November, as well as occasional lectures, excursions and activities. A Summer School operates in January when the on-going programs have their annual break.

Members must enrol and be accepted for the courses of their choice. Members may not attend a class without being enrolled. Tutors, office bearers and volunteers all provide their services free - no-one in U3A Hawthorn is paid.

## Dates for 2018

Wed 3 – Thur 25 January	Summer School - see separate listing of events
Monday 12 February	Classes commence
Monday 12 March	Labour Day - no classes
30 Mar– 15 April	School Holidays - note classes marked NCSSH
30 Mar– 2 April	Easter - no classes
Wednesday 25 April	Anzac Day - no classes
Monday 11 June	Queen’s Birthday - no classes
30 June – 15 July	School Holidays - note classes marked NCSSH
22 Sept – 7 Oct	School Holidays - note classes marked NCSSH
Tuesday 6 November	Melbourne Cup Day - no classes
Friday 30 November	Last day of classes for 2018

## OPERATING PRINCIPLES

---

**To become a member:** To join U3A Hawthorn you can join and pay your membership online at [u3ahawthorn.org.au/members](http://u3ahawthorn.org.au/members) or come into Reception to complete membership enrolment and pay the annual individual membership fee. The annual membership fee enables you to apply to join as many courses and activities as you wish, subject to the class size limits which will vary depending on venue and the nature of the course.

**To enrol in a course:** Members are encouraged to enrol for courses, lectures, excursions and events online. An application for a course will be confirmed by email (stating whether you are enrolled or waitlisted) and this must be received prior to attending the course. There are no pre-requisites for entry into most courses. However some courses require tutor/convenor approval prior to acceptance, such as languages, orchestra and choir, where some prior knowledge or experience is required.

**Assisted Enrolment:** If you do not have a computer, or are not confident to enrol online, you can come to the U3A Reception and will be assisted to complete your enrolment.

**Courses of the same type:** In order to enable as many people as possible to access the very popular courses when there are waitlists, we reserve the right to limit enrolment to only one course of that type, eg only one French course, or only one art course.

**Notification of acceptance:** You can check the status of your enrolments online. You may not attend a course until you receive acceptance notification for that course. Trial attendance at classes is not permitted.

**Start and finish dates for classes:** Tutors decide on the start and finish dates of courses and whether classes will take place over the State School holidays. Courses which are not held over State School holidays are marked NCSSH. Classes are not held on public holidays. Please look carefully at individual course dates.

**Class attendance:** Whilst it is understood that members are not able to attend all classes in a course due to other commitments and travel, absence without apology to the tutor for two or more consecutive absences may result in the cancellation of your place in that course, especially where there is a waitlist. Some courses present cumulative material and prolonged absence may impose difficulties for the tutor and other class members. When you enrol in a short course every effort should be made to attend all sessions.

**Withdrawal from a course:** If you decide not to continue with a course, please notify Reception as soon as possible so that the place may be offered to others on the waitlist. Withdrawals cannot be done online as we need to manage waitlists.

**Individual responsibility:** The courses offered depend on the availability and interests of volunteer tutors. The material presented in courses is at the discretion of the tutor or leader and does not necessarily reflect the views of the management. Course summaries in this booklet indicate the content to be covered. Members are responsible for their own level of participation in any exercise or activity and are required for some activities to complete an Acknowledgement of Risk form prior to commencing the course.

**Additional Courses and Activities in 2018:** Additional lectures, activities, courses and excursions will be offered during the year. These are advertised in the U3A Hawthorn Newsletter published in March, June and September (sent out by email or available for collection at Reception) and also in the Gateway - an email newsletter sent out on an irregular basis. You are encouraged to provide your email address to Reception so that you receive timely information and notifications.

**Privacy Policy:** U3A Hawthorn collects personal information from members to enable efficient delivery of its service to members. The information is managed solely by U3A Hawthorn and will only be used for organisational, communication, emergency, insurance and submission-funding purposes. Members have the option not to provide full details, however, incomplete disclosure of requested details may prevent U3A Hawthorn from full delivery of its services.

**Volunteering:** U3A Hawthorn relies on volunteers to undertake the many roles which keeps the organisation going. In addition to the vital roles of tutor and convenor, individuals can help in many ways - class facilitator, assisting with room setup and pack up, catering, reception, curriculum planning, AV assistance, campus management, gardening and many other activities. Please be mindful of how you can contribute in small or large ways.

## APPRECIATION COURSES

---

### **18APP001: TALKING FILMS**

Convenor: Josie Maxian

Day/Time: Wednesday 11.30 - 1.00

Duration: fortnightly 1st & 3rd Wednesday from 7 March - 17 October

Venue: Sinclair Avenue Room 2

A participatory course where students can enjoy a fortnightly film discussion. Films will be selected from screenings available in theatres from Camberwell to Carlton. Individual film attendance is required, but discussion will be held on a specific day. Enjoyment of film & willingness to view diverse films is required.

### **18APP010: LET'S GO TO A GALLERY**

Convenors: Gael Huntingford & Sue Whitehead

Day/Time: Friday 1.30 - 3.30

Duration: monthly 1st Friday from 2 March - 2 November

Venue: Venues to be emailed to participants

This group meets monthly to go to a gallery (art, craft, design) to view an exhibition. It may be a small local gallery or a visit to an exhibition at the NGV. After the visit there is discussion of the exhibition over refreshments at a nearby cafe (own cost). Members of the group take it in turns to organise a gallery visit. Participants are notified of the venues by email.

*Student pre-requisites:* Members need to make their own way to and from the gallery. Refreshments and any entry costs to be covered by each member.

### **18APP020: ARMCHAIR CHATS ON ART, ARTISTS AND GALLERIES**

Convenor: Helen Long

Day/Time: Tuesday 1.30 - 3.00

Duration: fortnightly 1st & 3rd from 20 February - 20 November

Venue: Sinclair Avenue Room 2

In this course we will explore how we look at and analyse art works. This will be an opportunity to study and discuss various styles of art, the lives of artists and the environments they work in. We will also look at the role that galleries play in promoting modern day artists. Helen has been a long serving volunteer guide at the National Gallery Canberra and is keen to promote informal discussion and exchange about art and artists.

## ART AND CRAFT PRACTICAL COURSES

---

### **18ART004: PAINTING WITH OILS**

Tutor: Prue Roberts

Day/Time: Friday 1.00 - 3.00

Duration: weekly - start date in February to be confirmed - **NCSSH**

Venue: Hawthorn Community House - Henry Street

An oil painting course for beginners and those with some experience, to learn and experiment with a range of subjects, themes and styles. Every fortnight the class would be a tutor directed. Alternate weeks students would continue with their own work in the studio.

*Student pre-requisites:* bring your own materials and equipment. Easels are available.

**18ART005: WATERCOLOUR PAINTING TO LIGHT UP HUES IN VIEWS \***

Tutor: John Wykes

Day/Time: Wednesday 1.00 - 2.30

Duration: weekly 14 February - 14 November - **NCSSH**

Venue: Hawthorn Arts Centre Studio, Burwood Road

A refresher course, extending basic experience of the medium, and covering a variety of subjects, with emphasis on tonal and colour values, together with creativity and composition.

*Student pre-requisites:* some experience with watercolour painting required. Basic materials to be advised at first session.

**18ART006: DRAWING FOR FUN AND PLEASURE**

Tutor: Mira Kocis

Day/Time: Thursday 11.30 - 1.00

Duration: fortnightly 2nd & 4th from 22 February - 22 November

Venue: Sinclair Avenue West Room

A course for people wishing to improve or learn the skills of drawing - expressing the environment or the surrounds one can observe on paper.

*Student pre-requisites:* soft lead pencils – B3 or B4 plus pencil sharpener, eraser (optional), A3 size sketch book (if possible with a firm back cover).

*Can only enrol in either Drawing for Fun and Pleasure or Painting and Drawing for all levels - not both.*

**18ART007: PAINTING & DRAWING for all levels**

Tutor: Gary Faul

Day/Time: Thursday 9.45 - 11.15

Duration: weekly from 15 February - 29 November

Venue: Sinclair Avenue West Room

We concentrate more on the drawing side, but use some colour as well, eg watercolours, acrylic and coloured pencils.

*Student pre-requisites:* Paper, graphite pencils and eraser.

*Can only enrol in either Drawing for Fun and Pleasure or Painting and Drawing for all levels - not both.*

**18ART011: KNITTING GROUP**

Convenor: Meredith Vincent

Day/Time: Wednesday 9.45 - 11.15  
Duration: weekly from 14 February - 28 November  
Venue: Sinclair Avenue Room 2

Making squares for rugs and other items to be sent to aid agencies for distribution to victims of trauma and need all over the world.

*Student pre-requisites:* Ability to either knit or crochet; provide own wool and needles.

**18ART012: PATCHWORK AND QUILTING**

Convenor: Pam Crack  
Day/Time: Friday 1.30 - 3.30  
Duration: fortnightly 1st & 3rd Friday from 16 February - 16 November  
Venue: Private home in Surrey Hills

For people who have always wanted to try patchwork, not knowing where to start! You will learn about basic equipment and fabric selection and then be guided to start a simple project. There is a choice of hand or machine sewing. Continue to work at home at your own pace. The group welcomes beginners and those with experience to share the passion for this craft which has a strong tradition of recycling and sharing.

**18ART013: THREADS AND NEEDLES**

Convenor: Ruth Muir  
Day/Time: Monday 2.00 - 4.00  
Duration: fortnightly 1st & 3rd Monday from 19 February - 19 November  
Venue: Private home in Hawthorn

An informal stitching group for embroiderers or knitters. Opportunity to browse through books and patterns, exchange ideas, experiment and enjoy the creative process. Bring your own work and necessary materials.

**18ART020: DIGITAL PHOTOGRAPHY I (MONDAY)**

Tutor: John Cook  
Day/Time: Monday classroom sessions 10.00 - 12.00  
Duration: weekly from 12 February - 26 November  
Venue: Community Room, Stocklands Tooronga Village, Toorak Road

How to get the WOW in your photographs — landscapes and people. Alternate days on location, then viewing the images at the Stocklands meeting room. Two optional photography weekends are organised each year. A schedule of dates and venues will be sent to you by the tutor.

*Student pre-requisites:* digital camera and computer.

**18ART021: DIGITAL PHOTOGRAPHY 2 (WEDNESDAY)**

Tutor: John Cook  
Day/Time: Wednesday classroom sessions 12.00 - 2.00  
Duration: weekly from 14 February - 28 November



Venue: Community Room, Stocklands Tooronga Village, Toorak Road  
How to get the WOW in your photographs — landscapes and people. Alternate days on location, then viewing the images at the Stocklands meeting room. Two optional photography weekends are organised each year. A schedule of dates and venues will be sent to you by the tutor.

*Student pre-requisites:* digital camera and computer.

## LANGUAGES - CHINESE

---

### **18CHI001: BASIC MANDARIN CHINESE AND INTRODUCTION TO CHINESE HISTORY AND CULTURE**

Tutor: Aimee Li

Day/Time: Tuesday 9.45 - 11.15

Duration: weekly from 17 April - 27 November - **NCSSH**

Venue: Sinclair Avenue Room 1

Through this course, you will learn the basic Chinese Pinyin system and practice pronunciation, conversation, listening comprehension, and sentence structures. This course provides you with insights into the rich fabric of the culture of China. You will explore Chinese history, culture heritage, art, cuisine, festivals, etiquette of Chinese dining and tea drinking. You will also look at the origins of some of the philosophies and social values that underpin Chinese society and how the impact of economic development and urbanisation. After completing this course you will have a greater understanding of Chinese language and culture and how contemporary China has been framed by both tradition and its place in our increasingly globalised world.

## COMPUTER / IT COURSES

---

### **18COM001: LOOKING AFTER YOUR PASSWORDS**

Tutor: Linda Baynham

Day/Time: Monday 11.30 - 1.00

Duration: 2 sessions - 19 & 26 February

Venue: Sinclair Avenue West Room

The task of using, managing, trying to remember all those passwords can be frustrating, but there are some simple steps we can all take to make our passwords easier to manage and more secure. Participants will be encouraged to review their own passwords after the first session and then be able to get further information and help in the second. This course is not system or device specific.

### **18COM002: THE NBN IS COMING - WHAT SHOULD I DO?**

Tutor: Graeme Hilson

Day/Time: Tuesday 27 February, 11.30 - 1.00

Duration: single session

Venue: Sinclair Avenue Hall

The NBN is being rolled out throughout Australia and we shall all need to connect up at some stage. This session will cover the issues you need to know about BEFORE signing up to the NBN.

**18COM003: TECHNOLOGY WORKSHOP - APPLE TIPS AND TRICKS**

Tutor: ReadyTech Go

Day/Time: Tuesday 28 February, 1.30 - 3.00

Duration: single session

Venue: Sinclair Avenue West Room

Apple devices have many hidden features. In this workshop we uncover all the tips & tricks to help you get more out of your device. How to lock notes with a password, how to undo functions, how to use your personal assistant and more!

**18COM004: GOING ON SAFARI**

Tutor: Linda Baynham

Day/Time: Monday 11.30 - 1.00

Duration: weekly 3 sessions 19 March - 9 April

Venue: Sinclair Avenue West Room

Safari is Apple's web browser and this hands-on course covers the many features of this powerful and easy to use App.

*Student pre-requisites:* participants need to bring their own iPad, iPhone or MacBook complete with access to mobile broadband, eg with their own SIM card. Wi-Fi will not be available for this class. Please contact the tutor for any further information.

**18COM005: GETTING STARTED ON PHOTOBOKS**

Tutor: Carol Lancashire

Day/Time: Thursday 1.30 - 3.00

Duration: weekly - 2 sessions 15 & 22 March

Venue: Sinclair Avenue South Room

A practical workshop for people interested in learning how to create a photobook. Participants will be required to download the free software from photobookshop.com.au and will use their own photos to commence work on a photobook using their own laptop or one of the U3A laptops. This course is not suitable for iPads or Apple computers.

**18COM006: KEEP YOURSELF SAFE ON THE WEB**

Tutor: Tim McQueen

Day/Time: Monday 11.30 - 1.00

Duration: single session - Monday 16 April

Venue: Sinclair Avenue West Room

How do you avoid all the traps you constantly hear about on the internet when using your PC, tablet or smartphone?

## **18COM007 USING ANDROID SMARTPHONES AND TABLETS**

Tutor: Tim McQueen

Day/Time: Monday 11.30 - 1.00

Duration: single session Monday 23 April

Venue: Sinclair Avenue West Room

Are you getting the most out of your Android device? Please note that because of the different systems offered by manufacturers and telecommunication companies, this is a generic talk.

## **CURRENT AFFAIRS AND POLITICS**

---

### **18CUR001: CURRENT AFFAIRS—Australia and the World**

Convenor: Ron James

Day/Time: Thursday 10.00 - 12.00

Duration: weekly from 15 February - 29 November

No classes 5 & 12 July

Venue: Hall, Sinclair Avenue Campus

This is a large class format with guest speakers, usually on a fortnightly basis, and group discussion of events, issues, and people in the news.

### **18CUR002: CURRENT AFFAIRS**

Convenor: Peter Eisler

Day/Time: Tuesday 10.30 - 12.00

Duration: weekly from 13 February - 27 November

Venue: Leo Baeck Centre, Harp Road, Kew

Issues of social, economic and the broad political sphere are examined on the basis of information available in the print media. The class selects the topics weekly. Party political matters are generally excluded.

### **18CUR003: THE FIRST PEOPLES OF AUSTRALIA: THEN & NOW**

Tutor: Michael Mullerworth & Anne McQueen-Thomson

Day/Time: Wednesday 9.45 - 11.15

Duration: weekly from 14 February - 28 November

Venue: Sinclair Avenue West Room

Members' participation is encouraged in this interactive group. Learn about Australia's First Peoples before and after European settlement. Learn about identity, culture and world-view, as well as current topics. There is much to gain from studying the history and ancient culture of the First Peoples and the struggles for their rights. This will help to repair the relationships between them and settler peoples, and restore their rightful place in the nation.

### **18CUR004: POLITICS AND CURRENT AFFAIRS**

Convenors: Peter Hardham & Pennie Kendall

Day/Time: Wednesday 9.45 - 11.15

Duration: weekly from 14 February - 28 November

Venue: Hall, Sinclair Avenue Campus

This course will explore a mixture of political, social and current issues. This course will alternate between first class guest speakers and discussion groups which Peter will facilitate. Group participation encouraged.

**18CUR005: CURRENT AFFAIRS—BEHIND THE NEWS**

Convenor: David Spivakovsky

Day/Time: Friday 9.45 - 11.15

Duration: weekly from 16 February - 30 November - **NCSSH**

Venue: Swinburne TAFE, Room TD 304, Park St, Hawthorn

We try to look at current issues in depth by encouraging inquiry, research and presentation. Topics are chosen by both group and convenor, and cover issues not necessarily in the public eye, but broader issues—local, national and global. Participation is expected.

**18CUR006: CURRENT AFFAIRS AND THE ROLE OF SELF INTEREST**

Convenor: Ian Pittman

Day/Time: Tuesday 1.30 - 3.00

Duration: weekly from 13 February - 27 November - **NCSSH**

Venue: Sinclair Avenue South Room

Discussion of domestic and overseas issues that gain the attention of our media with the goal of identifying the self-interest of stake holders.

*Student pre-requisites: A willingness to present 1 or 2 talks over the year.*

**18CUR007: ROUND TABLE DISCUSSION GROUP**

Convenor: Edgar Loutit

Day/Time: Monday 11.30 - 1.00

Duration: weekly from 12 February - 26 November

Venue: Sinclair Avenue North Room

Come and join in a lively discussion of a broad range of issues in today's changing world. Participants are encouraged to bring along topics for the group to discuss.

**18CUR008: CONSIDERING KEY ISSUES IN THE MEDIA**

Convenor: Norm Fary

Day/Time: Thursday 11.30 - 1.00

Duration: fortnightly 1st & 3rd from 15 February - 15 November

Venue: Sinclair Avenue South Room

This is largely a discussion group. A short background presentation on a current issue is followed by a general discussion of current issues. Participants are asked to read and bring to class editorials and comment pages from *The Age*, *The Australian*, *The Saturday Paper* and other media whenever possible.

## EXERCISE / DANCE (INDOOR)

---

### **18EXE001: DANCING THE YEARS AWAY**

Tutor: Norm Ellis

Day/Time: Wednesday 1.00 - 3.00

Duration: weekly from 14 February - 28 November

Venue: East Kew Uniting Church Hall

Folk Dancing for older folk! - the social dances of yesteryear - fun dancing in sets [not couples, as for ballroom dancing]. Folk dancing from Britain to the 'Bush' dances of Australia, eg the Barn Dance & Virginia Reel. New members welcome. Please Note: The tutor has the right to inform a participant that the program is not suitable for them.

*Student pre-requisites:* Sprightly walking pace agility and co-operative participation to Dance the Years Away!

### **18EXE004: CREATIVE MOVEMENT AND DANCE**

Tutor: Naomi Aitchison

Day/Time: Tuesday 10.00 - 11.30

Duration: weekly from 13 February - 27 November - **NCSSH**

Venue: East Kew Uniting Church Hall

Explore your creativity through moving and dancing. A multitude of themes, music and props will help you discover yourself in new ways through movement. Suitable for any level of fitness. Sessions will end with relaxation. Students require comfortable clothes, mat or rug, and pillow for relaxation. No previous dance experience is necessary.

### **18EXE027: TRADITIONAL YANG STYLE TAI CHI AND QIGONG — Level 1**

Tutor: Charles Leong

Day/Time: Thursday 9.30 - 10.45

Duration: weekly from 1 February

Venue: Parkview Room, Camberwell Library Complex

An introduction to the Traditional Yang Style Tai Chi, a gentle exercise to improve balance and general health.

Note: we do not have the use of the Parkview Room during school holidays so the class will be held elsewhere in those weeks, usually at an outside venue.

*Student pre-requisites:* Pupils must be able to stand alternately on either foot. Loose fitting tops, long pants and flat-soled runners.

### **18EXE028: TRADITIONAL YANG STYLE TAI CHI AND QIGONG — Level 2 \***

Tutor: Charles Leong

Day/Time: Thursday 11.00 - 12.15

Duration: weekly from 1 February

Venue: Parkview Room, Camberwell Library Complex

For students who have completed the Level 1 course in Traditional Yang Style Tai Chi or at least familiar with the first 30 moves.

Note: we do not have the use of the Parkview Room during school holidays so the class will be held elsewhere in those weeks, usually at an outside venue.

*Student pre-requisites:* Loose fitting tops, long pants and flat-soled runners.

**18EXE029: TRADITIONAL YANG STYLE TAI CHI AND QIGONG (Tuesday) \***

Tutor: Charles Leong

Day/Time: Tuesday 8.30 - 10.00

Duration: weekly from 30 January - 4 December

Venue: Hall, Sinclair Avenue Campus

This is a practice class, not a teaching class.

*Student pre-requisites:* Participants need to have some experience with the forms.

Loose fitting tops, long pants and flat-soled runners.

**18EXE030: PILATES**

Tutor: Kathy Manderson

Day/Time: Tuesday 10.15 - 11.15

Duration: weekly from 13 February - 27 November

Venue: Hall, Sinclair Avenue Campus

The Pilates course is an on-going course and will start with basic Pilates exercises.

Pilates is very concerned with posture and correct movement. The course will be suitable for all people capable of getting up and down off the floor. For the class, bring an exercise mat for the floor and an old bath towel. Members of the class are expected to commit to regular attendance.

*Note: members may not enrol in both Yoga and Pilates - only one not both.*

**18EXE040 YOGA**

Tutor: Ray Clarke

Day/Time: Thursday 12.30 - 1.45

Duration: weekly from 15 February - 29 November - **NCSSH**

Venue: Parkview Room, Camberwell Library

Yoga makes you feel more alive and energised and has many benefits for health and well-being. This weekly course includes warm up exercises, breathing

exercises, spinal movement, physical postures, cooling down and relaxation. Ray is an accredited Yoga Australia level 2 teacher.

*Student pre-requisites:* Wear loose clothing and bring a yoga mat and a thick blanket. All classes are conducted in bare feet, no shoes or socks.

*Note: members may not enrol in both Yoga and Pilates - only one not both.*

## LANGUAGES - FRENCH

---

### **18FRE002: FRENCH YEAR 2 \***

Tutor: Carolyn Macafee  
Day/Time: Monday 1.15 - 2.45  
Duration: weekly from 12 February - 19 November  
Venue: Sinclair Avenue West Room

This class is for students who have studied French for one year. The course is grammar based, having also a social/historical component.

*Text: Schaum French Grammar (6th Edition).*

### **18FRE003: INTERMEDIATE FRENCH 1 \***

Tutor: Barbara Shepherd  
Day/Time: Wednesday 1.30 - 3.00  
Duration: weekly from 21 February - 28 November  
Venue: Sinclair Avenue Room 2

Continuing course for people with 4 years of French. Knowledge of French required – present tense, passé composé and future tense. Willingness to participate in discussion necessary. Homework to be completed.

*Text: Vite et Bien 2, Claire Miguel, CLE International - retained from 2017.*

### **18FRE004: INTERMEDIATE FRENCH 2 \***

Tutor: Barbara Shepherd  
Day/Time: Thursday 1.30 - 3.00  
Duration: weekly from 22 February - 29 November  
Venue: Sinclair Avenue Room 2

Continuing course for people with 5 years of French. Knowledge of main tenses of verbs necessary, present, future and past (passé composé, imparfait), recognition of pluperfect and conditional). Participation in discussion and completion of homework required.

*Textbook and workbook: Tapis Volant Senior - retained from 2017.*

### **18FRE006: FRENCH YEAR 6 \***

Tutor: Carolyn Macafee  
Day/Time: Thursday 3.00 - 4.30  
Duration: weekly from 15 February - 22 November  
Venue: Sinclair Avenue West Room

This course is for students who have had 5 years of French instruction. Some grammatical knowledge is assumed. The course also has a cultural/social component. *Text: Schaum French Grammar (6th edition).*

### **18FRE008: FRENCH YEAR 8 \***

Tutor: Carolyn Macafee  
Day/Time: Thursday 1.15 - 2.45

Duration: weekly from 15 February - 22 November

Venue: Sinclair Avenue West Room

This is a continuing course for students with 7 years of French.

**18FRE010: ADVANCED FRENCH 1 \***

Tutor: Barbara Shepherd

Day/Time: Thursday 11.30 - 1.00

Duration: weekly from 22 February - 29 November

Venue: Sinclair Avenue Room 2

Continuing course for people with 6 years of French. Good knowledge of main tenses and French verbs necessary, including pluperfect and conditional. Some idea of active/passive voice and present and past subjunctive. Willingness to participate in discussion on a variety of topics and completion of homework required.

*Text:* Edito Workbook and Textbook, Niveau B2 3rd edition, Elodie Heu, Jean Jaques Mabilat Didier - retained from 2017.

**18FRE012: ADVANCED FRENCH 2 \***

Tutor: Barbara Shepherd

Day/Time: Thursday 3.15 - 4.30

Duration: weekly from 22 February - 29 November

Venue: Sinclair Avenue Room 2

Students need a good knowledge of French to discuss a variety of topics and read complex magazine articles. No formal grammar. Only French spoken.

**18FRE015: FRENCH—Conversation \***

Convenors: Beth Cameron & Robert Reid

Day/Time: Monday 11.30 - 1.00

Duration: weekly from 12 February - 26 November - **NCSSH**

Venue: Sinclair Avenue Room 2

Every student will prepare a presentation to make to the class—can be spontaneous or read. The lesson is conducted only in French. Participants must have knowledge of French at conversation level.

**18FRE016: FRENCH CONVERSATION—Advanced \***

Convenor: Renee Revill

Day/Time: Wednesday 1.15 - 2.45

Duration: weekly from 14 February - 28 November

Venue: Sinclair Avenue Room 1

Every member of the class must present a previously prepared topic in French. This presentation can be spontaneous or read. Only French is used during the lesson. Participants must have a good knowledge of French at conversation level and good comprehension.



## GAMES (INDOOR CARD & BOARD)

---

### **18GAM001: BRIDGE FOR BEGINNERS**

Tutor: Martha van der Hoek and Sue Brink  
Day/Time: Tuesday 1.30 - 3.30  
Duration: weekly from 24 April - 27 November - **NCSSH**  
Venue: Hall, Sinclair Avenue Campus

Learn how to play bridge. This course will teach you the basics of the Standard American bidding system and the fundamentals of playing the game. Learn what is meant by the terms like contract, declarer, defender, dummy, doubling, redoubling etc. Participants are required to purchase a text book; details to be advised, at a cost of about \$20.

*Student pre-requisites:* No prior knowledge of bridge but familiarity with other trick playing card games would be helpful. Please note it's very desirable that participants are able to attend regularly, as new material will be covered each week. Having a sense of humour would be beneficial and you possibly need to understand that this game can sometimes become addictive.

### **18GAM002 BRIDGE - SUPERVISED PLAY - MONDAY**

Tutor: Linda Baynham  
Day/Time: Monday 1.30 - 4.00  
Duration: weekly from 12 February - 26 November  
Venue: Hall, Sinclair Avenue Campus

This course will provide a relaxed and supportive environment for members wishing to improve their basic bridge skills by card play each week, along with some ongoing instruction and assistance. The class is based on the Standard American five card major bidding system and so is not suitable for players who use a different system. It would be helpful if everyone joining the class had a copy of Paul Marston's book Introduction to Bridge which was used in the 2017 Beginners' class.

*Student pre-requisites:* This course is designed for members who have learnt the basics of bridge, perhaps have completed a beginners' class previously and are keen to develop their skills in the game further or who have played some bridge in the past and would like to take it up again and refresh their knowledge.

### **18GAM003 INTERMEDIATE BRIDGE - TUESDAY**

Tutor: Nafty Vanderhoek  
Day/Time: Tuesday 9.30 - 11.15  
Duration: weekly from 13 February - 27 November  
Venue: Sinclair Avenue North Room

For players with knowledge and experience with bridge fundamentals. Explores bidding and defence techniques in addition to declarer play.

*Student pre-requisites:* Basic bridge knowledge and experience.

**18GAM004:     **DUPLICATE BRIDGE - WEDNESDAY \*****

Tutor:           Chula Na Ranong & Beverley Fagan

Day/Time:       Wednesday 1.30 - 4.30

Duration:       weekly from 14 February - 28 November

Venue:           Hall, Sinclair Avenue Campus

*Student pre-requisites:* At least 12 months experience of playing duplicate bridge at a normal pace.

**18GAM005       **DUPLICATE BRIDGE - MONDAY \*****

Tutor:           Claus Gyrn

Day/Time:       Monday 9.15 - 12.00

Duration:       weekly from 12 February -26 November

Venue:           Hall, Sinclair Avenue Campus

Duplicate bridge for experienced players.

**18GAM010:     **CHESS****

Convenor:       David Barber

Day/Time:       Wednesday 3.00 - 4.30

Duration:       weekly from 14 February - 28 November

Venue:           Sinclair Avenue Room 1

We are a self-help group with some experienced players. New members would be most welcome.

*Student pre-requisites:* Basic understanding, some playing experience. Members must provide their own chess boards and pieces.

**18GAM015:     **CRYPTIC CROSSWORDS****

Convenor:       Sue Wilson

Day/Time:       Thursday 9.15 - 10.30

Duration:       weekly from 15 February - 29 March (7 sessions)

Venue:           Sinclair Avenue South Room

Have you ever looked at the cryptic crosswords in the newspaper and thought that the clues were utter gobbledygook? This course will set you on the path to deciphering clues and mastering the mysteries of cryptic clue solving. Over seven weeks we will delve into the puzzling elements of cryptic crosswords, learn to dissect and decipher them, until all becomes clear! No prior knowledge is needed but bring with you a sharp pencil, an eraser and a love of words!

**18GAM020:     **SCRABBLE****

Tutor:           Rebecca Booth

Day/Time:       Friday 11.30 - 1.00

Duration:       monthly 4th Friday 23 February - 23 November

Venue:           Sinclair Avenue, Room 2

This is a monthly Scrabble course, where enrolled members can play scrabble and improve their game with Rebecca's advice and support. No prior knowledge of scrabble is required.

**18GAM030: MAHJONG (Beginners and Ongoing)**

Tutor: Ferida Felstead & Janina Noga

Day/Time: Friday 11.30 - 1.00

Duration: weekly from 9 February - 23 November

Venue: Hall, Sinclair Avenue Campus (and North Room)

Join our weekly group playing the ancient and mysterious game of Mahjong (western style). Experienced players and new players are invited to participate.

Classes for new players will be held during the first 12 weeks of the year only, beginners will not be accepted later in the year.

*Student pre-requisites:* New players to buy a book – approx \$15.

## LANGUAGES - GERMAN

---

**18GER011: GERMAN – CONTINUING \***

Tutor: Terry Hastings

Day/Time: Tuesday 11.30 - 1.00

Duration: weekly from 13 February - 27 November - **NCSSH**

Venue: Sinclair Avenue Room 2

Students need to have completed the equivalent of one year's study of German.

Consolidate skills of listening, speaking, reading and writing. The course also teaches pronunciation and simple conversation useful for travellers, as well as looking at some of the history and culture of German speaking countries.

Participation in oral work and completion of homework are required. A German dictionary is essential.

**18GER012: GERMAN – INTERMEDIATE \***

Tutor: Einhart Lincke

Day/Time: Monday 2.00 - 3.30

Duration: weekly from 12 February - 26 November - **NCSSH**

Venue: Sinclair Avenue Room 1

Students will have completed at least one year's study of German and have spent at least 1 year practicing spoken German. The course will teach grammar and help improve fluency in German. The aim is to give students more confidence to speak German. Students will be encouraged to ask questions in class as well as submit notes to the tutor for discussion in subsequent classes. Homework will include testing of grammar, writing of short pieces of prose and preparation of short (approx. 150 words) presentations. Some of the classes will involve students speaking "off the cuff". The course is new and the tutor will be pleased to act on feedback from students. Students will participate in oral work and complete homework. A German dictionary is essential.

**18GER014: GERMAN—ADVANCED \***

Tutor: Heidi Garner

Day/Time: Tuesday 9.45 - 11.15

Duration: weekly from 13 February - 27 November - **NCSSH**

Venue: Sinclair Avenue Room 2

Students need to be at an advanced level in order to contribute to conversation and discussions, understand short podcasts, articles on a variety of themes, poetry and short stories. Students are expected to do homework.

*Student pre-requisites:* Students must be at an advanced level.

---

## **HUMANITIES - HISTORY, SOCIETAL, LAW, ECONOMICS**

---

**18HUM001: FLOTSAM AND JETSAM**

Convenor: Bruce Gooley

Day/Time: Tuesday 9.45 - 11.15

Duration: weekly from 13 February - 1 May (12 weeks)

Venue: Sinclair Avenue West Room

Flotsam and Jetsam, an illustrated maritime history miscellany covering: The Men and Art of Cook's third Voyage, The Union Steamship Co of New Zealand, Ben Boyd's Boats, Dazzle Ships, Australian Maritime Art, Louis de Saint Alourarn and the French annexation of Australia, The Australia Station, Australian Pearl Luggers, Submarines, The RN's fatal collaboration with the Imperial Japanese Naval Air Wing and Hospital Ships. Participants will be encouraged and supported to present to the class any area of maritime history that is of special interest to them. All class members will have free access to illustrated class notes via 'Dropbox'.

**18HUM002: CRIME AND PUNISHMENT**

Tutor: Irving Miller

Day/Time: Monday 9.45 - 11.15

Duration: weekly from 12 February - 7 May (8 sessions)

Venue: Sinclair Avenue West Room

This NEW course examines "Crime and Punishment" in our community today. It is NOT a course about philosophy or hypothetical Jurisprudence; it is a practical analysis of the Criminal Justice system with respect to "serious crime" in Victoria/Australia. Does "crime" pay?? If caught, what can the offender expect to "pay" as punishment?? The course will examine, explain and discuss the important legislation and case law which apply in Victorian superior courts for "serious crime" and "serious criminals". Topics to be covered include: the Crimes Act, the Sentencing Act, the Terrorism [Community Protection] Act, the Serious Sex Offenders [Detention & Supervision] Act, Parole [as part of the Criminal Justice system], and numerous actual court cases and decisions.

### **18HUM003: AMERICA – Land of the free? Home of the brave?**

Tutor: Clive Lipshut

Day/Time: Tuesday 1.30 - 3.00

Duration: weekly 13 February - 17 April (10 sessions)

Venue: Sinclair Avenue Hall

This course looks at the history of the USA and the ideas and policies which have shaped the nation. Topics include: European settlement, colonial America, the constitution and system of government, the spread of settlement, Civil War, immigration, religion, America in the 20th century, the idea of America and America today.

### **18HUM004: FRANCE - Vive ... la difference?**

Tutor: Clive Lipshut

Day/Time: Wednesday 11.30 - 1.00

Duration: weekly 21 February - 18 April (9 sessions)

Venue: Sinclair Avenue Hall

It is over two centuries since the defeat of Napoleon. What was important: the continuities, the ruptures or the personalities?

1. About this course of lectures. Some facts about France.
2. Revolution and beyond.
3. The Franco Prussian War and the Third Republic.
4. The Third Republic has a dark side
5. War and beyond.
6. The aftermath of defeat.
7. Liberté, Egalité and Fraternité go missing in action, suspended for the duration.
8. The Fourth Republic.
9. The Fifth Republic and Millennial France.

### **18HUM005 ILLUSION, DELUSION, CONFUSION? A History of God in Western Culture**

Tutor: Bruce Barber

Day/Time: Wednesday 11.30 - 1.00

Duration: weekly 28 February - 28 March (5 sessions)

Venue: Sinclair Avenue West Room

For decades, perhaps centuries, religious belief has been quarantined to the domain of the private in a way that would have been inconceivable to earlier centuries. With regard to Christianity, the principle of separation of church and state has become for many the separation of religion and society. At the same time, an apparently increasing number of people are publicly describing themselves as atheist. It is frequently not entirely clear who or what is the God that is the subject of either contemporary belief or disavowal.

This series of five presentations intends to offer a selective introduction to the legacy of philosophy and theology which has shaped the religious tradition of Western culture in order to try to understand why we think the way we do.

1. How did the idea of God first appear in Western Culture?
2. Up and down with the Philosophers – Plato, Aristotle and God
3. The Legacy of the Medieval world: the sixteenth century re-formation of the location of God.
4. The Return of the Philosophers: Descartes, Nietzsche, & the death of God
5. Where are we today? God and the naked public square.

### **18HUM006 THE ABCs OF ISRAEL AND THE MIDDLE EAST**

Tutor: Zvi Civins  
Day/Time: Tuesday 11.30 - 1.00  
Duration: weekly 6 March - 10 April (6 sessions)  
Venue: Sinclair Avenue West Room

This course will provide a simple but effective framework to examine and understand the history, conflicts, challenges and possibilities for Israel and its neighbours. Using 'the ABCs' of Israel and the Middle East we will examine key people, decisions, events and more which have led to the creation of the State of Israel, as well as those which have led to the challenges and conflicts the world has seen all too often in recent years.

### **18HUM007: SHAPING METROPOLITAN MELBOURNE**

Tutor: Nigel Flannigan  
Day/Time: Friday 11.30 - 1.00  
Duration: weekly 20 April - 22 June (10 sessions)  
Venue: Sinclair Avenue West Room

We all live in Melbourne and observe the changes which have occurred in our local area. Gain a greater understanding of the processes by which urban development occurs in Melbourne and especially the role played by urban planning. Nigel Flannigan was a lecturer in urban planning at the University of Melbourne.

Topics:

- Real estate: substance of urban development and planning
- Victoria's planning schemes and property development
- Processes of urban development and the role of the environment
- User/community needs in urban development
- Production processes in urban development
- Governance/management of urban development
- History of Melbourne's development and planning up to the present

### **18HUM008: ENERGY AFFORDABILITY WORKSHOP**

Tutor: Victorian Energy Compare  
Day/Time: Tuesday 1.30 - 3.00

Duration: single session Tuesday 24 April

Venue: Sinclair Avenue West Room

Rising energy prices are becoming a key concern for many households, which means it's even more important to make sure you are on a good deal. One way to do that is by comparing offers using Victorian Energy Compare. This is free, quick and simple to use. Using your energy bill or smart meter data, it works out the cost of offers based on your energy usage, to find the best offers for you. 90% of users have found offers that could save them money, with half of these consumers finding offers that could save them more than \$330 per year. Come along to find out more from the the Victorian Government's independent energy comparator for electricity, gas and solar offers, Victorian Energy Compare.

## **LANGUAGES - ITALIAN**

---

### **18ITA001: BEGINNERS ITALIAN**

Tutor: Flora Nicoletti

Day/Time: Tuesday 2.30 - 4.00

Duration: weekly from 13 February - 27 November

Venue: Sinclair Avenue Room 1

This course is an in-depth study of the Italian language. Students will learn Italian by studying grammar and learning vocabulary. However, students, when building their own sentences, will not be judged on correct grammar, but only on getting their meaning across. It is claimed that one of the best ways to keep your brain active is to learn a new language. Hopefully, this course will help to organise information, strengthen memory and build new neurons amongst a friendly group of peers.

This is not a going-to-Italy-next-year class, but a study of a complex language, which is why it is very good to stave off Alzheimers.

### **18ITA002: ITALIAN YEAR 2**

Tutor: Flora Nicoletti

Day/Time: Thursday 1.15 - 2.45

Duration: weekly from 15 February - 29 November

Venue: Sinclair Avenue Room 1

Continuation of the 2017 Beginners Italian. No new students accepted in this course for 2018.

### **18ITA003: BASIC ITALIAN \***

Tutor: Nan Inglis

Day/Time: Tuesday 10.30 - 12.00

Duration: weekly from 13 February - 27 November - **NCSSH**

Venue: Private home, Blackburn South

This course is for students who have done 2 years study of the language with the

tutor or elsewhere. Homework is required.

*Text: Italiano Vivo* by Giorgio Milesi which can be obtained on the internet.

**18ITA004: ITALIAN YEAR 4**

Tutor: Flora Nicoletti

Day/Time: Wednesday 10.00 - 11.30

Duration: weekly from 14 February - 28 November

Venue: Private Home Kew area

Continuation of the 2017 Year 3 Course. No new students accepted for 2018.

**18ITA005: BASIC ITALIAN CONVERSATION \***

Tutor: Cesare Volpato

Day/Time: Friday 9.45 - 11.15

Duration: weekly from 16 February - 30 November **NCSSH**

Venue: Sinclair Avenue Room 2

For students wishing to acquire competence and confidence in spoken Italian language. Emphasis will be on language structures and phrases used in conversation, especially when travelling.

*Student pre-requisites:* Some knowledge of Italian is required.

**18ITA007: ITALIAN—Year 7 \***

Tutor: Nan Inglis

Day/Time: Monday 10.30 - 12.00

Duration: weekly from 12 February - 26 November - **NCSSH**

Venue: Private Home, Blackburn South

Students need to have the equivalent of 6 years study of the language with the tutor or elsewhere and have, or can obtain, a copy of the preferred text *Italiano Vivo* by Giorgio Milesi (on the internet). Homework is required.

**18ITA008: ITALIAN—Year 8 \***

Tutor: Nan Inglis

Day/Time: Thursday 2.00 - 3.30

Duration: fortnightly 1st & 3rd Thursday from 15 Feb- 29 Nov - **NCSSH**

Venue: Private Home, Blackburn Sth.

This is a fortnightly course only for students who have worked through the *Italiano Vivo* textbook as far as lesson 35 with the tutor, and who wish to continue their study of the language.

**18ITA010: ITALIAN—Conversation \***

Tutor: Cesare Volpato

Day/Time: Monday 1.15 - 2.45

Duration: weekly from 12 February - 26 November - **NCSSH**

Venue: Sinclair Avenue Room 2

Students will discuss topics of interest in Italian as well as read and translate from



Italian literature and newspapers, and will be encouraged to converse in Italian. Fluency in spoken Italian is essential.

**18ITA020: ITALIAN LITERATURE \***  
Tutor: Christine Watters  
Day/Time: Tuesday 11.30 - 1.00  
Duration: weekly from 13 February - 27 November  
Venue: Sinclair Avenue South Room

We read and translate Italian novels, plays and poetry. This is an opportunity to enjoy Italian literature without a focus on grammar.

*Student pre-requisites:* Students require a good knowledge of Italian.

---

## LANGUAGES - JAPANESE

---

**18JAP001: JAPANESE—Beginners**  
Tutor: Marjorie Millingen  
Day/Time: Monday 9.30 - 12.00  
Duration: weekly from 12 February - 19 November - **NCSSH**  
Venue: Private home, Kew area. Parking is available in Barkers Road with no restrictions at class times

Simple Japanese grammar. Hiragana, Katakana, Kanji. Reading and writing simple texts. Simple Japanese conversation. Homework is required.

*Materials required:* coloured pencils, Japanese/English dictionary; Kanji dictionary.

**18JAP002: JAPANESE—Post beginners \***  
Convenor: Beverley Fagan  
Day/Time: Monday 9.30 - 12.00  
Duration: weekly from 12 February - 26 November - **NCSSH**  
Venue: Swinburne TAFE, Room TD 304, Park St, Hawthorn  
Translation of text from Japanese to English; exercises in grammar; encouragement of spoken Japanese; learning of Japanese culture through audio-visual media after mid-session coffee break.  
*Materials required:* Japanese/English Dictionary; Kanji dictionary.

---

## LANGUAGES - LATIN

---

**18LAT009: LATIN—Year XV \***  
Tutor: Alby Twigg  
Day/Time: Wednesday 9.45 - 11.15  
Duration: weekly from 14 February - 28 November  
Venue: Sinclair Avenue Room 1

We shall be studying The Millionaire's Dinner Party, an adaption of the Cena trimalchionis of Petronius by M.G.Balme - Oxford University Press

*Student pre-requisites:* Students should have completed either the Oxford or Cambridge Latin Course and feel confident about reading Virgil or Cicero or Caesar.

## LITERATURE

---

### **18LIT001: LITERATURE GROUP—(Giese & Leach - weekly)**

Convenors: Jean Giese & Lois Leach

Day/Time: Tuesday 9.45 - 11.15

Duration: weekly from 13 February - 27 November **NCSSH**

Venue: Sinclair Avenue South Room

The course comprises mainly fiction, but may include some non-fiction. It includes a poetry session and a play reading. Individual members select a book on which they volunteer to lead the discussion over 2 weeks. We aim to read 16 books over the year. The first book is David Malouf *Remembering Babylon*. The full booklist will be put on the U3A website.

### **18LIT002: BOOK GROUP - MONTHLY 2nd WEDNESDAY (Fagan)**

Tutor: Bev Fagan

Day/Time: Wednesday 11.30 - 1.00

Duration: monthly 2nd from 14 February - 14 November

Venue: Sinclair Avenue Room 2

Informal discussion of a range of books, looking at merits of plot, character development, themes, literary styles. Books to be suggested by students and tutor. First book – Tim Winton *Island Home*.

### **18LIT003: BOOK GROUP— MONTHLY 3rd TUESDAY (Hoadley)**

Convenor: Ruth Hoadley

Day/Time: Tuesday 10.00 - 11.30

Duration: monthly 3rd from 20 February - 20 November

Venue: Private Home Hawthorn, tram route 48

We select a range of books, literary fiction and non-fiction for discussion led by group members.

### **18LIT004: BOOK GROUP - MONTHLY 4th WEDNESDAY (Cockburn)**

Tutor: Elaine Cockburn

Day/Time: Wednesday 11.30 - 1.00

Duration: monthly 4th from 28 February - 28 November

Venue: Sinclair Avenue South Room

A monthly reading and discussion of texts chosen from classical and contemporary fiction and non-fiction. Each group member is expected to have read the set text and be prepared to contribute to class discussions. First book: Henry James *Portrait of a Lady*.

**18LIT005: FOURTH TUESDAY BOOK CLUB (Muir)**

Convenor: Ruth Muir

Day/Time: Tuesday 2.00 - 3.30

Duration: monthly 4th from 27 February - 27 November

Venue: Sinclair Avenue Room 2

We will generally read current novels of literary value as well as occasional non-fiction, short stories or classical works. A book list will be generated by the group and distributed at the beginning of the year.

**18LIT006: MEN'S BOOK CLUB**

Convenor: Simon Spurgeon

Day/Time: Wednesday 3.30 - 5.00

Duration: monthly 4th from 28 February - 28 November

Venue: Private Homes

We meet monthly at member's homes to discuss a selected book. Titles vary from fiction, biography and history. Our first book for 2018 will be David Dyer's astonishing novel *The Midnight Watch* which is based on the true story of the SS Californian, the ship that saw the Titanic's distress rockets and yet, unfathomably, did nothing. A psychological thriller.

**18LIT008: BOOKS FOR LIFE**

Convenor: Margaret Oates

Day/Time: Wednesday 1.15 - 2.45

Duration: weekly from 14 February - 28 November - **NCSSH**

Venue: Sinclair Avenue South Room

Classics, recent novels, plays, short stories and poetry are read in class and discussed.

*Student pre-requisites:* Two or three books at reasonable prices.

**18LIT010: READING SHAKESPEARE and other classic plays**

Convenor: Kate Nelson

Day/Time: Wednesday 9.45 - 11.45

Duration: weekly from 14 February - 28 November - **NCSSH**

Venue: Sinclair Avenue South Room

In this class we read aloud and discuss the plays of Shakespeare. At the end of each play we watch and discuss a DVD performance of the work. We also venture into poetry, the works of other playwrights such as Chekov and Ibsen and sometimes more contemporary writers. Members of the class offer to organise readings, visiting speakers and audio-visual support.

*Student pre-requisites:* Copies of the plays we are reading.

**18LIT012: SHARING POETRY**

Tutor: Vicki Walker

Day/Time: Thursday 1.30 - 3.00

Duration: weekly from 15 February - 29 November

Venue: Private Home, Hawthorn

Poetry from all parts of the world studied and read. No knowledge of poetry is required.

**18LIT020: CREATIVE WRITING**

Tutor: Michael Doyle

Day/Time: Thursday 11.30 - 1.00

Duration: fortnightly 2nd & 4th from 22 February - 22 November

Venue: Sinclair Avenue South Room

Try your hand at creative writing of short pieces. The writing will be done in your own time and discussed and supportively evaluated by the class each fortnight.

Topics will be provided at each session.

**18LIT022: WRITING THE RETIREMENT YEARS**

Tutor: Richard Freadman

Day/Time: Thursday 1.30 - 3.00

Duration: weekly from 15 February - 8 March (4 sessions)

Venue: Sinclair Avenue South Room

This series of writing workshops provides an opportunity for those who would like to write about their experiences of the retirement years. The workshops will provide guidance in how to go about writing about aspects of one's life, particularly later life. Richard is a retired professor of English and has written *The Retirement Chronicles*.

**18LIT025: ANCIENT GREECE: HER TRAGEDIES AND COMEDIES**

Tutor: George Theodoridis

Day/Time: Monday 11.30 - 1.00

Duration: weekly from 16 April - 14 May (5 sessions)

Venue: Sinclair Avenue South Room

Week 1: Introduction to the ancient Greek theatre

Week 2: Aeschylus – his life and his Agamemnon

Week 3: Sophocles – his life and his Oedipus Rex

Week 4: Euripides – his life and his Medea

Week 5: Aristophanes – his life and his Lysistrata.

## **MUSIC - PRACTICAL AND APPRECIATION**

---

**18MUS001: ORCHESTRA of U3A HAWTHORN \***

Manager: Ruth Muir

Musical Directors: Directors: (1) Gyula Cseszkó. (2) Willem Van der Vis.

Day/Time: Thursday 10.00 - 12.30

Duration: fortnightly, usually 1st, 3rd & 5th see website for rehearsals

Venue: St Mark's Church hall, cnr Burke and Canterbury Rds  
A full symphony orchestra which performs at least 3 concerts a year, as well a visit to a local primary school. Repertoire mainly from 19th and 20th centuries, with soloists, often young aspiring students or graduates.  
Rehearsal and performance schedules will be sent out and placed on Orchestra website.

*Student pre-requisites:* Sight reading capability, some knowledge of orchestral practice, reasonable playing standard. New applicants to join the Orchestra will be assessed before final acceptance.

**18MUS002: CHOIR of U3A HAWTHORN**

Manager: Bev Rangott

Music Director: To be appointed

Day/Time: Tuesday 10.15 - 12.00 - **NCSSH**  
occasional workshops Thursday 2.00 - 3.00

Duration: weekly from 13 February

Venue: Parkview Room, Camberwell Library Complex

We aim to enjoy singing together, covering a variety of musical genres. We work to extend our skills, achieve a high standard and ask for regular weekly attendance.

Accompanist Judy Chipman also offers some Thursday afternoon workshops to consolidate the current repertoire and develop sight and part singing and recognition of intervals.

*Student pre-requisites:* Basic musical knowledge and ability to sing as part of a group. Sight reading is an advantage.

**18MUS003: RECORDER GROUP \***

Tutor: Jeanette McArthur

Day/Time: Wednesday 10.15 - 11.45

Duration: weekly from 14 February - 28 November

Venue: Community Room, Stocklands Tooronga Village, Toorak Road

Small recorder group, playing music from baroque to modern. Different levels of competence within Group. Instruments range from descant to bass. NB not for beginners

*Student pre-requisites:* Ability to play recorder and read music.

**18MUS013: COMPOSERS AND THEIR MUSIC**

Tutor: John Byrne

Day/Time: Wednesday 2.00 - 4.00

Duration: fortnightly 1st & 3rd Wednesday from 21 Feb - 21 Nov

Venue: Sinclair Avenue West Room

A personal overview of the composers of the Western tradition and influences that shaped their work.

**18MUS014: ENJOYING OPERA**

Tutor: Sam Alfreds

Day/Time: Friday 1.30 - 3.30

Duration: weekly from 20 April

Venue: Sinclair Avenue West Room

Learning to differentiate and therefore enjoy opera styles of different periods of opera and their composers.

**18MUS015: JAZZ FOR ENJOYMENT**

Convenor: Layton Moss

Day/Time: Friday 1.20 - 2.45

Duration: weekly from 16 February - 30 November

Venue: Hall, Sinclair Avenue Campus

Jazz appreciation from Ragtime to Big Band; from traditional to modern.

## OUTDOOR ACTIVITIES

---

**18OUT001: SHORTER WALKS ON WEDNESDAY (6–8 km)**

Convenor: Garry Warne

Day/Time: Wednesday, usually meet at 10.15 for 10.30 start

Duration: monthly 2nd from 14 March - 14 November

Venue: Details of the walks will be on the U3A Hawthorn website  
[www.u3ahawthorn.org.au/walking.html](http://www.u3ahawthorn.org.au/walking.html)

Easy walks of 6-8km, conducted at a pace suited to our age group.

*Student pre-requisites:* Good walking shoes, day-pack and water-bottle are required. Students bring own packed lunch. You will also be required to sign an Acknowledgement of Risks form on your first walk.

**18OUT002: SHORT WALKS ON TUESDAY**

Convenor: Lorraine Doyle

Day/Time: Tuesday 10.00 – 12.30

Duration: monthly 3rd Tuesday commencing 20 March

Venue: Different location each month – see website  
[www.u3ahawthorn.org.au/walking.html](http://www.u3ahawthorn.org.au/walking.html)

Easy walks of 6-8km in the Melbourne area. Where possible walks will be close to public transport and will start and finish at the same spot. There will be a morning tea break at a café (own cost). The walks will usually be from 10am until 12.30pm. Details of the walks will be on the U3A Hawthorn website [www.u3ahawthorn.org.au/walking.html](http://www.u3ahawthorn.org.au/walking.html)

*Student prerequisites:* Good walking shoes, day-pack and water-bottle are required. You will also be required to sign an Acknowledgement of Risks form on your first walk.

### **18OUT003: MONDAY WEEKLY WALK AND TALK**

Convenor: Janet Gromer and Elisa Lando

Day/Time Monday 9.30 - 11.30

Duration: weekly 12 February - 26 November

Venue: Initially walks will start from Sinclair Avenue Campus

The walk will usually be on a Monday from 9.30 until 10.30, then talk from 10.30 until 11.30 at a local cafe. (It is recommend to park at tennis centre carpark on the east side of Burke Road to ensure sufficient parking time)

*Student prerequisites:* Comfortable walking shoes. Energetic walkers with a reasonable level of fitness, and capable of walking the distance over varied but not too-difficult terrain. You will also be required to sign an Acknowledgement of Risks form on your first walk.

### **18OUT004: MODERATE WALKING GROUP (13-14 km)**

Convenor: Bruce Gooley

Day/Time: Thursday, usually meet at 10.15 for 10.30 start

Duration: monthly 4th from 22 March - 22 November

Venue: Details of the walks will be on the U3A Hawthorn website  
[www.u3ahawthorn.org.au/walking.html](http://www.u3ahawthorn.org.au/walking.html)

This group is a cooperative self-help one with members teaming up to lead a walk of their choice – usually about 13-14km.

*Student pre-requisites:* A reasonable level of fitness, capable of walking the distance stated, over varied but not too-difficult terrain. Good walking shoes, day-pack and water-bottle are required. You will also be required to sign an Acknowledgement of Risks form on your first walk.

### **18OUT010: MUNARI RIDERS - CYCLING**

Convenor: Trevor White

Day/Time: Friday 9.15 - 3.00 approx

Duration: weekly all year

Venue: Usually start at Sinclair Avenue Car Park

Weekly rides approx 60 km on Melbourne bike paths. Two country weekend riding trips during the year. At this stage no new enrolments will be accepted into this class, only existing members of the class can enrol. You will be required to sign an Acknowledgement of Risks form.

### **18OUT012: TUESDAY CYCLING GROUP**

Convenor: Carol Lancashire

Day/Time: Tuesday 9.30 - 1.00 approx

Duration: weekly all year

Venue: Usually commence ride at Sinclair Avenue Campus

This group rides weekly 30-50 km mainly on bike paths. Two country rides are arranged each year.

*Student pre-requisites:* Own bicycle and helmet. Be able to ride at least 30 km. You will be required to sign an Acknowledgement of Risks form.

**17OUT014: WEDNESDAY CYCLING GROUP**

Convenor: Mike Rodgers-Wilson

Day/Time: Wednesday 9.00 - 12.30

Duration: weekly all year

Venue: Start at Sinclair Avenue, unless otherwise arranged.

*Student pre-requisites:* Ability to cycle 50km in 3 hours. Own bicycle and helmet in good condition. Must sign an Acknowledgement of Risk Form and advise of any pre-existing medical conditions which may be pertinent.

**18OUT020: BIRD WATCHING WALKS**

Tutor: Pat Bingham

Day/Time: Friday 9.30 - 11.30

Duration: monthly 3rd Friday from 16 March - 16 November

Venue: First session at Sinclair Avenue Wetlands

Gentle 2 hour walks in a variety of suburban parks to identify and learn about local birds, their behaviour and interaction with their environment. The first walk will be at Sinclair Avenue wetlands, subsequent venues in eastern suburban Melbourne will be decided and sent out to participants.

*Student pre-requisites:* Ability to walk (gently) for 2 hours and look up! Own binoculars. You will be required to sign an Acknowledgement of Risks form.

**18OUT030: GARDENING GROUP**

Convenor: Clare Carlson

Day/Time: Monday 9.30 - 11.30

Duration: monthly 2nd Monday from 12 February - all year

Venue: Sinclair Avenue Campus

This group meets monthly to work on the Sinclair Avenue Campus gardens. This may involve planting, weeding, pruning, watering etc. The Council maintains and mows the lawn area. We are keen to have more people involved to develop and maintain the new garden spaces.

**18OUT: MARVELLOUS MELBOURNE WALKS**

Tutor: Norm Fary

Day/Time: Tuesday 10.00 - 12noon

You must enrol in each of the walks you plan to attend, not the series as a whole.

This is to reduce the absenteeism of the past when people only attended some of the walks. Details of each walk will be provided on the website.

**18OUT 041** Tuesday 27 March 10am – noon

Location: Malvern (New walk)

**18OUT042** Tuesday 10 April 10am - noon

Location: Brighton (Repeat walk)



- 18OUT043** Tuesday 17 April 10am - noon  
 Location: Docklands  
 (New series - Marvellous New Melbourne Walks – Walk 1)
- 18OUT044** Tuesday 8 May 10am - noon  
 Location: Burke Street from Spencer Street (New walk)

## PHILOSOPHY

---

**18PHI002: THOUGHTS and IDEAS**

Convenor: Geoff Coulsell  
 Day/Time: Friday 9.45 - 11.15  
 Duration: weekly from 23 February to 30 November  
 Venue: Sinclair Avenue West Room

An informal group discussing thoughts and ideas relevant to today's society. Members are welcome to contribute subjects for discussion.

**18PHI008 PHILOSOPHY: DISCUSSION GROUP**

Convenor: Udo Polzin  
 Day/Time: Tuesday 1.15 - 3.00  
 Duration: fortnightly 1st and 3rd from 20 February - 20 November  
 Venue: Sinclair Avenue West Room

In each session we explore – philosophically - one of the topics suggested by members in February. Generally a participant introduces his/her topic and suggests some questions which are then discussed by the group.

*Student pre-requisites:* An interest in philosophy and being open to ideas and perspectives.

**18PHI011: PHILOSOPHY UNLIMITED**

Tutor: Philosophy Committee  
 Day/Time: Friday 9.30 - 11.00  
 Duration: weekly from 16 February to 30 November  
 Venue: Hall, Sinclair Avenue Campus

An interactive examination of Philosophers both old and new - their ideas and relevance to the modern world.

## LANGUAGES - RUSSIAN

---

**18RUS001: RUSSIAN MADE EASY**

Convenor: Jill Scurfield  
 Day/Time: Thursday 9.45 - 11.15  
 Duration: weekly from 15 February  
 Venue: Sinclair Avenue Room 2

Going to Russia but can't read the map? Grasp the Russian alphabet and simple

vocabulary in a supportive small group with ample practice. For people with no prior knowledge of the Russian alphabet and language. Free alphabet cards will be provided to help you. Details of a textbook to be purchased will be provided at the first session.

## **SCIENCE / MATHEMATICS**

---

### **18SCI001: WHY IS IT SO?**

Tutor: Brian Amey & Norm Ellis  
Day/Time: Thursday 9.45 - 11.15  
Duration: weekly from 15 February - 29 November  
Venue: Sinclair Avenue North Room

A "Science behind the News" look at Earth and Space-science topics, issues and developments, and natural disasters such as earthquakes, volcanoes and tsunamis. Join us for a potpourri of video presentations and class discussions prompted by events in the news, as we painlessly enhance our understanding of the underlying science. NB A scientific background is not necessary.

### **18SCI002: EVERYDAY SCIENCE SERIES**

Tutor: Linda Baynham  
Day/Time: Monday 11.30 - 1.00  
Session dates: monthly 1st 5 March - 5 November  
Venue: Sinclair Avenue West Room

Science for non-scientists. Science does not need to be scary! Learn how much it is a part of our daily lives and gain insight into its importance and relevance, by looking topics like climate change, driverless cars, 3D printing, what's happening the universe. Each month, we will focus on a major topic and also look at current news items of interest.

*Student pre-requisites:* An open mind and an interest in the world at large.

### **18SCI011: HUMAN ANATOMY - ORGANS, THEIR STRUCTURE & FUNCTION**

Tutor: Peter Tutton  
Day/Time: Monday 11.30 - 1.00  
Duration: weekly 16 April - 4 June (8 sessions)  
Venue: Sinclair Avenue South Room

Gain a greater understanding of your body and the way it functions. Course notes will be made available by email.

### **18SCI020: MATHS FOR EVERYDAY LIFE**

Tutor: Sue Brink & David Bennett  
Day/Time: Monday 11.30 - 1.00  
Duration: monthly 19 March - 19 November  
Venue: Sinclair Avenue West Room

We all use Maths every day and in these sessions, we'll look at some of the many interesting, practical and useful aspects of Maths as applied to all our lives. Maths does not have to be difficult or mysterious!

Topics to be covered include measurement (eg calculating areas and volumes for various applications), probability, financial maths, the secrets of mental arithmetic, maths in traffic behaviour and some gentle calculus.

Participants will be invited to suggest areas of interest in their first class and bringing a smart phone or tablet for use as a calculator is recommended.

## LANGUAGES - SPANISH

---

### **18SPA002:      ADVANCED SPANISH CONVERSATION \***

Convenor:      Anita Burgess- Weber

Day/Time:      Monday 9.45 - 11.15

Duration:      weekly from 12 February - 26 November

Venue:          Sinclair Avenue Room 2

This is a self-managed class until a new tutor can be located. Students will be encouraged to talk about subjects of their interest and/or experience.

*Student pre-requisites:* knowledge of Spanish at conversation level.

## TRAVEL

---

### **18TRA            ARMCHAIR TRAVEL MONTHLY SERIES**

You are asked to enrol in advance for each session you wish to attend to assist in organisation of each session. Details of later sessions will be added to the website as they become available.

Convenor:      Daryl Wayland

Day/Time:      Tuesday 1.30 - 3.00

Duration:      monthly last Thursday 22 February - 22 November

Venue:          Sinclair Avenue Hall

### **18TRA001:      Travelling - an overview supported by his numerous travels**

Presenter:      Nobby Ward

Day/Time        Thursday 22 February, 1.30 - 3.00

### **18TRA002:      Armenia & Georgia - two weeks in the Caucasus Mountains**

Presenter:      Frank Devlin

Day/Time        Thursday 29 March , 1.30 - 3.00

### **18TRA003:      Romania - Recovering from a Dictatorship**

Presenter:      Carol Lancashire

Day/Time        Thursday 26 April, 1.30 - 3.00

# CLASS VENUES

The Sinclair Avenue Campus has four classrooms, one small lecture theatre and a large hall:

- Pavilion 2
  - North Room (small lecture theatre)
  - Hall
  - South Room
- Pavilion 1
  - Reception
  - Room 1 & Social Room (closest to Reception)
  - Room 2
  - West Room

Other venues used by U3A Hawthorn:

- Parkview Room, Camberwell Library Complex (Tues & Thurs - NCSH)
- TD304 Swinburne TAFE, off Park Street, Hawthorn
- East Kew Uniting Church Hall, (Main Hall) 142 Normanby Road, Kew East
- St Mark's Church Hall, Burke Road, Camberwell (Orchestra rehearsals)
- Community Room, Stocklands, Tooronga Village
- Hawthorn Arts Centre Studio, Burwood Road, Hawthorn
- Hawthorn Community House, Henry Street, Hawthorn
- Leo Baeck Centre, Harp Road, Kew

Details of all venues are available on the website: [www.u3ahawthorn.org.au/location](http://www.u3ahawthorn.org.au/location)

